

2950 Peralta Oaks Court Oakland, CA 94605 1-888-EBPARKS • ebparks.org Del Valle Regional Park, Livermore Cover: Las Trampas Regional Wilderness, San Ramon

Discover the East Bay Regional Parks

REGIONAL PARKS Foundation

Support the Parks

Share your love of the Regional Parks. Become a supporter of the Regional Parks Foundation by joining as a member or making a donation. Your support lets you visit parks easily, sustains the parklands and introduces underserved communities to the wonder and healing benefits of nature.

Please visit regionalparksfoundation.org to learn more.

2024 East Bay Regional Park District. Reprint 2024-03

Martin Luther King Jr. Regional Shoreline, Oakland

ilden Nature Area, Berkeley

Discover

Beautiful

Moments

Preservation

Founded in 1934, the East Bay Regional Park District preserves and protects over 126,000 acres of beautiful open space in Alameda and Contra Costa counties. Our 73 Regional Parks include critical wildlife habitats, shorelines, lakes, creeks, ranchlands and historic sites.

Public Access

Wherever you live in the two counties, there is a beautiful Regional Park close to you. Our Parks Express bus program brings underserved children, school groups and seniors to the parks, while the Regional Parks Foundation's Campership program enables low-income youth to attend summer camps. Many of our paved regional trails connect to public transit hubs and amenities.

Stewardship

We work to ensure a healthy and thriving ecosystem that protects wildlife and habitat. We adapt to the changing climate by restoring wetlands, repairing levees, thinning trees, monitoring algae blooms, and building park facilities and trails above future 2080 sea level. Additionally, our parklands remove carbon dioxide from the air, equivalent to the emissions of 60,000 vehicles annually.

Recreation

There are over 1,330 miles of trails for walking, biking and horseback riding, as well as picnic areas, campgrounds, swim facilities, golf courses, and other recreation. As a leader in the Healthy Parks Healthy People initiative, we invite you to experience physical, mental and social health benefits by spending time in nature.



ACTIVITIES AND VISITOR CENTERS Hiking and Biking Allowed in Most Parks	Anthony Chabot, Castro Valley	Antioch/0akley, Antioch	Ardenwood, Fremont Bay Point, Bay Point	5	Bishop Ranch, San Ramon	Briones. Martinez, Lafavette	Brooks Island, Richmond	Browns Island, Pittsburg	Brushy Peak, Livermore	royo, Liverm	Carquinez Strait, Crockett Castle Rock: Walmut Creek	ont Canyon, Oakland	Contra Loma, Antioch	Coyote Hills, Fremont	Crockett Hills, Crockett	Lrown Beach, Alameda Cull Canvon. Castro Vallev	Del Valle, Livermore	Diablo Foothills, Walnut Creek	layward	Dry Creek Pioneer, Hayward Dublin Hills, Dublin	Dumbarton Quarry, Fremont	Five Canyons, Hay ward	ayward	Hayward Shoreline, Hayward Huckleberry Botanic. Oakland	hn Sutter, Oakl	Kennedy Grove, El Sobrante	Lake Chabot, Castro Valley	Las Irampas, san Kamon Leona Canyon, Oakland	Little Hills, San Ramon	Martin Luther King Jr., Oakland	Miller/Knox, Richmond	Mission Peak, Fremont	Morgan Territory, Livermore	Ohlone, Fremont Outton Ray, San Landro	Pleasanton Ridge, Pleasanton	Point Isabel, Richmond	Point Pinole, Richmond	Quarry Lakes, Fremont Badke Martinez	2 2	s, Oak	Round Valley, Brentwood San Pahlo Ray Dinola, Rodeo	adow Cliffs, Pleasant	Sibley, Oakland	Sobrante Ridge, Richmond Sunol. Sunol	Sycamore Valley, Danville	Temescal, Oakland	Thurgood Marshall, Oakland Tilden, Berkelev	Vargas Plateau, Fremont	Vasco Caves, Brentwood	Waterbird, Martinez	Wildcat Canyon, Kichmond
Boating * Onsite Rentals													•			•	*										•			•							•	•				*									
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