

TILDEN NATURE AREA

SEPTEMBER 2024 NATURALIST PROGRAMS

All programs meet at the Environmental Education Center unless otherwise noted. Accommodation will be made for visitors with disabilities upon advance request.

Programs requiring registration have a 📅 symbol after the program name. Use the listed course number when making reservations by phone (1-888-EBPARKS opt. 2) or at our registration website, ebparks.com. All other programs are drop-in only. For more information on drop-in programs call 510-544-2233 or email tarea@ebparks.org

GOOSE CABOOSE

Paula Urtecho

10 am - 10:30 am, Sun, Sep 1

Hop on the goose caboose! Our four new geese - Blanche, Rose, Dorothy and Sofia - enjoy their exercise, so let's take them for a little stroll around the farmyard. Learn about this heritage breed and enjoy their adorable antics! Meet at the bird yard.



SUNDAY STORYTIME 🗺️

Interpretive Staff

10:30 - 11 am, Every Sun

Gather 'round for a wonderful children's book read aloud.



GARDEN HELPERS/ AYUDANTES DEL JARDIN

Paula Urtecho

11 - 12 pm, Sun, Sep 1

There is still plenty to do in the Autumn garden, from watering to harvesting! Come get your hands dirty with us!



THE OVER-THE-HILLS GANG

Anthony Fisher

10 am - 12:30 pm, Tue, Sep 3 & 17

Hikers 55 years and older interested in nature study, history, fitness, and fun are invited to join this series of monthly excursions exploring the Regional Parks.

Sep 3: Pinole Shores. Meet at Bayfront, Hercules. Mostly Flat.

Sep 17: Tilden Nature Area. Meet at the Visitor Center. Some Hills



The Tilden Nature Area

is a 740-acre preserve containing 10 miles of hiking trails, a small lake, several ponds and the Little Farm. This area is ideal for nature study. The Environmental Education Center is open Tues-Sun from 10am-4:30pm. The Little Farm is open daily from 8:30am-4pm.

Program Key:

🅑 = Parking fee may apply

🗺️ = Wheelchair accessible

📅 = Online registration

Contact Us:

Mail: 600 Canon Drive
Berkeley, CA 94708

Telephones: 510-544-2233

Email: tarea@ebparks.org

TRY WEAVING 🗺️

Ivar Diehl

2 -3 pm, Thur, Sep 5

Experience the craft of weaving wool. Try your hand on our weaving loom while learning about sheep and wool. All supplies provided. Ages 5+. Parent participation required.



CREATURE FEATURE

Interpretive Staff

10:30 - 11 am, Every Sat

From reptiles to rabbits, cockroaches to cows, you'll be amazed and mystified upon meeting our featured animal ambassador!



APPLE CIDER PRESSING 🗺️

Martha Arlette Cerda

1 - 2 pm, Sat, Sep 7 & 14

It's apple press time! Explore the rich tradition of apple pressing and lend a hand in squeezing out delicious juice, and savor the sweetness of this delightful drink. All ages. Parent participation required.



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FUN ON THE FARM

Interpretive Staff
2 - 3 pm, Every Sat

Get the inside scoop on the latest happenings at the Little Farm! What are the chickens saying? Why are goats so cute? Meet on the farm near the chicken coop.



GOODNIGHT FARM

Jenna Collins
4 - 4:30 pm, Sat, Sep 7 & 21

Help us close the farm and put the animals to bed! We'll learn their names and what their favorite food is as we do our evening chores. Meet at the chicken coop.



AFTER DARK NATURE WALK

Jenna Collins & Martha Arlette Cerda
7 - 8 pm, Sat, Sep 7

Join us at the Tilden Nature Area for an evening stroll through the park in search of western forest scorpions, bats, dusky footed woodrats, and more! We'll look for the animals who start their day after we've all gone home. Dress in layers, wear sturdy shoes, bring water and a flashlight. For all ages. Parent participation required.



NATURE'S NOTEBOOK &

Jenna Tidd
2 - 2:30 pm, Tue, Sep 10 & 3:30 - 4:30 pm, Sat, Sep 28

Learn to hone your powers of observation! Assemble a simple nature journal, then fill it with leaf rubbings and nature notes as we observe the world around us.



MONDAY BIRDING

Anthony Fisher
9 am - noon, Sep 16, 23 & 30

Come wander the woods and shamble the shorelines in search of the wild and feathered spirits that connect the heavens and the earth.

Sep 16: Tilden Nature Area. Some hills.

Sep 23: Dotson Family Marsh. Flat.

Sep 30: Point Pinole, Atlas Staging Area. Flat.



CAFECITO WITH THE PAJARITOS &

Martha Arlette Cerda
9 - 10 am, Sat, Sep 21

Start your morning with birds and cafecito (coffee)! Come together to celebrate birds and the conservation efforts of the Latino community on a leisurely walk. Birders of all levels are welcome. We will have cafecito, hot cocoa, and binoculars to share. For all ages. Parent participation required.



FUN WITH FELTING

Jenna Collins
1 - 2 pm, Sat, Sep 21

Come find out how we can turn sheep's wool into cloth! Practice your hand at wet felting and make your own felted creation.



PALETAS IN THE GARDEN

Martha Arlette Cerda
3 - 4 pm, Sat, Sep 21

What's in the garden? Swing by and find out what's blooming and buzzing. Pitch in with gardening tasks and enjoy a refreshing paleta, a frozen treat. Meet at the garden gate, next to the round barn. All tools provided. For all ages. Parent participation required.



TILDEN TOTS

Melissa Fowlks
10:30 - 11:30 am, Wed, Sep 25

Bring the littlest ones to the park to explore! Do an activity, meet some animals, and listen along to a story. Meet outside the Environmental Education Center.



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HIKE AND STORYTIME

Melissa Fowlks

11 am - 12:30 pm, Sat, Sep 26

Bring the littlest ones to the park to explore! Do an activity, meet some animals, and listen along to a story.

Sep 26: Kennedy Grove. Meet at the lawn next to the parking lot.



BIOBLITZ-ING

Martha Arlette Cerda & Jenna Collins

9 am - noon, Sat, Sep 28

Join us for a community bioblitz to capture a snapshot of Tilden Nature Area's biodiversity. Find, identify, and record life on a walk to Jewel Lake. We will use the iNaturalist mobile app to record our observations of the area's wildlife, plants, and more! Wear comfortable layers, sturdy shoes, sun protection, bring water and a fully charged mobile device or camera. Get a head start by downloading the iNaturalist app to your phone and making a free account prior to arriving. Open to all levels of learners. Ages 8+, parent participation required.



HIKE WITH PRIDE with FAT PEOPLE HIKING

Interpretive Staff

10 am - noon, Sun, Sep 29

Curious about exploring your local parks? Give it a try and enjoy the outdoors with Fat People Hiking Bay Area! Together we will meet like-minded people, build community, and create a safe space for all bodies in the great outdoors. We encourage people from all identities and backgrounds to join us. Hikes will focus on outdoor education, natural & cultural history, joyful movement, accessibility, and safety. All ages welcome.

Sep 29: Tilden Nature Area. Wildcat Peak. This lively hike will take us to the top of Wildcat Peak (Elevation gain: 750 feet) where we will take in fabulous views of the bay and beyond. Expect a moderately-paced hike on moderately challenging terrain. Wear sturdy shoes and bring plenty of water and a snack. Hiking poles may be helpful. Meet in front of the Visitor Center.

