TILDEN NATURE AREA

NOVEMBER 2024 NATURALIST PROGRAMS



All programs meet at the Environmental Education Center unless otherwise noted. Accommodation will be made for visitors with disabilities upon advance request.

Program Key:

• Parking fee may apply

& = Wheelchair accessible

Contact Us:

Mail: 600 Canon Drive, Berkeley,

CA. 94708.

Telephone: 510-544-2233

Email: tnarea@ebparks.org

The Tilden Nature Area

is a 740-acre preserve containing 10 miles of hiking trails, a small lake, several ponds and the Little Farm. This area is ideal for nature study. The Environmental Education Center is open Tues-Sun from 10am-4:30pm. The Little Farm is open daily from 8:30am-4pm.

CREATURE FEATURE

Interpretive Staff

10:30 - 11 am, Every Sat

From reptiles to rabbits, cockroaches to cows, you'll be amazed upon meeting our featured animal ambassador!

SLIMY SLUGS AND SLENDER SALAMANDERS

Melissa Fowlks

I - 2 pm, Sat, Nov 2, 23 & 30

3 - 4 pm, Sat, Nov 16

Moist, cooler weather means critters abound! Join us on a critter hunting exploration (and expect to get a little dirty) as we walk and search through TNA to see what resides under logs, leaves and dirt debris!

HANDMADE HOLIDAY CARDS &

Jenna Tidd

1 - 2 pm, Sat, Nov 2

Create your own nature inspired holiday cards using recycled paper and natural materials!

FUN ON THE FARM

Interpretive Staff

2 - 3 pm, Every Sat

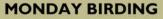
Get the inside scoop on the latest happenings at the Little Farm! What are the chickens saying? Why are goats so cute? Meet on the farm near the chicken coop.

SUNDAY STORYTIME

Interpretive Staff

10:30 - 11 am, Every Sun

Gather 'round for a wonderful children's book read aloud.



Anthony Fisher

9 am - noon, Mon, Nov 4 & 18

If you love birds, or are birding curious, stop by, say hi, look a feathered spirit in the eye!

Nov 4: Sobrante Ridge, Coach Drive. Hills.

Nov 18: Kennedy Grove. Hills.

THE OVER-THE-HILLS GANG

Anthony Fisher

10 am - 12:30 pm, Tue, Nov 5 & 19

Hikers 55 years and older interested in nature study, history, fitness, and fun are invited to join this series of bimonthly excursions exploring the Regional Parks.

Nov 5: Carquinez Strait Regional Shoreline, Port Costa Staging Area. Mostly Flat.

Nov 19: MLK Regional Shoreline. Meet at the observation tower, Swan Way entrance. Binoculars for birding are recommended!

AUTUMN LEAVES / HOJAS OTOÑALES

Paula Urtecho

11 am - noon, Sat, Nov 9

We'll walk through the garden in search of fall color and collect fallen leaves for closer examination.

Pasearemos en el jardín en busca de los colores del otoño y recogeremos hojas caídas para examinarlas en detalle.







TILDEN NATURE AREA

NOVEMBER 2024 NATURALIST PROGRAMS



GARDEN HELPERS/ **AYUDANTES DEL JARDIN**

Paula Urtecho

3 - 4 pm, Sat, Nov 9 & 23

Even as the days grow shorter, the garden continues to grow. Come and help out with the garden tasks, from weeding to planting. Meet at the children's garden.



Jenna Tidd

2:30 - 3:30 pm, Tue, Nov 12

Cozy up in the Environmental Education Center as we explore how wild animals weather winter conditions!

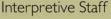
KING TIDES AT DOTSON MARSH

Melissa Fowlks

10:30 am - 12:30 pm, Sat, Nov 16

Join Naturalist Melissa as we hike through Dotson's Marsh to witness this season's King Tides. Wear sturdy shoes, boots preferred, and clothing you don't mind getting damp. Nov 16: Point Pinole Regional Park. Dotson Family Marsh. Atlas Staging Area Entrance. Up to three miles roundtrip.

HIKE WITH PRIDE with "FAT PEOPLE HIKING BAY AREA"



10 am - noon, Sun, Nov 17

Curious about exploring your local parks? Give it a try and enjoy the outdoors with "Fat People Hiking Bay Area!" Together we will meet like-minded people, build community, and create a safe space for all bodies in the great outdoors.

Nov 17: McLaughlin Eastshore State Park, Brickyard Core Staging Area. Let's go birding together! See what birds are hanging out on this slow to moderate paced, 1.5-mile walk. Open to all levels of learners. We will have some binoculars to share, if you have your own pair, please bring them. Mostly flat paved and dirt trails.

TILDEN TOTS

Melissa Fowlks

10:30 - 11:30 am, Wed, Nov 20

Bring the littlest ones to the park to explore! Do an activity, meet some animals, and listen along to a story.

HIKE AND STORYTIME

Melissa Fowlks

11 am - 12:30 pm, Thu, Nov 21

Join Naturalist Melissa and Librarians Deborah & Sheila in nature exploration activities and a themed Storytime. Meet at the Environmental Education Center.

FLIPPING OUT

Jenna Tidd

2:30 - 3:30 pm, Thu, Nov 21

Let's uncover hidden worlds as we safely explore what lives beneath the rocks and logs outside the Environmental Education Center.



Paula Urtecho

10 - noon, Sat, Nov 23

Oaks are perhaps the most regal and iconic of our native trees and we are lucky to have several species in the East Bay. We'll walk in search of these keystone trees, learn how to identify the various species and discuss their importance in our local ecosystem.

Nov 23: Briones Regional Park. Alhambra Creek Staging Area.















TILDEN NATURE AREA

NOVEMBER 2024 NATURALIST PROGRAMS

East Bay Regional Park District

LICHEN PALETTES

Martha Arlette Cerda

11 am - noon, Sun, Nov 24

Lichens are all around us - on trees, rocks, and even some buildings! But what exactly are they, and why do they matter? Delve into the fascinating world of lichens as we explore a wide variety of colors and textures.

RAVENS & CROWS

Martha Arlette Cerda

3 - 4 pm, Sun, Nov 24

Curious about ravens and crows? Explore the fascinating behaviors and ecological roles of these intelligent birds. Take a leisurely stroll for a chance to observe ravens up close in their natural habitat.

PEOPLE OF COLOR: WALKS AND TALKS

Melissa Fowlks

3 - 4:30 pm, Sat, Nov 30

Join Naturalist Melissa as we hike to and through beautiful and rare Alameda Manzanita. If we are lucky, we will also be rewarded with clear views of San Pablo Bay and Mount Diablo. Wear Layers. Bring water and a snack, wear sturdy shoes.

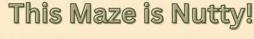
Nov 30: Sobrante Ridge Regional Preserve. Moderate Hike. Meet at the Coach Drive Entrance. Up to three miles roundtrip.

WHAT MAKES A GARDEN

Lyla McLeod

11 am - noon, Sun, Nov 10

Come dig around our garden to investigate the question: What is a Garden? Get your hands dirty by helping us weed, water, and plant! Meet at the Children's Garden.



Help the ground squirrel navigate the maze to get to its cache of acorns!

