

Regional in Nature

Activity Guide

NOVEMBER - DECEMBER 2024



Ferdie Lozada

Jerry Ting



Trails Challenge Finish Line.....See page 3

Celebrate Green Friday
with FREE Park Day
See page 2

INSIDE

Help Plan a Shoreline Park.....	3	Autumn Chaparral Hike.....	6
Plover Protection Patrol.....	4	Birds of the Winter.....	8
Big Break Star Party.....	5	Quarry Lakes Acorn Harvesting.....	9
Port Chicago 50.....	6	Old-Fashioned Christmas.....	10

Cheers to 90 Years

A MESSAGE FROM GENERAL MANAGER SABRINA LANDRETH

Thank you, everyone, for joining us in celebrating the East Bay Regional Park District's 90th anniversary! It has been a memorable year filled with events, festivals, and special programs highlighting our history and nine decades of service to the community.

November brings our most momentous milestone yet – our birthday! On November 6, 1934, voters made history by passing

a measure that established the East Bay Regional Park District. In an inspiring show of commitment, they also agreed to tax themselves five cents for every \$100 of property to support the Park District and acquire land in the East Bay hills from EBMUD.

It was a monumental achievement and a testament to the vision and collaboration of civic leaders who, even in the depths of the Great Depression, saw the importance of preserving nature and providing parks for recreation. The measure passed with a resounding 71 percent of the vote – an extraordinary feat, especially given the economic uncertainty of the time.

For 90 years, the Park District has protected natural lands and provided safe, welcoming parks for all to enjoy. Today, thanks to those who came before us, the East Bay Regional Park District is the largest regional park district in the nation, with 73 parks, 55 miles of shoreline, and over 1,300 miles of trails available for hiking, biking, horseback riding, and nature viewing.



Martin J. Cooney



A Gift for Nature Lovers

Give loved ones a gift that lasts all year! Regional Parks Foundation membership includes a personalized membership card, free parking (unlimited day-use), free swimming, camping discounts, and free admission to Ardenwood Historic Farm on non-event days, free horse/boat trailer permits (boat launch fees apply), and free home delivery of the Foundation's Compass magazine and the Park District's Regional in Nature activity guide. Consider the Angler level for free fishing and free boat launch.



Visit RegionalParksFoundation.org/ Join to give a gift of membership. The Foundation will handle the rest, including mailing a gift certificate

directly to the recipient if desired. Purchase by Dec. 4 to ensure it arrives by the holidays.

Turn Black Friday Green

FREE PARK DAY FRIDAY, NOV. 29

Green Friday – the day after Thanksgiving – is a great time to visit Regional Parks for free and spend quality time with family and friends. All entrance and activity fees are waived on Green Friday, including parking, dogs, horses, boat launching, and fishing, as well as en-

trance to Ardenwood Historic Farm. The fee waiver does not include state fees for fishing licenses and watercraft inspections or concessionaires, such as the Tilden Merry-Go-Round or Redwood Valley Railway steam train.

Green Friday is part of the #OptOutside movement to promote healthy alternatives to shopping the day after Thanksgiving.

Kevin Fox



- HOLIDAY SHOPPING LIST**
- Hiking boots
 - Cooler bag
 - Regional Parks membership

2025 Budget Meetings and Transparency

Every December, the Park District takes a crucial step in shaping its future by passing the budget for the upcoming year. The budget is more than just numbers – it's the roadmap for funding vital projects, from enhancing visitor facilities and supporting environmental stewardship to maintaining parks, managing wildlife, ensuring public safety, and providing recreational programs and services.

The proposed 2025 budget will be unveiled to the public in mid-November with several opportunities to provide feedback:

- Board Finance Committee Meeting: Monday, Nov. 25, 2024
- Park Advisory Committee (PAC) Meeting: Monday, Nov. 25, 2024

The Park District Board of Directors will review and approve the budget at their December meetings:

- Tuesday, Dec. 3, 2024: Public Hearing
- Tuesday, Dec. 17, 2024: Approval

Each meeting includes opportunities to provide input and submit public comments. Interested parties can also email comments anytime to clerkoftheboard@ebparks.org. For more details about the budget process, visit ebparks.org/public-info/budget.

2024 Trails Challenge Finish Line Approaching



SUBMIT YOUR TRAILS CHALLENGE LOG TODAY!

There's still time to finish 2024 Trails Challenge! This free annual program connects people to nature by providing 20 designated trails ranging from easy and moderate to challenging on trails throughout the Park District.

There are trails open to hikers, bicyclists, dogs, and equestrians, and the 2024 Trails Challenge guidebook offers increased accessibility with trails that have been evaluated and identified as usable by persons with mobility limitations.

Hike or bike five of the 20 designated trails, or 26.2 miles of trails within the East Bay Regional Park District to complete the 2024 Trails Challenge. Submit the log online by Dec. 31, 2024, to receive a commemorative pin (while supplies last). The 2025 Trails Challenge starts Jan. 1, 2025!

For more information, visit www.ebparks.org/TC.



Branwyn Bigglestone

Help Plan a Park on the Berkeley Shoreline!

The East Bay Regional Park District is planning significant improvements on 20 acres along the Berkeley Shoreline known as the North Basin Strip. The area is part of McLaughlin Eastshore State Park and is located just south of the City of Berkeley's Tom Bates Regional Sports Complex between University Avenue and Gilman Street.

Project goals include increasing access to the shoreline and potentially the San Francisco Bay, improving connectivity with regional trails, and expanding recreational opportunities. Possible amenities include parking,

picnic tables, group gathering areas, walking paths, and other visitor facilities.

There will be a variety of public engagement opportunities as part of the process, including public meetings, a stakeholder advisory group, and an innovative outreach program called the New Voices Partnership that aims to enhance participation and feedback from voices not normally part of the planning process.

For the dates and times of upcoming community meetings, beginning in November 2024, visit ebparks.org/projects/NorthBasinStrip.



Cali Godley



Featured Programs WILDLIFE VOLUNTEERS

BURROWING OWL BUDDIES

Martin Luther King Jr.

During this hands-on conservation project, discover the “wild side of life,” while helping to build new “owl outposts” for these special status “flying mouse traps” to raise their babies. Participants will earn a “Burrowing Owl Buddies” patch. Physical labor is involved with this project. Registration required. Parent participation is required.

Dec 14 (Sat) 9:30am-12:30pm

PLOVER PROTECTION PATROL

Crown Beach

The western snowy plover is a threatened species protected by law from harm. During this training session, discover the love of plovers and then join the volunteer patrol collecting valuable data that aids in the recovery of these special status overwintering birds at Crown Beach. Physical labor is involved with this project. Participants will earn the “Plover Protection Patrol” patch. All ages are welcome. Registration required. Parent participation is required.

Classroom training at Trudeau Training Center followed by field training at Crown Memorial State Beach.

Nov 16 (Sat) 9am-12:30pm



U.S. Fish and Wildlife



Featured Programs TILDEN NATURE AREA

WEATHERING WINTER

Cozy up in the Environmental Education Center to explore how wild animals weather winter conditions, and more! All ages. Drop-in; no registration required.

Nov 12 (Tue) 2:30-3:30pm

WOODRAT WONDERLAND

Rat-a-tat-tat ...what's that!? Ever wonder who makes the piles of sticks in parks or skitters through the trees at night? Discover the world of the dusky-footed woodrats. Learn more about this rad rodent on a walk through the park searching for their clues. Meet at the Environmental Education Center. All ages. Parent participation required. Drop-in; no registration required.

Dec 1 & 22 (Sun) 2:30-3:30pm

SEASONAL WREATHS

Using found natural materials from around the Tilden Nature Area, create a festive seasonal wreath to bring home! Fun for the whole family. Meet around the back of the Environmental Education Center. Drop-in; no registration required.

Dec 23 (Mon) 11am-12:30pm

PEOPLE OF COLOR: WALKS AND TALKS

Sobrante Ridge Regional Preserve

Join Naturalist Melissa on a hike to and through beautiful and rare Alameda Manzanita. Enjoy clear views of San Pablo Bay and Mount Diablo. Wear layers. Bring water and a snack, and wear sturdy shoes. Moderate hike. Meet at the Coach Drive Entrance. Up to three miles roundtrip. All ages. Drop-in; no registration required.

Nov 30 (Sat) 3-4:30pm

Featured Programs BOTANIC GARDEN

During the fall and winter seasons, the Botanic Garden is open daily from 8:30am to 5pm. (Closed Thanksgiving, Christmas, and New Year's Day). Free entry and parking. Dogs and pets are not allowed in the garden. Request the free Botanic Garden monthly e-newsletter at nativeplants.org or email at bgarden@ebparks.org.

FREE WEEKEND AND HOLIDAY TOURS

Docent-led tours of the garden are available on non-rainy Saturdays and Sundays. Meet at the visitor center. Drop-in; no registration required. Tour capacity is limited.

Nov & Dec (Sat) 2pm, (Sun) 11am & 2pm

2025 DOCENT TRAINING

Sign up for the next docent training class and lead tours for visitors at the garden! Email bgarden@ebparks.org or visit nativeplants.org for more information.

GARDEN GREETER TRAINING

Learn to be a Garden Greeter and welcome visitors to the Botanic Garden on weekends and holidays. The next two-day training is from 3-5pm on Saturday, Oct. 26 and Saturday, Nov. 2. Contact bgarden@ebparks.org to sign up or for more information.

Featured Programs CROWN BEACH

DÍA DE LOS MUERTOS COMMUNITY ALTAR DISPLAY

Honor and celebrate the rich traditions of Día de los Muertos (Day of the Dead) with a vibrant and meaningful altar exhibition. Drop-in; no registration required. For information, call (510) 544-3187.

Nov 1-9 (Fri-Sat) 10am-4pm

OBSERVING THE KING TIDE AT CRAB COVE!

What does it look like at the Crab Cove shoreline when the sun, moon, and earth align in such a way that the tide is much higher (and lower) than usual? Come see for yourself at a king tide! Observe areas that might be flooded, discover where some birds take shelter, take photos to submit to the California King Tides Project, and discuss how urban planners hope to protect the future of the shoreline. Drop-in; no registration required. For information, call (510) 544-3187.

Nov 16 (Sat) 10:30am-noon

BAY BIRD MORNINGS

Various Parks

Come share the shores and wetlands of the bay together with fellow nature lovers on peaceful Sunday mornings in November and December. This is a series of six, two-hour, bird-focused walks. Each walk teaches about wintering birds in a different location along the restored, recovering, or built-up water's edge. Most walks are in places where it will be easy to leave early if needed. Beginners are welcome. Binoculars will be available. Heavy rain cancels. Ages six and up. Drop-in; no registration required. For information, call (510) 544-3187.

Nov 17 (Sun) 9-11am, Hayward Regional Shoreline (Grant Avenue Parking)

Nov 24 (Sun) 9-11am, Oyster Bay Regional Shoreline (Neptune Drive Entrance)

Dec 1 (Sun) 9-11am, Crown Memorial State Beach (Elsie Roemer Bird Sanctuary)

Dec 15 (Sun) 9-11am, Doug Siden Visitor Center at Crab Cove

Dec 22 (Sun) 9-11am, Middle Harbor Shoreline Park (Port of Oakland Park)

Dec 29 (Sun) 9-11am, Emeryville Marina (City of Emeryville Park)



Día de los Muertos

Día de los Muertos (Day of the Dead), is celebrated on Nov. 1, and is a Mexican cultural tradition with origins dating back to indigenous Mesoamerica. It honors the lives of loved ones who have passed away. Families carefully decorate ofrendas (altars) with vibrant cempasúchil (marigolds), using personal touches that reflect the lives and passions of those being remembered.

While widely celebrated in Mexico, Día de los Muertos still has a special place for Hispanic communities across the world.

Visit ofrendas at Doug Siden Visitor Center at Crab Cove in Alameda and Tilden Regional Park in Berkeley.

Featured Programs BIG BREAK

DELTA DISCOVERY CRAFT

Join this nature-based activity every weekend! The Delta reveals wonder to those willing to seek it! Discover the hidden world of Big Break through crafts.

Ages 5-12. Drop-in; no registration required.

Nov & Dec (Sat) 11am-2pm

BIG BREAK STAR PARTY

Gaze into the night sky at Big Break. Discover constellations and learn about the galaxy. Bring red light headlamps or flashlights only, as white light disrupts night vision.

All Ages. Drop-in; no registration required.

Nov 2 (Sat) 7-9pm

EAST COUNTY BIRDING

Various Locations

East Contra Costa County offers an immersive experience of local avian biodiversity! Explore various habitats, learn bird identification skills, and gain insights into the ecological roles of different bird species. This program is perfect for novice birders and seasoned ornithologists seeking to deepen knowledge and appreciation of the region's birdlife.

All Ages. Drop-in; no registration required. Hiking Level: Easy

Nov 21 (Thu) 9-11:30am, Knightsen Property (no restroom or water)

Dec 19 (Thu) 9-11:30am, Bay Point (restroom and water onsite)



See ebparks.org/activity-search for upcoming activities

Featured Programs

BLACK DIAMOND MINES

AUTUMN CHAPARRAL HIKE

Explore the chaparral plants of Black Diamond Mines Regional Preserve and learn what special adaptations they have to survive in this unique ecosystem. Please bring water, sturdy shoes, layers, and rain gear. Heavy rain may cancel. Program will start at the upper parking lot and end at the Greathouse Visitor Center. Best for ages 10+. Drop-in; no registration required. \$5 parking fee may apply.

Nov 30 (Sat) 10am-noon

WINTER ADAPTATION ACTIVITIES

The seasons are beginning to change! Through hands-on crafts and activities, come learn about the adaptations that plants and animals of Black Diamond use to survive the winter season. Drop by any time during the program. If it is raining, find the group underground in the Greathouse Visitor Center. All ages. Drop-in; no registration required. \$5 parking fee may apply.

Dec 8 (Sun) 2-4pm

Dec 29 (Sun) 9:30-11:30am

CEMETERY STROLL

Journey through history at Rose Hill Cemetery! Begin the adventure at the upper parking lot and follow information panels that lead to this peaceful resting place. At 2pm, costumed staff will join the fun to regale the group with stories of many a miner, their mate, and tales of tragic fate. Wear sturdy shoes and don't forget to bring a water bottle on this historical experience. Rain may cancel. All ages. Drop-in; no registration required. \$5 parking fee may apply.

Dec 28 (Sat) 2-3pm



Jeff Manas



Thurgood Marshall Regional Park – Home of the Port Chicago 50

A Brief Introduction to the Park's Military History, Nationwide Impact, and Restored Justice.

In honor of Veterans Day, observed on Monday, Nov. 11, 2024, the East Bay Regional Park District highlights former Concord Naval Weapons Station and future park: Thurgood Marshall Regional Park – Home of the Port Chicago 50. Located on rolling grasslands of the Concord Hills and ancestral territory of the Chupcan Peoples, this future park aims to share stories of social justice and bravery, connect community, and offer protected, restorative space for people and nature.

In addition to providing protected habitats, recreational opportunities, and accessible open space, Thurgood Marshall Regional Park – Home of the Port Chicago 50 will feature local histories, including that of the 1944 disaster at Port Chicago, the brave servicemen who stood up to social injustice, and the subsequent events that led to the desegregation of the Navy. Although local, this story is not well known to many East Bay residents. Here is the history that gives the park its name.

THE PORT CHICAGO 50

During World War II, the Port Chicago Naval Magazine was the largest ammunitions shipping port on the U.S. West Coast. Hundreds of thousands of tons of munitions were loaded onto ships to be used in combat in the Pacific Theater. In the segregated military of the time, many Black sailors were assigned to this dangerous



job without proper training. Under these harsh conditions, disaster loomed. On July 17, 1944, a catastrophic explosion aboard the SS E. A. Bryan claimed the lives of 320 sailors and civilians, blew out windows as far as San Francisco, and measured 3.4 on the Richter scale. Most who perished were Black sailors.

Soon after the explosion, the sailors were ordered back to work under the same unsafe conditions. Two hundred and fifty-eight servicemen refused unless given proper training and improved safeguards. The refusal led to threats of mutiny charges and execution by firing squad. Despite these threats, 50 men stood their ground. They were then charged with mutiny and became known as the “Port Chicago 50.”

THURGOOD MARSHALL'S EFFORTS

Thurgood Marshall, a young NAACP lawyer at the time, played a crucial role in advocating for the Port Chicago 50 and fought for their just treatment during trial. He highlighted the racial discrimination and unsafe working conditions faced by African American sailors and contended that the men were protesting these conditions, not committing mutiny. Despite his

efforts, the 50 men were charged with mutiny and sentenced to up to 15 years in prison. Though his subsequent efforts to overturn the convictions were not immediately successful, his involvement was a pivotal moment in the civil rights movement as it launched the trial into a national story, brought attention to the broader issues of racial inequality in the military, and eventually led to the desegregation of the armed forces.

Although civil rights movements continued across the nation, over the years the story of the Port Chicago 50 fell into the background.

In the 1980s, author, scholar, and civil rights activist Dr. Robert Allen brought new attention to the story and reenergized the efforts to bring justice to these men. After decades of failed attempts to clear the men’s names, public and political support for the Port Chicago 50 grew, with calls for their full exoneration. Finally, 80 years after the explosion, on July 17, 2024, Secretary of the Navy Carlos Del Toro officially announced the full exoneration of the Port Chicago 50 and all the men

involved in the initial work stoppage, including the Port Chicago 50, signifying a landmark moment in

history and officially clearing the names of these brave men. Del Toro stated “The Port Chicago 50, and the hundreds who stood with them, may not be with us today, but their story lives on, a testament to their courage and the unwavering pursuit of justice. They stand as a beacon of hope, forever reminding us that even in the face of overwhelming odds, the fight for what’s right can and will prevail.”

THE FUTURE

Today, Thurgood Marshall Regional Park – Home of the Port Chicago 50, which sits on the former Concord Naval Weapons Station (an extension of the Port Chicago Naval Magazine) honors the courageous sailors of Port Chicago, the enduring legacy of Thurgood Marshall, and all of the nation’s service members, ensuring their stories of resilience and bravery continue to inspire future generations.

East Bay Regional Park District proudly honors active, retired, and former military on Veterans Day with free access and parking at Regional Parks, including Ardenwood Historic Farm in Fremont.



US Library of Congress



Featured Programs DEL VALLE

WINTER BREAK IN NATURE

Del Valle Regional Park

Bring the family and come discover some of the fun, cool, weird, and amazing things happening in the park this time of year. Registration required. Meet at the visitor center unless otherwise noted.

EXPLORE THE SHORE: TERRIFIC TRACKS

Dec 23 (Mon) 10-11:30am & 2-4pm

GALLS FOR ALL

Dec 26 & Jan 2 (Thu) 10-11:30am

WHO WHO WHO IS THAT?

Dec 27 (Fri) 10am-noon, meet at Campground Store

EXPLORE THE SHORE: FEATHERED FRIENDS

Dec 30 (Mon) 10-11:30am & 2-4pm

GET OUTSIDE THIS HOLIDAY SEASON

Various Parks

Bundle up, bring the family, and enjoy nature together on a guided hike or craft program. Registration Required.

GREEN FRIDAY HIKE

Nov 29 (Fri) 10am-12:30pm, Round Valley

WREATH MAKING

Dec 15 (Sun) 1:30-3:30pm,
Del Valle Visitor Center

Fee: \$14 (non-resident \$17)

WINTER SOLSTICE SUNRISE

Dec 21 (Sat) 6:30-9am, Del Valle,
Arroyo Road Staging Area

BEESWAX BALMS

Dec 22 (Sun) 1-3:30pm,
Del Valle Visitor Center

Fee: \$12 (non-resident \$14)

NEW YEAR'S EVE REFLECTIONS

Dec 31 (Tue) 4-5:40pm,
Del Valle East Ridge Trailhead

BIRDS OF THE WINTER

Various Parks

Winter is coming...and that's a great thing! Take part in the longest running community science project – the Christmas Bird Count – by helping record birds that have traveled here from the north to spend the winter. Bring binoculars, hiking shoes, and expert spotting skills. Beginner birders, experienced birders and everyone in between is welcome. Registration required.

Dec 7 (Sat) 9-11am, Del Valle,
Arroyo Mocho Picnic Area

Dec 12 (Thu) 2:30-4:30pm, Brushy Peak

Dec 14 (Sat) 9-11am, Del Valle,
Arroyo Mocho Picnic Area

Dec 20 (Fri) 9-11am, Brushy Peak

Dec 29 (Sun) 9-11am, Del Valle,
Arroyo Mocho Picnic Area



FRUIT OR GALL?

Galls are some of the most interesting looking things in the East Bay Regional Parks. They are the product of an interaction between a plant and another small organism, most notably, insects. When a parasitic insect lays its eggs on a plant, the plant's outer tissues can swell around the eggs, forming a uniquely shaped and colored object called a gall. One of the best places to find galls is on an oak tree. There are over 200 different kinds of galls that grow on the oak trees of California! Many people mistake these galls for fruit.

With that in mind, let's play the game: Fruit or Gall?



Fruit or Gall?

Answer: Fruit – Noni: from the *Morinda citrifolia* tree, a relative to coffee, and native to Southeast Asia.



Fruit or Gall?

Answer: Gall – from the Urchin Gall Wasp: a gall resembling a sea urchin that is often found on the leaves of blue oak trees.



Fruit or Gall?

Answer: Gall – from the Crystalline Gall Wasp: often found in large clumps on the leaves of blue oak trees and others.



Fruit or Gall?

Answer: Fruit – Rambutan: a hairy looking fruit from the rambutan tree, native to Southeast Asia.

Featured Programs COYOTE HILLS

BIRDING BIOBLITZ

The end of the year is traditionally a time to take stock of things, and birding is no different. Come help identify and count the birds. Please download the Merlin Bird app before the program. Ages 7+.

Dec 8 (Sun) 8-10am

WINTER SOLSTICE CELEBRATION

Celebrate the longest night of the year with stories, music, hot drinks and s'mores by the fire, as well as nature observations at dusk and solstice nature crafts. All ages. Parent participation required.

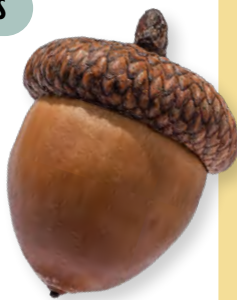
Dec 21 (Sat) 4:30-6pm

ACORN HARVESTING AT QUARRY LAKES

Quarry Lakes

Help harvest acorns for Ohlone cultural education programs at Coyote Hills Regional Park. Learn about the importance of acorns in Ohlone cultures. All ages. Parent participation required.

Nov 9 (Sat) 11am-noon,
Osprey Picnic Area



Featured Programs GARIN

TREK WITH THE NEWTS

Explore the transformative lives of newts on a 2.5-mile round-trip hike. Join for a chance to see these superheroes on the move across natural habitat and breeding grounds. Program takes place rain or shine. Meet at the Ziele Creek Entrance – along Ziele Creek Drive in Hayward. Dress for the weather and be ready for some muddy shoes!

Dec 7 (Sat) 10-11:30am, Ziele Creek Trailhead

Dec 15 (Sun) 10-11:30am, Ziele Creek Trailhead



Featured Programs SUNOL

NATURE STORIES

Learn about the wonders of nature through stories. In this Nature's Stories Series, a naturalist will read a nature-themed storybook which will be followed by an activity or craft. Storytime starts at 10:30am. Meet on the Wilderness Room Deck. The theme in November is turkeys. The theme in December is winter adaptations. Drop-in; no registration required.

Nov 10 & Dec 8 (Sun) 10:30am-noon

WREATH MAKING AT THE BARN

Join Sunol naturalists to make a "living wreath" to welcome visitors this winter season. A variety of greenery will be available to create these holiday favorites. Dress in festive holiday attire to celebrate the winter season. All supplies will be provided. Registration required.

Dec 14 (Sat) 1-3pm

Fee: \$10 (non-resident \$13)

ALL-ABILITIES VETERANS DAY NATURE STROLL

Shadow Cliffs

Discover the beauty of nature this Veterans Day at Shadow Cliffs! Join a naturalist for a half-mile round-trip nature stroll on a paved path along the Lake Trail. This adaptive program welcomes the deaf community, wheelchair users, people with other personal mobility devices, and all who want to join. To reach the Pavilion, drive through park kiosk, turn right and make another right into the parking area.

Nov 9 (Sat) 10am-noon, Interpretive Pavilion

Winter Wonderland

Winter hikes bring magical experiences! Rain and cold weather often make folks want to stay inside, cozy and warm with hot chocolate, but the return of the rainy season is also cause for celebration! Lichens and mosses spring to life with fog and rain. Squirrels scurry about gathering last-minute additions to their winter larders. Mushrooms spring up overnight. Late afternoon walks may be serenaded by owls. Because winters are mild in the East Bay, outdoor enthusiasts can enjoy the winter season and see how landscapes change color as some trees lose leaves and green grasses grow. Bare trees allow glimpses of mistletoe and bird nests (or maybe squirrel nests!) from last spring and make bird watching easier. Each of the East Bay Regional Parks has its own unique flora and fauna that flourishes in this magical season – get out and experience the wonder!

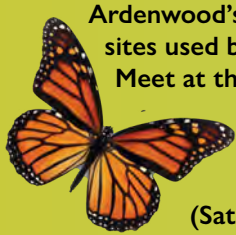


Featured Programs

ARDENWOOD HISTORIC FARM



MYSTERIOUS MONARCHS



Ardenwood's eucalyptus grove is one of the historic overwintering sites used by monarch butterflies along the California coast. Meet at the Greenhouse to explore this special place and look for any of these mysterious insects in residence this season. Drop-in; no registration required.

Nov 30, Dec 1, 14, 22, 28, & 29
(Sat & Sun) 1:30-2:30pm

OLD-FASHIONED CHRISTMAS

Celebrate a turn of the 20th century holiday at the Patterson House, a beautifully restored Queen Anne mansion. Join costumed docents for a tour of 14 rooms decorated with Victorian-style holiday ornaments. Purchase tickets in advance online or at the door, as space allows. For more information, call (510) 791-4196 or email pattersonhouse@fremont.gov.

Tot Tours (20 min): all ages, downstairs only, wheelchair accessible: 11am & 2pm (Times vary)

Full tours (45 min): for age 6 and over: 11:30am, 1pm, & 2:30pm (Times vary)

Dec 6-8, 13-15, 20-22 (Fri-Sun)

Fee: Adult/Seniors \$3, children (ages 6-17) \$2, children (5 and under) FREE (fee separate from Ardenwood Farm entrance).



CHESTNUT TREATS

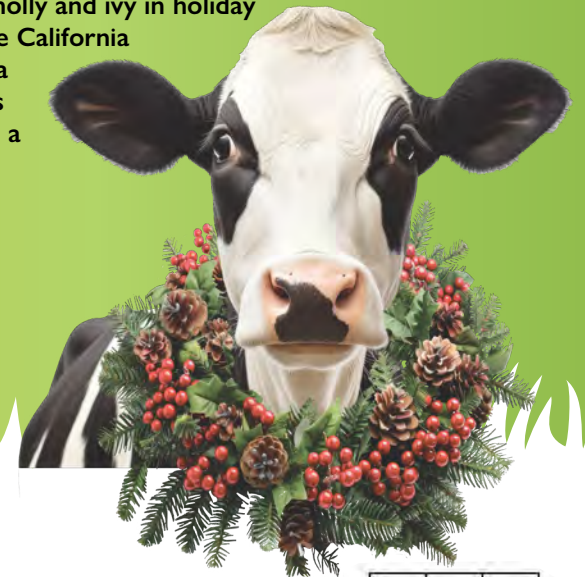
Come warm up at the country kitchen and enjoy roasted chestnuts while learning about the plants and the traditions behind this tasty treat. Drop-in; no registration required.

Nov 16, Dec 21 & 28
(Sat) 11:30am-12:30pm

WREATH MAKING WORKSHOP

Craft a festive wreath from aromatic evergreens. Explore the significance of holly and ivy in holiday traditions, learn about some California native plants as well. Make a creation with colorful citrus fruits, cones, or berries and a magnificent bow. (10+yrs) Registration is required.

Dec 8 (Sun) 10am-1pm

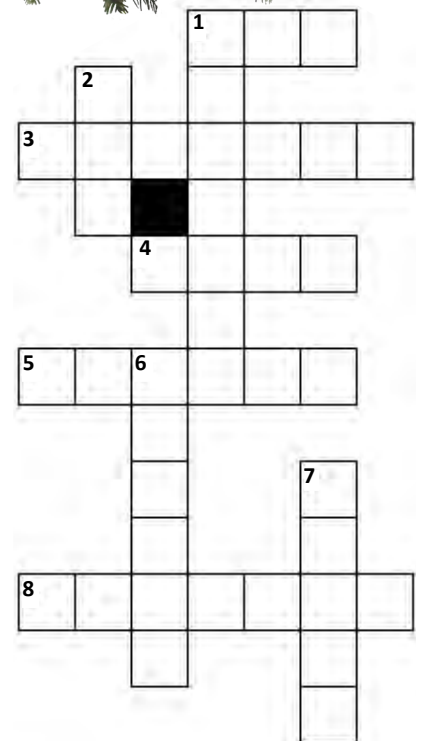


ACROSS

- I can put on a pound a day when growing, and have an appetite to match!
- We butterflies tell predators we taste terrible with our black, orange, and white wings.
- Our kids can start growing their horns as early as 3 days old.
- We birds wander around in groups called "gobbles"!
- I work hard laying eggs for breakfasts around the world.

DOWN

- My iridescent feathers and some smooth dance moves help me find a date.
- The largest animal at Ardenwood, you can see me on many a milk carton.
- My long ears are great at listening for predators.
- My wool is used to make socks and sweaters to keep you warm.



ANSWERS: 1. (across) Pig, 1. (down) Peacock, 2. Cow, 3. Monarch, 4. Goat, 5. Turkey, 6. Rabbit, 7. Sheep, 8. Chicken.



Ted Dudziak

Featured Programs OUTDOOR RECREATION

ARCHERY

ARCHERY INTRODUCTION

Roberts

Receive 90 minutes of archery coaching and practice at an outdoor range, with all equipment provided. Designed for beginners, the class starts with 30 minutes of classroom instruction. Registration required.

Nov 2 (Sat) 9:30-11:30am

Fee: \$50 (non-resident \$56)

FITNESS/WELLNESS

Learn skills to improve balance, posture, endurance, strength, spine function and whole-body exercise. Top quality poles provided (upon request), expert training. Registration required.

HIKING POLES: SKILLS & TECHNIQUES + PRACTICE HIKE

Tilden Regional Park

Nov 16 (Sat) 8:30am-3pm

POLE WALKING FOR BALANCE, EXERCISE & MAINTAINING MOBILITY

Kennedy Grove Fern Cottage

Dec 7 (Sat) 9am-1:30pm

Fee: Prices vary

FISHING

TROUT FISHING – BASICS

Various

Discover the thrill of trout fishing with this expert-led course! Perfect for those with basic fishing experience. Master gear selection, rigging, fish behavior, and bait selection. All gear provided. Registration required.



Nov 1 (Fri) 9am-noon, Lake Chabot

Nov 15 (Fri) 9am- noon, Del Valle

Fee: Adult \$25 (non-resident \$29), child \$21 (non-resident \$25)

TROUT FISHING – INTERMEDIATE

Various

Newly learned trout fishing skills will astonish friends after this intermediate course! Perfect for those with basic trout fishing experience. Dive into gear selection, advanced rigging, fish behavior, and bait selection. All gear provided. Registration required.

Dec 7 (Sat) 9am-noon, Lake Chabot

Dec 13 (Fri) 9am-noon, Del Valle

Fee: Adult \$25 (non-resident \$29), child \$21 (non-resident \$25)

BOATING/KAYAKING/ PADDLING

BIRDING BY KAYAK

Big Break

What better way to bird than by kayaking on the welcoming and wondrous waters of the Delta? Start off with dry land instruction then paddle the steady and stable craft on a group exploration of this lush and lovely shoreline. Registration required.

Nov 7 (Thu) 10am-1pm

Fee: \$35 (non-resident \$39)

SUNSET PADDLE

Big Break

Come ply the welcoming and wondrous waters of the Delta on this beginner (& up) kayak excursion. Start off with dry land instruction then paddle the steady and stable craft on a group exploration of this lovely, rich shoreline. Registration required.

Nov 19 (Tue) 2-5pm

Dec 4 (Wed) 2-5pm

Fee: \$35 (non-resident \$39)

BROOKS ISLAND ADVENTURE

Brooks Island

This trip is a short paddle in stable, double kayaks across sheltered bay water with spectacular views of San Francisco. Paddle along Brooks Island's shoreline then come ashore to enjoy a naturalist guided two-mile hike around the island, which is normally closed to visitors. Registration required.

Nov 2 (Sat) 9:30am-3:30pm

Nov 3 (Sun) 9:30am-3:30pm

Fee: \$85 (non-resident \$95)

KAYAKING FOR FOLKS 50+

Martin Luther King, Jr.

Learn kayaking skills with peers at the right pace. Discover paddling techniques, equipment selection, and boating safety. Then practice on the water in kayaks in San Leandro Bay. Registration required.

Dec 6 (Fri) 11am-3pm

Fee: \$52 (non-resident \$58)

DISCOVER KAYAKING

Martin Luther King, Jr.

Curious about kayaking, but don't know how? Come learn the basics through this hands-on course that includes an on-land introduction to water safety, trip planning and paddling techniques. During the second half of the course, practice on the water around San Leandro Bay. Registration required.

Dec 20 (Fri) 11am-3pm

Fee: \$52 (non-resident \$58)



East Bay Regional Park District

2950 Peralta Oaks Court, Oakland, CA 94605-0381

General Information.....1-888-EBPARKS (1-888-327-2757)

Activities, Events, Maps, and More.....**ebparks.org**

Camping and Picnic Reservations 1-888-EBPARKS

Naturalist and Recreation Programs 1-888-EBPARKS

TRS Relay Service 7-1-1

Social Media.....   



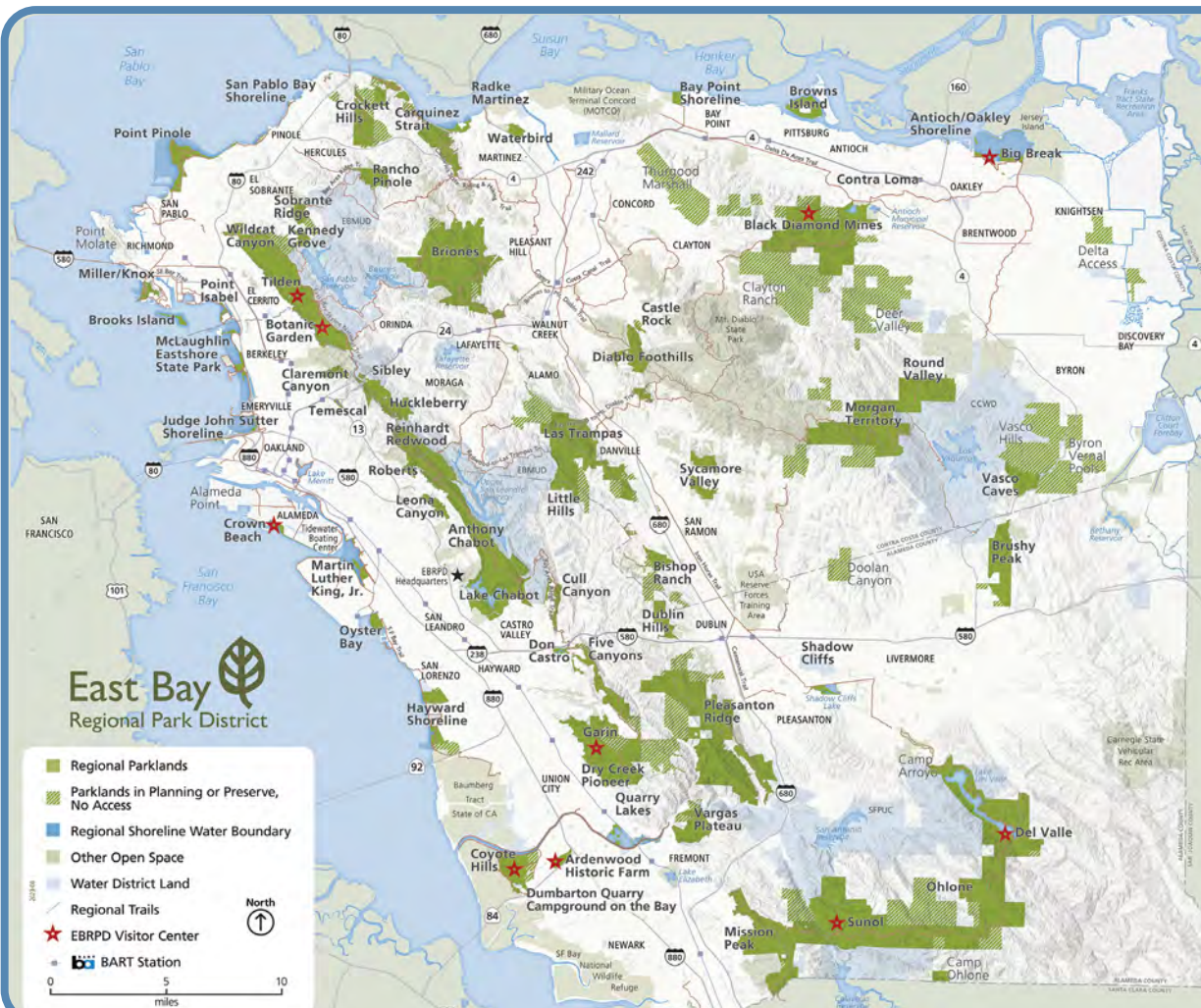
2950 Peralta Oaks Court
Oakland, CA 94605-0381
ebparks.org

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Regional Park Foundation Members enjoy free day-use parking, swimming, dog pass, and more.
510-544-2220 **REGIONALPARKSFUNDATION.ORG**



Visitor Centers

- Ardenwood Historic Farm, Fremont**
510-544-2797, awvisit@ebparks.org
- Big Break Regional Shoreline, Oakland**
Big Break Visitor Center at the Delta
510-544-3050, bigbreakvisit@ebparks.org
- Black Diamond Mines Regional Preserve, Antioch**
510-544-2750, bdvisit@ebparks.org
- Coyote Hills Regional Park, Fremont**
510-544-3220, chvisit@ebparks.org
- Crown Memorial State Beach, Alameda**
Doug Siden Visitor Center at Crab Cove
510-544-3187, ccove@ebparks.org
- Del Valle Regional Park, Livermore**
510-544-3146, dvvisit@ebparks.org
- Garin/Dry Creek Pioneer Regional Parks, Hayward**
510-544-3220 (Coyote Hills), chvisit@ebparks.org
Red Barn open summer Saturdays
- Sunol-Ohlone Regional Wilderness, Sunol**
510-544-3249, svisit@ebparks.org
Open weekends
- Tilden Regional Park, Berkeley**
Botanic Garden: 510-544-3169, bgarden@ebparks.org
Tilden Nature Area/Environmental Education Center
510-544-2233, tncarea@ebparks.org