# **JUL/AUG 2024 NATURALIST PROGRAMS SUNOL WILDERNESS**



Healthy Parks Healthy People

For more information on Sunol programs email <u>SVISIT@ebparks.org</u> or call 510-544-3249

Follow us on <u>Sunol Wilderness Regional Facebook page</u>

East Bay Regional Parks www.ebparks.org

### RAPTOR VIEWING STATION (P)

### Sat, Jul 6 | 9-11am | Las Trampas, Bolinger Canyon Staging Area



Watch for radical raptors of Las Trampas with sharp beaks, powerful talons and keen eyesight. We'll search for these birds at the staging area as they soar above.

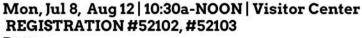


Sat, Jul 6 | 9-10:30am- | Pleasanton Ridge, Tyler Ranch Staging Area

Tue, Jul 16, Aug 13 | 8-9:30am | Sunol, Visitor Center Kristina

The Bay Area bursts with bird life! New and experienced birders alike join us as we discover patterns of behavior, migration, and habitat. 8+yrs.

## OUTDOOR DISCOVERIES!



Betty

Explore the world around you in this preschool and homeschool nature series! Get ready for a monthly adventure together. The program consists of a lesson with a naturalist followed by a craft or activity. 4-8yrs.

July: POWER OF THE SUN: **August: MIGHTY METEORS** 

## CANINE CAPERS (P)





Sat, Jul 13 | 9-11am | Hayward Shoreline, West Winton Avenue Staging Area | REGISTRATION #52108 Sat, Aug 31 | 9-11am | Roberts Regional, Redwood Bowl Staging Area | REGISTRATION #52109 Kristina

The restorative effect of spending time outdoors with a friend, furry or otherwise, is well-known! Join this monthly adventure to nurture our inner and outer-selves by exploring and learning about the natural world around us as we hike park trails. 8+yrs.

# SUNOL VISITOR CENTER

Open Friday from 10am-2pm Weekends from 8:30am-4pm

CLOSED THANKSGIVING DAY AND CHRISTMAS DAY

# PROGRAM KEY

- Parking fees apply per vehicle \$5 Sunol \$6 Shadow Cliffs
- Online registration is required at ebparksonline.com or call 1(888) 327-2757
- Fees

# **SCHOOL PROGRAMS**

For information on our school programs, please visit us online through ebparks.org, or e-mail us at SVISIT@ebparks.org.

## A NIGHT WITH BATS (

Sun, Jul 14, 28 | 7:30-9pm | Visitor Center REGISTRATION #52105, #52106 Sun, Aug 11 | 7:15-8:45pm, Sun, Aug 25 | 7-8:30pm **REGISTRATION #52112, #52113** Betty

Discover the whimsical winged mammals that call Sunol home. We'll debunk the myths about bats and find out the truth about our flying friends as we watch them fly the roost and begin their nightly hunt. Bring a picnic dinner to enjoy in the park before the watch begins! 5+yrs.

#### RADICAL RAPTOR TALK N' DRAW (P)



Sat, Jul 20 | 9:30-11am | Visitor Center Erica

Watch for radical raptors of Sunol while learning how to draw them step-by-step! Discover which species call Sunol home and what makes these birds of prey unique.

# **JUL/AUG 2024 NATURALIST PROGRAMS SUNOL WILDERNESS**



### WE ALL SCREAM FOR ICE CREAM (P)



#### Sun, Jul 21 | 10am-NOON | Visitor Center Betty \_

Did you know that National Ice Cream Day was a thing? Discover the history of ice cream and the many ways it can be made. Celebrate this SWEET holiday by making some with a Naturalist at Sunol! 5+yrs.

### BEAT THE HEAT SCAVENGER HUNT



#### Sat, Aug 10 | 10-11:30am | Visitor Center Kristina

Animals and plants have amazing adaptations that help them fight the heat. Join us to learn about some of the incredibly cool things that plants and animals' bodies can do or behaviors they exhibit to help them keep cool in the hot summer. 5+yrs.

#### NOCTURNAL JOURNAL HIKE (4)



#### Sat, Aug 17 | 8-10pm | Sunol, Camp Ohlone Road, Trailhead

Erica **REGISTRATION #52128** 

Explore the park after dark as you learn techniques for nature journaling at night! Join a Naturalist for this guided stroll along Camp Ohlone Road as the sun sets. Make nighttime discoveries as you record your sightings along the way. 10+yrs.

#### NATURE JOURNALING WORKSHOP

Sat, Jul 27 | 2-3:30pm | Facebook and Zoom VIRTUAL LIVE: https://ebparks.zoom.us/j/83385795461 Sat, Aug 31 | 2-3:30pm | Facebook and Zoom Virtual LIVE: https://ebparks.zoom.us/j/87160665080 Erica

Learn ways to make observations and record data during these upcoming nature journal workshops! Embark on a step-bystep nature journaling adventure as you watch live snake behavior and practice techniques with Naturalist Erica during a live virtual broadcast on Sunol's Facebook & Zoom.

July - Banana Slug

August - Pacific Gopher Snake

#### OHLONE CULTURES INFO TABLE (P)



#### Sat, Aug 10 | 1:30-3pm | Visitor Center Kristina

Sunol Regional Wilderness is an important place to Ohlone Peoples. Learn about the rich cultural history of the first people who have called this place home for time immemorial and gain appreciation for their thriving lifestyle.

#### NATURE STORIES (P)



### Sun, Aug 18 | 10-11:30am | Sunol, Wilderness Room, Deck

Betty

Learn about the wonders of nature through stories. In this Nature Stories Series, we will read a nature-themed storybook which will be followed by an activity or craft. Storytime starts at 10:00 am. 5+yrs.

Theme: Power of the Sun

