

Hikes in the Regional Parks

January & February 2025



Wednesday Walks Longer distances, medium-high intensity level.

Saturday & Sunday Strolls Shorter distances, low-medium intensity level.

WEDNESDAY WALKS

Jan 15, 9:30am-2pm

Reinhardt Redwood Regional Park (Skyline Gate Staging Area)

Enjoy a winter walk in the woods! We will hike along West Ridge to Tres Sendas, to French Trail to Mill and come back on the Stream trail for an almost 5 mile loop, of hiking through some of the most beautiful trails in the east bay! Some parts moderate to strenuous. Bring water and snack.

Feb 19, 9:30am-1pm

Crown Memorial State Beach (Elsie Roemer Bird Sanctuary)

Meet at the observation platform. We will hike from the end of Broadway in Alameda along the bay trail to Doolittle Pond in MLK, with views of shorebirds and the Bay. Then loop back past the Chuck Corica Golf Course, city streets and a lagoon of Harbor Bay. Flat, about 4.5 miles.

Bring water and a snack. Plan ahead- limited restroom facilities.

Parking fees apply where charged. No registration; drop-in. For more information, call (510) 544-3187.

SATURDAY & SUNDAY STROLLS

Sat Jan 11, 10am-12:15pm

Lafayette-Moraga Regional Trail (St. Mary's Rd Staging Area)

A waterfall (hopefully flowing), wildlife, and impressive landscapes will be featured along Las Trampas Creek, 3 ¼ miles round trip. Mild/moderate uphill on the way back. Bathrooms available halfway.

Sat Feb 8, 9:30-11:30

Sibley Volcanic Regional Preserve (Main Sibley Staging Area)

As we hike along a 2.5-mile loop, discover the remnants of a ten million year old volcano, a labyrinth in the middle of an old quarry and a pond hopefully full of newts! May be muddy. No Dogs.

Sun Feb 23, 9:30am-noon

McLaughlin East Shore State Park (Brickyard Cove)

Enjoy one of the newest parks in the East Bay, with its shoreline plants, birds, and wonderful views of our Bay. Mostly flat ground with around 3 miles of pleasant walking.



Scan for Maps and Directions



East Bay Regional Park District 