

Lafayette-Moraga Regional Trail

Location	Lafayette and Moraga
GPS	37.886163, -122.094352
Phone	(888-327-2757), option 3, extension 4535
Miles	12-Mile Round Trip
Elevation Gain	679 ft.
Trails	Lafayette-Moraga Regional Trail
Hours/ Curfew	5 a.m. to 10 p.m.
Fees	None
Website	ebparks.org/parks/trails/lafayette_moraga

MODERATE HIKE



Photo: Bill Knowland

Park Features: The Lafayette-Moraga Regional Trail is intended for hiking, bicycling, and equestrian use. The route parallels St. Mary's Road through Lafayette and Moraga with many trees throughout, providing shade as you travel along.

Trail Highlights: This route is considered easy to moderate because you can decrease the distance of your route to make it an easy challenge since it is an out-and-back trail (not a loop). Take a moment and relax on one of the many benches along the route, as well as utilize the amenities bordering the trail.

Trail Directions: Begin westward on Lafayette Moraga Trail, accessible from the staging area at Pleasant Hill Road and Olympic Blvd. Follow the paved trail as you cross over neighborhood streets and crosswalks. After 1.6 miles, complete a short section on Brookdale Court, then continue back onto

the paved trail. After another 1.2 miles, cross over a wooden bridge. In .4 miles from the bridge, cross St. Mary's Rd. and continue on trail, on the far side of the road. Another 1.6 miles crosses Rheem Blvd., and shortly after, you will pass St Mary's College on your left. After 1.1 miles, the route ends as you reach Moraga Commons Park. This is a great chance to take a break or use the restroom before heading back and completing the challenge.

Driving Directions: From I-680 (N or S), take exit 45B for Olympic Boulevard. Head west on Olympic Boulevard. Directly after Pleasant Hill Road, turn right into parking lot.

From Highway 24 east, take exit 14 for Pleasant Hill Road and keep right at the fork. Then turn right onto Pleasant Hill Road. Turn right onto Olympic Blvd., and then immediately turn right into parking lot.

