

Huckleberry and Sibley Regional Preserves

Location	Oakland
GPS	37.842600, -122.194850
Phone	(888-327-2757), option 3, extension 4532 (Huckleberry) or extension 4554 (Sibley)
Miles	3.8-Mile Round Trip
Elevation Gain	1,118 ft.
Trails	Huckleberry Path/Bay Area Ridge-Skyline National Recreation Trail/Round Top Loop
Hours/ Curfew	7 a.m. to Sunset; varies seasonally
Fees	None
Website	ebparks.org/parks/huckleberry

MODERATE HIKE



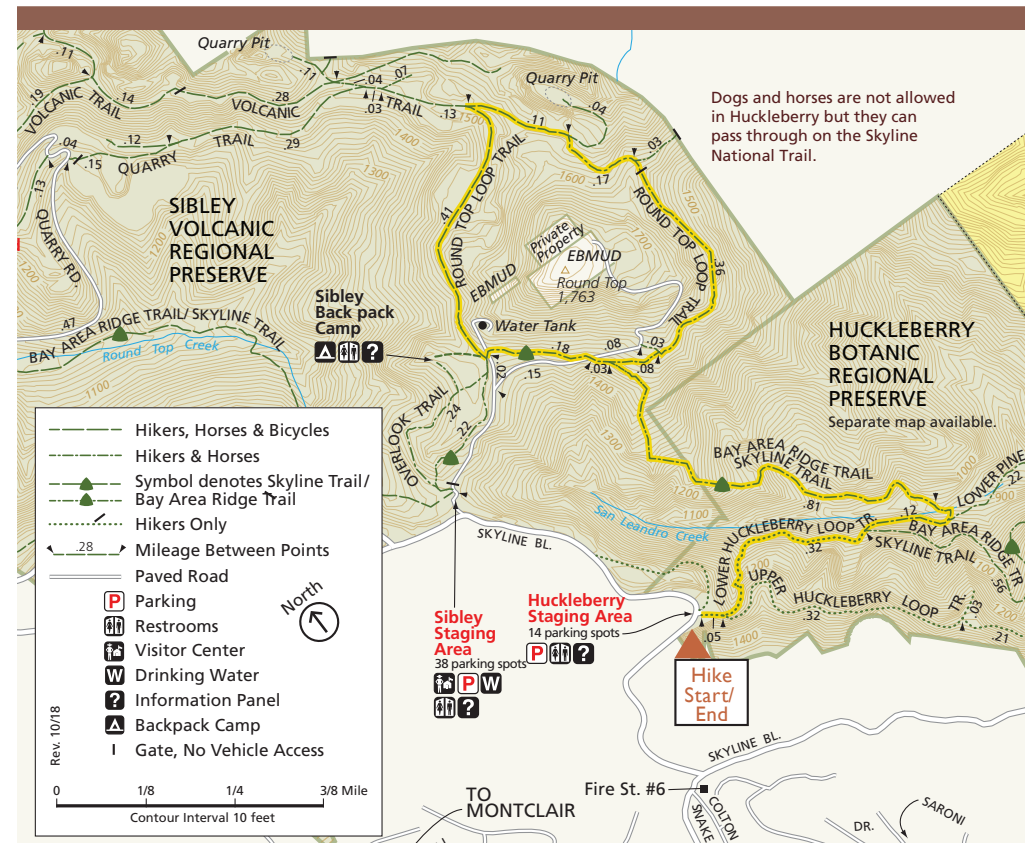
Park Features: Huckleberry Botanic Regional Preserve is an ecological jewel. The native plant community here is found nowhere else in the East Bay. It represents a relic plant association found only in certain areas along California's coast.

Sibley Regional Park's Round Top (elevation 1763 ft. above sea level) is the preserve's most prominent feature. It dates to about 10 million years ago and is the source of all the volcanic rock in the park. The display panels in the pavilion provide a geological history of the park. The 31-mile East Bay Skyline National Recreation Trail, part of the Bay Area Ridge Trail system, traverses the preserve along the ridgeline between Wildcat Canyon and Anthony Chabot Parks.

Trail Highlights: Both parks are unique and this route gives you a taste of both worlds. The 600 foot

elevation gain in the middle of the route is sure to get your heart pumping; good hiking shoes and trekking poles are recommended and be sure to bring plenty of water. If you want to avoid the climb, these parks' main staging areas are only a few minutes from each other along Skyline Boulevard. Watch out for poison oak!

Trail Directions: This route starts at Huckleberry Staging Area, where there is a chemical toilet but no drinking fountain, so plan accordingly. Huckleberry Path is a single-track trail with narrow and steep sections so be careful. Turn left at your first intersection, heading down the steps. After .32 miles, connect with the Bay Area Ridge/Skyline National Recreation Trail to the left and down. Continue downhill and cross a stream. Go uphill for .81 miles and enjoy the canopy of trees as you trek up the hillside.



As you approach Round Top, turn right onto the Round Top Loop Trail, the first intersection near the top. If you miss it, it is okay as both directions circle back to the Bay Area Ridge Trail. Head eastbound on Round Top Loop Trail, continue .44 miles until you reach a cattle gate. Pick up the Round Top Loop Trail circling the peak. At the next trail junction, turn left to stay on the trail. After another .41 miles along the loop trail you will connect back to the Bay Area Ridge/Skyline National Recreation Trail; keep an eye for the trail, it is easy to miss. The paved trail will lead you back. Veer left for .18 miles and follow it back to where you started the Round Top Loop Trail, making your descent back to Huckleberry. Retrace your steps back up Huckleberry Path and to your starting point.

Driving Directions: From Highway 24 in Oakland, take the Fish Ranch Road exit immediately east of the Caldecott Tunnel. Continue .8 miles to Grizzly Peak Blvd. Turn left and go 2.4 miles on Grizzly Peak to Skyline Boulevard. Turn left and drive approximately one-half mile to the Huckleberry Staging Area on the left, past Sibley Volcanic Regional Preserve.

Health Tip
Walking at least 30 minutes a day, five days a week can reduce your risk for coronary heart disease, such as heart attack and stroke, by about 20 percent.