

Regional in Nature

Activity Guide



March – April 2018

East Bay
Regional Park District

Healthy Parks Healthy People



Wildflowers bloom at Lake Chabot Regional Park, Castro Valley

Inside:

- Swim Lessons and Jr. Lifeguards • page 4
- Kayaking/Boating Opportunities • page 5
- 2018 Trails Challenge • page 6
- Spring Sale of California Native Plants • page 10
- Wildflower Festival at Sunol • page 12



Contents

Aquatics/Jr. Lifeguards.....	4
Recreation Programs	4
Ardenwood	5
Big Break.....	7
Black Diamond	10
Botanic Garden	10
Coyote Hills	10
Crab Cove	11
Sunol	11
Tilden Nature Area	12
Other Regional Parks	13
Volunteer Programs	14
Registration & Fees	15
Visitor Centers/ Swim Areas.....	15

East Bay 
Regional Park District

Healthy Parks Healthy People

ebparks.org

General Information/Free Brochure
1-888-EBPARKS or 1-888-327-2757
Camping & Picnic Reservations
..... 1-888-EBPARKS
Naturalist & Recreation
Programs..... 1-888-EBPARKS
TRS Relay Service..... 7-1-1
Website..... ebparks.org

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Visit ebparks.org for map
downloads, activity and event
information, and much more!



A MESSAGE FROM
GENERAL MANAGER
ROBERT E. DOYLE

2018 Big Year For Parks

STATE BOND ADDRESSING PARKS ON JUNE 2018 BALLOT



On December 21, 2017 the East Bay Regional Park District Board of Directors approved the 2018 budget aimed at enhancing public access, connecting people with nature,

improving public safety services, and planning for our climate future.

From park services to new park projects, 2018 is set to be a big year with many projects and initiatives moving forward.

Projects and initiatives include:

- Completing new park facilities such as staging areas, trails, and expansions.
- Continuing wildfire prevention efforts in the East Bay Hills.
- Continuing to leverage local park funds to obtain additional state and federal resources.
- Evaluating continuation of voter-approved funding, specifically Measure CC in western Alameda

and Contra Costa counties.

- Accessing the District's vulnerability to a changing climate.
- Adding a new mobile visitor center vehicle to help people connect with nature.

State Bond Measure Addressing Park Needs on June 2018 Ballot

Additionally, on October 15, 2017, after a long, multi-year effort by California legislators, the Park District, and other park agencies, Governor Brown signed SB 5 placing a statewide bond for natural infrastructure on the June 5, 2018 ballot for voters' consideration. State parks have an estimated \$25 billion backlog of infrastructure and maintenance needs. It has been 15 years since the last statewide measure addressing park needs was on the ballot.

The measure, if approved by voters, would provide \$4.1 billion for parks, open space preservation, water resources, and flood protection throughout California. Specifically, the bond measure would provide \$2.83 billion for parks and natural resources,

\$720 million for water resources, and \$550 million for flood protection.

A significant portion of the funding would be provided through project grants to local agencies such as the East Bay Regional Park District. The Park District should be well positioned to receive funds given its ability to leverage voter-approved local revenues from Measure WW and Measure CC.

Additionally, the East Bay Regional Park District operates three local state parks that would likely receive funding for improvements – Crown Memorial State Beach in Alameda, Del Valle Regional Park in Livermore, and McLaughlin Eastshore State Park along the shoreline from Oakland to Richmond. Crown Memorial State Beach and Del Valle Regional Park are both over 60 years old and McLaughlin Eastshore State Park, which covers over 9 miles along the San Francisco Bay, is prone to flooding and under threat of sea level rise.

For more information about the state bond, visit www.sos.ca.gov/elections/ballot-measures/qualified-ballot-measures.

Virginia Delgado Named Outstanding New Interpreter



Virginia Delgado with Regional Interpretive and Recreation Services Manager Ira Bletz

On Nov. 17, the National Association for Interpretation (NAI) named East Bay Regional Park District Naturalist Virginia Delgado as 2017 Outstanding New Interpreter. Delgado was honored for her accomplishment by the EBRPD Board of Directors at their Nov. 21 meeting. Delgado is a naturalist at Black Diamond Mines Regional Preserve in Antioch.

Keeping Regional Parks Safe



Anthony Ciaburro has been named Assistant General Manager of Public Safety for the East Bay Regional Park District. Ciaburro will also hold the title of Police Chief. The Assistant General Manager for Public Safety oversees police, fire and lifeguarding services for the District.



Richard Seal, a 25-year veteran of the San Jose Fire Department, has been selected as the new Fire Chief of the East Bay Regional Park District. The Fire Chief oversees fire hazard reduction, lifeguard services, and management of full-time and on-call emergency responders.

Supporting Environmentally-Friendly “Green Bonds”

The East Bay Regional Park District is the first regional park district in the nation to issue “Certified Green Bonds,” which are dedicated to projects that reduce greenhouse gases, mitigate for climate change, or provide other environmental benefits.

On Nov. 15, 2017 the East Bay Regional Park District issued \$50 million of “Certified Green Bonds” as part of 2008 voter-approved Measure WW. Measure WW was passed by 72% of Park District voters in 2008 to invest \$500 million toward improving local and regional parks, preserving open space, and restoring urban creeks and wildlife habitat.

“The Park District is happy to be a trailblazer on Certified Green Bonds,” said Board Director and Board Finance Committee Chair Ayn Wieskamp. “Certified Green Bonds allow investors to put their money toward improving

the environment while also benefitting from the tax advantages and stability of municipal bonds.”

The Park District’s \$50 million Green Bonds issuance included \$30 million of new Measure WW bonds and \$20 million of existing Measure WW bonds refinanced as Green Bonds.

The Park District also received the highest grade possible (Excellent) for the “Green Bonds” by Moody’s Investment Services, a nationally recognized investment rating service. The high ratings allow the bonds to be issued at much lower interest rates, saving taxpayers money.

“The East Bay Regional Park District is the first regional park district in the nation to issue Certified Green Bonds..”



Briones Regional Park photo: Deane Little



Photo: Mitchell Yee

Measure CC funding has helped restore habitat at the District-operated McLaughlin Eastshore State Park for endangered species like the burrowing owl.



Measure CC Restoration Roundup

Measure CC has restored or enhanced over 1,142 acres of natural wildlife habitat throughout the 20 parks in the Measure CC area.

- Anthony Chabot Regional Park 321 acres
- McLaughlin Eastshore State Park 4.5 acres
- Martin Luther King Jr. Shoreline..... 71 acres
- Point Pinole Regional Shoreline and Point Molate 310 acres
- Redwood Regional Park..... 119 acres
- Miller/Knox Regional Shoreline 19 acres
- Claremont Canyon Regional Preserve and Sibley Volcanic Regional Preserve 96 acres
- Wildcat Canyon Regional Park 77 acres
- Tilden Regional Park..... 107 acres
- Leona Canyon Regional Open Space Preserve 18 acres

NEW PUBLIC ACCESS PROJECTS OPEN TO THE PUBLIC

- Extension of the San Francisco Bay Trail at Point Pinole Regional Shoreline
- New Point Pinole Regional Shoreline Dotson Family Marsh staging area and Atlas Road staging area/park entrance
- Renovated Doolittle Drive Boat Launch at Martin Luther King Jr. Regional Shoreline
- New convenience camping cabins at Del Valle Regional Park
- New Sibley Volcanic Regional Preserve Wilcox Station Staging Area/McCosker access point on Pinehurst Road
- New picnic sites, restrooms, and walking paths at Miller/Knox Regional Shoreline
- New picnic sites, restrooms, and parking at Huckleberry Botanic Regional Preserve
- Reopened Vargas Plateau Regional Park with improved Vargas Road
- Renovated Wildcat Canyon Regional Park Clark-Boas Staging Area

SUMMER PROGRAMS FOR YOUTH



SWIM LESSONS

Swim Lessons are a great start to a safe fun summer around the water. We offer a wide range of American Red Cross swim levels for ages 6 months through teens (Adult lessons offered at Roberts). The Contra Loma classes meet Mon/Wed or Tue/Thurs for four weeks. The Roberts Pool classes meet Mon-Thurs for two weeks. Reserve your spot by signing up now. For more info on dates, times, and class descriptions, visit www.eblifeguard.org/swimlessons.



JUNIOR LIFEGUARD

Ready for fun and adventure? Our eight, one-week sessions pack loads of lifeguarding skills and engaging activities. Each session has a different theme but will always cover CPR, first aid, and water rescue skills. Offered at six facilities, this day camp meets from 9am-4pm, Mon-Fri. Scholarships are available. Offered for ages 8-12. For more information on dates, themes, curriculum, and more, visit www.eblifeguard.org/juniorlifeguards. No onsite registration.



JUNIOR LIFEGUARD AIDE

Learn leadership, communication, and team building skills in the Junior Lifeguard Aide program. Participants assist instructors and act as role models to young Junior Lifeguard participants by demonstrating and teaching skills as well as setting up and leading activities as directed by the lead instructor. This is a great opportunity to get a foot in the door if you would like to be a lifeguard. Offered for age 13-15. Applications are required for this program and due May 1. For more information regarding the Aide program and to receive an application, contact Aaron Roth at aroth@ebparks.org or call 510-690-6624.

JUNIOR CADET

This program will challenge teens ages 14-18 mentally and physically. Develop skills in teamwork, professionalism, communication and other skills employers look for when hiring. Cadets 15+ will earn a lifeguarding certificate. Cadets should expect daily physical fitness activities, swimming and rescue skill training, first aid lectures, emergency procedure drills and insider knowledge of how to become a lifeguard. Applications due May 1. For information and an application, contact Kyle Maxwell at kmaxwell@ebparks.org or call (510) 690-6620.



RECREATION

LLAMAS – MYSTICS OF ANDES

Redwood LAMAS Outfitters
11am-2:30pm, Sat, Mar 10 #20526; Mar 24 #20529; Apr 7 #20569; Fri, Apr 20 #20532;
10am-1:30pm, Sun, Mar 11 #20527; Mar 25 #20530; Apr 8 #20570; Apr 22 #20535;
Sat, Apr 21 #20534

The Quechua Andeans refer to llamas as 'Speechless Brothers.' Learn how to groom, feed, lead and interact positively with these specially trained llamas, under the guidance of Geo, a 'Llama Michie,' with over 25 years' experience. Up to three people can share one llama, or reserve your own. Adult participation required for ages 8-17yrs (adult registers).

Registration is required.

Fee: \$80 per llama - 4 llamas max. per class (non-res. \$88)

FISHING – TROUT BASICS

Various Parks Recreation staff
8-10am, Sat, Mar 10 #20384, Del Valle
8-10am, Sat, Apr 7 #20385 Lake Chabot

Join us for this peak season of trout! Learn specialized gear and bait selection to catch rainbow trout, one of the most plentiful freshwater species in our lakes and reservoirs. Ages 16+yrs require a valid California fishing license. Gear provided. Ages 8+yrs.

Registration is required.

Fee: \$19 (non-res. \$21)



ARCHERY - INTRODUCTION

Roberts Redwood Bowmen
10am-noon, Sat, Mar 17 #20080, Apr 21 #20089

Gain 90-minutes of archery coaching and practice at an outdoor range, with all equipment provided. Designed for the beginner, the class starts with 30-minutes of classroom instruction. 8+yrs. Adult supervision required for children ages 8-13yrs. Registration is required.

Fee: \$50 (non-res. \$56)



LEADERS IN TRAINING

Mon-Fri, 8:30am-4pm

Jun 11-15, Temescal #20559

Jun 18-22, Temescal #20560

Jun 25-29, Don Castro #20561

Jul 2-6, Various #20563

Jul 9-13, Contra Loma #20564

Jul 16-20, Coyote Hills #20565

Jul 23-27, Miller Knox #20566

Jul 30-Aug 3, Ardenwood #20567

Looking for work experience or a career in Parks & Recreation? Under staff guidance, work with other teens helping run our day camp! LITs must first apply and interview for positions. They will receive a tee shirt, training, 35 community service hours, and job-skills development from staff. LITs are encouraged to work for more than one camp session. Download an application at www.ebparks.org or contact Mary Ellen Avery, Recreation Supervisor, at meavery@ebparks.org /510.544.2558 for a paper copy. 13-17yrs. Fee: \$50

FLY-FISHING INTRODUCTION

Tilden Fish First!
7am-1pm, Sun, Mar 11 #19931, Apr 8 #19943

This exciting and informative day is geared toward the beginning angler. Spend three hours at Lake Anza practicing casting with a certified fly-casting instructor, followed by 2.5 hours of classroom instruction where you will be introduced to knots, fly selection, reading the water, and more. 12+yrs.

Registration is required.

Fee: \$60 (non-res. \$66)

PET FIRST AID/CPR

MLK Shoreline Peter Pay
9am-1pm, Sat, Apr 7 #19950

Learn how to save a pet's life during an emergency, minimize a pet's trauma after injury and safely transport an injured pet to the veterinary clinic. This program focuses on basic first aid, including wounds, fractures, choking, cardiac emergency and snake bites. Booklet and certificate

included in fee. 12+yrs.
Registration is required.
Fee: \$50 (non-res. \$56)

PARK'N IT DAY CAMP ♿

Mon-Fri, 9am-4pm

Jun 11-15, Temescal #20551

Jun 18-22, Temescal #20552

Jun 25-29, Don Castro #20568

Jul 09-13, Contra Loma #20554

Jul 23-27, Miller Knox #20556

Jul 30-Aug 3, Ardenwood #20557

Spend a whole week exploring and playing in the Regional Parks! Recreation leaders, lifeguards, and naturalists provide caring supervision for hiking, fishing, swimming, arts & crafts, sports, and active fun in the great outdoors. (10% family discount for registration of second child of same family; only applies when both children register and pay in one transaction-either by phone or online). 5-12yrs.

Registration is required.

Fee: \$200 (non-res. \$220)

PARK'N IT DAY CAMP – Coyote Hills NEW!

Mon-Fri, 9am-4pm

Jul 16-20, Coyote Hills #20555

Spend a whole week exploring and playing at Coyote Hills Regional Park! Recreation

Leaders and Naturalists provide caring supervision and an action-packed week of Stone Age living, archeology, swimming, arts + crafts, and active fun in the great outdoors. (10% family discount for registration of second child of same family; only applies when both children register and pay in one transaction-either by phone or online). 5-12yrs.

Registration is required.

Fee: \$200 (non-res. \$220)

FREE OUTDOOR MOVIE NIGHT!

Lake Chabot Recreation Staff
8-10pm, Sat, Apr 21

Join us for a FREE family movie, featuring the 2016 smash hit, MOANA, rated PG, 113 minutes. Movie begins shortly after sunset (8pm) and is a great way to spend the evening outdoors with friends and family. Arrive early to secure a good seat. Bring a flashlight, warm clothes, and a blanket or chair for sitting. Snacks and hot drinks will be available for purchase. No pets. Rain cancels. Questions? Contact (510) 544-2567.

KAYAKING / BOATING

KAYAKING FOR FOLKS 50+ ♿

Lake Chabot Recreation Staff
11am-3pm, Wed, Mar 7 #20336

Learn kayaking skills with your peers at a pace that is right for you. Learn paddling techniques, equipment selection, and safety guidelines for paddling. Then practice what you have learned touring the lake by kayak.

Registration is required.

Fee: \$52 (non-res. \$58)

BIRDING BY KAYAK ♿

Big Break Cat Taylor/Recreation staff
8:30-11am, Sat, Apr 14 #20338

What better way to see birds than by kayaking on the wondrous waters of the Delta? We will begin with dry-land instruction then paddle our steady and stable craft on a group birding exploration. Adult participation required for ages 10-16yrs (adult registers). 10+yrs.

Registration is required.

Fee: \$30 (non-res. \$34)

KAYAKING BIG BREAK ♿

Big Break Cat Taylor/Recreation staff
Noon-2:30pm, Sat, Apr 14 #20341

Come ply the welcoming and wondrous waters of the Delta on this beginner (& up) kayak excursion. We will start off with dry-land instruction then paddle our steady and stable craft on a group

exploration of this lovely Delta shoreline. Adult participation required for ages 10-16yrs. (adult registers). 10+yrs. Registration is required.

Fee: \$30 (non-res. \$34)

SUNKEN SHIPS & FLOWERPOTS PADDLE ♿ **NEW!**

Big Break Cat Taylor/Recreation staff
3-5:30pm, Sat, Apr 28 #20345

Explore shipwrecks from yester-year as we discover how nature has put them to good use! After dry-land instruction, we will wend our way in our steady and stable tandem kayaks. Adult participation required for ages 10-16yrs. (adult registers). 10+yrs.

Registration is required.

Fee: \$30 (non-res. \$34)

SUNSET & FULL MOON PADDLE ♿

Big Break Cat Taylor/Recreation staff
6:30-9pm, Sat, Apr 28 #20350

Paddle as the light of the setting sun and the rising moon sparkles on the waves. After dry-land instruction, we will wend our way in our steady and stable tandem kayaks. Adult participation required for ages 10-16yrs. (adult registers). 10+yrs.

Registration is required.

Fee: \$30 (non-res. \$34)

Registration information — register beginning January 30

www.ebparks.org/register or 1-888-327-2757 (1-888-EBPARKS), option 2

POLE WALKING & POLE HIKING

Learning HOW to use poles helps walkers & hikers improve endurance, posture, balance, confidence and strength and performance. Pole skills enhance your enjoyment of the outdoors all year long. All levels focus on learning anatomically-optimal techniques to expand your capabilities while learning how to avoid joint stress or strain. Carefully select the class that suits your physical ability and inclination. **A variety of top quality poles are provided at all seminars.** Beautiful hiking locations are based on the season/weather. Mobility class locations offer indoor training and lovely/easy pole walks for practice.

POLES: BASIC HIKING SKILLS & TECHNIQUES (1 of 2) ♿

Black Diamond Jayah Faye Paley
8:30am-1pm, Sat, Mar 17 #20134

Morning session helps hikers learn poles, trail and body skills. Beginner to experienced hikers will learn techniques without the added challenge of a practice hike in the afternoon. Uphill: Improve power, endurance, spine function. Downhill: Develop skills for feeling safer and preserving joints - Save your knees! Poles practice less than one mile. Registration is required.

Fee: \$48 (non-res. \$54)

POLES: PRACTICE HIKE (2 of 2) ♿

Black Diamond Jayah Faye Paley
1:30-4pm, Sat, Mar 17 #20139

Optional continuation of morning session - for conditioned individuals. Practice, enhance poles skills, improve hiking performance; learn additional techniques for navigating trickier terrain. "Test drive" different models; learn which fit best or bring your own. (Approx. 4 miles). Prerequisite: EBRPD pole hiking class. Registration is required.

Fee: \$24 (non-res. \$28)

POLES: BASIC SKILLS & TECHNIQUES PLUS HIKE ♿

Sunol Jayah Faye Paley
8:30am-2:45pm, Sat, Apr 7 #20168

Experience everything in the morning Basic Skills & Techniques class PLUS a lovely springtime practice hike. Learn individualized strategies for improv-

ing performance on varied terrain, including stream crossings. "Test drive" different models; learn which poles fit you best and will help you achieve your goals. Hike is approx. 5 miles.

Registration is required.

Fee: \$55 (non-res. \$61)

POLES: SKILLS & TECHNIQUES PLUS SHORT HIKE ♿

Coyote Hills Jayah Faye Paley
8:30am-1pm, Sat, Apr 28 #20186

Learn pole, trail and body skills. Beginner to experienced hikers learn and practice techniques on short hike with stunning views. Uphill: Improve power, endurance, performance and spine function. Downhill: Develop skills for feeling safer and preserving joints - Save your knees! Practice hike approx. 3 miles. Registration is required.

Fee: \$48 (non-res. \$54)

POLES FOR BALANCE AND MAINTAINING MOBILITY ♿

Coyote Hills Jayah Faye Paley
1:30-4:30pm, Sat, Apr 28 #20408

Easy-to-learn pole techniques and gentle exercises empower people to maintain independence, navigate everyday obstacles, reduce risk of falling, restore spine function, improve stamina and walking form. Strengthen muscles that support weight bearing joints. Optional lovely practice pole walk (approx. ½ mile). Special equipment provided. Registration is required.

Fee: \$39 (non-res. \$43)

ARDENWOOD

Ardenwood is open Tues-Sun from 10am-4pm. House tours are available by reservation only (call 510-791-4196). Train rides will return in April. Admission fees apply. For program and fee info: (510) 544-2797, awvisit@ebparks.org or www.ebparks.org.

SHEEP SHEARING DAY ♿

Ardenwood Mindy Castle & Interpretive Staff

11am-3pm, Sat, Mar 17

Spring has sprung and it is time for our

sheep's annual "haircut." Watch as the farm's sheep get sheared; then, try your hand at wool carding and see the transformation from fiber to yarn at the spinning wheel. You can even make your own woolly lamb to take home.

Fee: \$6/adults. \$5/seniors (62+), \$4/children (4-17 yrs.), 3 yrs. & under free. Free Parking.

TARTAN DAY SCOTTISH FAIR

2018 ♿

Ardenwood East Bay Scottish Association & Interpretive Staff
10am-5pm, Sat, Apr 7

Throw on your kilt and celebrate Tartan Day with music, Scottish dancing, bagpipes, handmade crafts, historical re-enactments, and Highland athletics. Local Scottish clans and societies will share their rich culture and colorful heritage. Children can find magic and fantasy in the Children's Glen and might just see a fairy or dragon. Enjoy a meat pie or other Scottish treat. Fee: \$12/adults, \$8/seniors (62+), \$5/children (4-17 yrs.), under 4 yrs. free. Free Parking.

ANIMAL FEEDING ♿

Ardenwood Interpretive Staff
3pm, Thu-Sun, Mar & Apr
Check for eggs and bring hay to the livestock. Learn all the animals' favorite foods as we help tuck them in for the evening. Meet at the Chicken Coop.

RIDE THE RAILS - TRAIN RIDES ♿

Ardenwood S.P.C.R.R.
Various times, Thu, Fri & Sun (beginning Apr 1)

Railroads once connected many of the farms with towns in the East Bay. Today they still run around the farm. Journey past rows of crops and through eucalyptus groves as you travel back in time. Check the daily schedule and meet the train at Arden Station or Deer Park.

PATTERSON HOUSE TOURS ♿

Ardenwood Patterson House Docents
Various times, Every Thu-Sun in April (beginning Apr 1)

Tour the beautifully restored Patterson House Museum. Discover the history of this 19-room Queen Anne Victorian farm house listed on the National Register of Historic Places which operates as a museum of local history and Victorian life. Tours are led by docents dressed in 19th-century clothing and take about 45 minutes. Check for tickets at the Train Station upon your arrival. Special 15 minute tours for children 6 and under offered Thu/Fri at 2:30pm, Sat/Sun at 11:30am.

HENS LAY EGGS ♿

Ardenwood Interpretive Staff
10:30-11am, Sat, Mar 3, Apr 14
Bring the little ones to the farm to meet the chickens. We'll listen to a story, see what a hen's feathers feel like, and search the coop for eggs.

FUN WITH FELTING ♿

Ardenwood Mindy Castle
11am-noon, Sat, Mar 3, Apr 14
Have some good clean fun as we learn how felt is made from sheep's wool, and then make a felt toy to take home.

CLOTHESPIN DOLLS ♿

Ardenwood Mindy Castle
1-2pm, Sat, Mar 3
Create and dress up your own darling doll. We'll make them out of clothespins just the way they did more than 100 years ago. Meet at the Granary.

BREWING ON THE FARM: A HOME-BREWING WORKSHOP ♿ ♿

Ardenwood Ira Bletz
1-3pm, Sat, Mar 3, 10, 24 #20511
Discover the ancient art of homebrewing in this three-part, hands-on workshop. You'll boil wort, pitch yeast and explore the science of fermentation. Learn beer's incredible history and fascinating lore. We'll brew and bottle a special batch of Ardenwood ale for you to take home (adults). Registration is required. Fee: \$38 (non. res. \$42)

LEARN THE ROPES ♿

Ardenwood Interpretive Staff
2-2:30pm, Sat, Mar 3
Learn how a few twists and turns on our antique machine makes rope making a cinch.

WAKE UP THE FARM ♿

Ardenwood Interpretive Staff
10:30-11am, Sun, Mar 4, 18, Apr 15
Rise and shine little farmers! Say "Good morning!" to the sheep and goats and lend a hand as we prepare a morning snack for the farm animals.

MEET THE BUNNIES ♿

Ardenwood Interpretive Staff
11:30am-noon, Sun, Mar 4, 18, Apr 1; Sat, Mar 31
Come meet the farm rabbits. Learn why they have big ears, their favorite food and how they communicate. See if you can find the softest part of a bunny.

ROPE MAKING & HAY HOISTING

Ardenwood Interpretive Staff
1-2pm, Sun, Mar 4, 25, Apr 22, 29; Sat, Mar 31
Make rope with our antique machine, and then see how lots of rope plus a few pulleys make hoisting hay bales into the barn loft a cinch.

TODDLER TIME ♿

Ardenwood Interpretive Staff
10:30-11:45am, Wed, Mar 7, 21, Apr 4, 18
Bring the tots out for an exciting morning at the farm. Hear a story, do some chores, and meet some farm friends. Little ones will enjoy a variety of activities at their own pace. We'll meet rain or shine!

BARNYARD BUDDIES ♿

Ardenwood Interpretive Staff
10:30-11am, Sat, March 10, 24
Rise and shine! Lend a hand! We'll start with a story before we prepare a morning treat for the sheep, goats and chickens.



A program in partnership with . . .

KAISER PERMANENTE thrive

TRAILS CHALLENGE ♿ FREE

We challenge you to complete 5 featured trails by December 1, 2018. The guidebook features trails for all fitness levels as well as tips for new trail users. Go "green" by downloading the guidebook at [ebparks.org](http://www.ebparks.org) – print only what you need.

Go to <http://www.ebparks.org/TC> for more information, and to use the AllTrails app.

A commemorative pin will be sent (while supplies last) once you complete the Challenge and return your Trail Log to Reservations. Kaiser Permanente is a major sponsor of this program.



YARNS ABOUT WOOL ♿

Ardenwood Mindy Castle
11am-noon, Sat, Mar 10
Flock to the farm for some fleecy fables, visit our fuzzy friends, and discover the wonderful worth of wool.

GARDEN CHORES FOR KIDS

Ardenwood Interpretive Staff
1-2pm, Sat, Mar 10
Our garden has been sleeping all winter. Lend a hand weeding, watering and maybe planting some seeds. Discover the secrets of heirloom vegetables as we get our hands dirty.

RABBIT RENDEZVOUS

Ardenwood Interpretive Staff
2-2:30pm, Sat, Mar 10
Hop on over for a warm welcome from some of the farm's furriest residents. Learn why rabbits are great hoppers and how they use their long ears to sense danger.

SPRING GARDENING

Ardenwood Interpretive Staff
10:30-11:30am, Sun, Mar 11; Sat, Mar 31
Warmer weather and longer days means spring is right around the corner. Hop on down to the garden as we ready the beds for planting.

CORN MOSAICS ♿

Ardenwood Interpretive Staff
Noon-1pm, Sun, Mar 11, 25, Apr 1, 15
Learn how to turn our freshly-harvested Indian corn into a fun craft for the whole family. Use the rainbow of colored kernels to make your own mosaic.

STILT WALKERS

Ardenwood Interpretive Staff
1:30-2:30pm, Sun, Mar 11, 18, Apr 1, 8, 15
Want to be taller? Improve your balance? Give stilts a try. It's fun. Guess why farmers used these fun tools in the past.

PRESSING PLANTS

Ardenwood Mindy Castle
11am-noon, Sat, March 24, Apr 28
Flowers are fun for the whole family. Learn to press and preserve plants, and take home your finished flower to enjoy.

BEGINNING EMBROIDERY ♿

Ardenwood Mindy Castle
1-2pm, Sat, Mar 24, Apr 14, 28
Victorians loved to embroider and you will too! Learn some basic embroidery stitches and you will be able to decorate all sorts of cloth objects. Training materials supplied.

GORGEOUS GOATS ♿

Ardenwood Interpretive Staff
2-2:30pm, Sat, Mar 24
Discover why goats are a farmyard mainstay. Lend a hand grooming our nannies and give them a snack as you learn all about these gentle farm friends.

MEET THE CHICKENS

Ardenwood Interpretive Staff
10:30-11am, Sun, Mar 25, Apr 1, 22
Where do the chickens live? Find out where they lay their eggs, how they sleep, and much more! Meet at the chicken coop.

GARDEN BIRDS ♿

Ardenwood Christina Garcia
8-9:30am, Sat, Mar 31; Sun, Apr 22
Walk through the beautiful gardens and woodlots of the farm in search of early spring migrants. Perhaps the magic fountain will draw some colorful visitors! Beginners welcome. No Ardenwood admission fee for this early morning program.

BEAUTIFUL TREES

Ardenwood Christina Garcia
2-3pm, Sat, Mar 31; Sun, Apr 29
From Bald Cypress to Yew, lovely specimen trees fill the estate of George and Clara Patterson. Stroll the grounds, see some special trees and hear their stories.

COOKING IN THE COUNTRY KITCHEN ♿

Ardenwood Interpretive Staff
11am-1pm, Sun, Apr 1, 8, 15, 29
Stop by the Country Kitchen and take a tasty step back in time. Discover how to cook with a wood-burning stove and sample the special of the day, be it savory or sweet. Pick up an historic recipe to try at home.

LITTLE LAMBS

Ardenwood Christina Garcia
10:30-11:30am, Sun, Apr 8, 29
Little lambs are frolicking on the farm!
Come see our babies play, feed their moms
a snack, and learn about their wonderful
wool.

CHORES FOR LITTLE FARMERS

Ardenwood Interpretive Staff
1-1:30pm, Sun, Apr 8
Rise and shine! Lend a hand! We'll start
with a story before we prepare a morning
treat for the sheep, goats and chickens.

FARMYARD GAMES

Ardenwood Interpretive Staff
2-3pm, Sat, Apr 14, 28
American's pastimes once included stilt
walking, running with tubers (potato-
spoon race), testing one's strength (tug-o-
war) and hopping like a bunny (sack races).
Join the fun and test your skill!

FARM CHORES FOR KIDS

Ardenwood Interpretive Staff
10:30-11am, Sat, Apr 21, 28
Running a farm is hard work, but it's fun
too! Lend a hand cracking corn and feeding
the animals. You'll check the chickens and
help with other morning chores.

APPLE CIDER PRESSING

Ardenwood Mindy Castle
11-11:30am, Sat, Apr 21
Come help squeeze the juice from apples
and discover how long people have enjoyed
this as a tasty fruit treat! Afterwards, we'll
taste a sample of our hard work.

WAX: IT'S THE BEE'S KNEES!

Ardenwood Mindy Castle
1-2pm, Sat, Apr 21
What's the buzz about bees? Beeswax!
This secretion of waxiness is important
to both bees and humans. Illuminate your
mind as you make a candle and sample
Ardenwood's honey.

VICTORIAN TABLE TOP GAMES

Ardenwood Interpretive Staff
2-3pm, Sat, Apr 21
Ready for some old-fashioned fun? Chal-
lenge your family and friends to a game of
ball and cup, tops, or Jacob's Ladder as you
delve into our box of games from days-
gone-by.

ARDENWOOD VOLUNTEER FAIR

Ardenwood Mindy Castle
10am-3pm, Sun, Apr 22
Do you have a passion for Victorian Era
culture and dress? Join us at Ardenwood, a
historic working farm, to learn more about
being a docent in the farmyard, the Patter-
son House or the railroad. Lunch included.
Learn crafts, games, farm chores or
cooking. Lead tours through the 16-room
mansion. Help restore historic railroad
cars. Assist during special events and dress
in period-style clothing!

Contact Mindy Castle to RSVP or with any
questions: mcastle@ebparks.org. (510)
544-3285.

OLD FASHIONED BUTTER MAKIN'

Ardenwood Christina Garcia
11:30am-noon, Sun, Apr 22
Before modern grocery stores, people
needed to make their own staples at home.
Discover an easy way to make butter from
cream then sample your tasty concoction
on crackers.

BIG BREAK

Big Break Visitor Center at the Delta is open
Wed-Sun, 10am to 4pm. Info: 510-544-3050
or email BigBreakVisit@ebparks.org.

DELTA DISCOVERIES

Big Break Interpretive Staff
11am-2pm, Every Sat & Sun
Discover the wonders of the Delta
through hands on arts and crafts activi-
ties! Each week we will explore different
wetland wonders.

TESTING THE WATER

Big Break Interpretive Staff
9-10am, Every Sat & Sun
Track the health of the Delta! Using state
of the art instruments, test for dissolved
oxygen, pH, conductivity, and more. Our
results go into a regional database for use by
researchers, scientists and water managers.

BIRDING BAY POINT

Bay Point Cat Taylor
9:30am-noon, Sat, Mar 3 #20469
Join us for a morning jaunt along a 1.5-mile
loop trail to spy on wetland birds of marsh
and pond along Harrier Trail. All birding
levels welcome! Bring binoculars.
Registration is required.

BOUNTIFUL BIRDS

Big Break Interpretive Staff
2-3pm, Sun, Mar 4
Fly on in for some winged-wonder. Soar
through some fun facts about frantic
feathers, big beaks, tough talons, whistling
wings, and exquisite eggs.

BIG BREAK LITTLES

Big Break Nichole Gange
10-11am, Mon, Mar 5, Apr 2; Tue, Mar 13,
Apr 10
Bring the little ones to explore nature. In
March, we'll gaze at clouds and April we'll
play with mud. Parent/caregiver participa-
tion required. 1-5 yrs.

COFFEE TALK & DELTA NEWS

Big Break Interpretive Staff
8:30-9am, Wed, Mar 7, Apr 4
From tunnels to research projects, farm-
ing to fish stocks, the Delta is always in
the news. Stop by the Visitor Center on
the FIRST Wednesday of each month for
coffee and discussion of science and events
shaping the region.

PLANT PARADISE

Big Break Interpretive Staff
2-3pm, Sat, Mar 10
Join us for a leafy spring foliage scavenger
hunt!

ST. PATRICK'S DAY RAINBOW'S END TREASURE HUNT

Big Break Cat Taylor
10:30am-3:30pm, Sat, Mar 17
If you can trap a leprechaun, he will grant
you three wishes! Build your own inge-
nious trap, then follow the leprechaun's
clues through a wild wetland wander to
the elusive treasure! Drop in anytime
between 10:30am and 3:30pm.

LOVELY BUGS & LADY BEETLES

Big Break Nichole Gange
10-11am, Sun, Mar 18, 25
Why do farmers love lady bugs' ferocious
appetites while birds can't stomach this
beetle? Join us as we explore bugs around
Big Break.

WETLAND WALK

Big Break Interpretive Staff
2-3pm, Sun, Mar 18
Feel the contours on cottonwood bark,
listen for marsh wrens and watch cattail
seeds travel away in the wind as winter
gives way to spring.

ASPARAGUS EXPLORATION

Big Break Interpretive Staff
2-3pm, Sat, Mar 24
Explore this land's past as we search for
asparagus on this former, now flooded,
farm.

THURSDAY BIRDING: RAPTOR BASELINE

Various Parks Mike Moran
9-11:30am, Thu, Mar 29 #20425
9-11:30am, Thu, Apr 26 #20426
The morning (eastern) side of Mount
Diablo hosts a magnificent array of birds
of prey; hawks, falcons, eagles. Help us
document their variety and numbers in this
fun, social, citizen science research project.
No experience necessary – we'll teach
you how to identify these birds. **Mar 29:**
Marsh Creek; **Apr 26:** Round Valley.
Registration is required.

SNIPE HUNT

Big Break Interpretive Staff
2-3pm, Sun, Apr 1
No fooling! Let's search the wetlands for
this elusive bird. We don't often find it-
all the more reason to look!

CALLING ALL ARTISTS! PLEIN

AIR DAY ☞
Big Break Cat Taylor
8am-12:30pm, Sat, Apr 7 #20468
Spend a day landscape painting under ex-
pansive Delta skies. Check in anytime after
8 am. Bring your artwork back at noon for
viewing and refreshments. Some student-
grade supplies available.
Registration is required.

WONDERS OF WEATHER

Big Break Interpretive Staff
2-3pm, Sat, Apr 7
Bring on the sunshine, snow, wind and rain!
Let's explore how weather changes and
how it effects the Delta.

ARACHNID ADVENTURES

Big Break Interpretive Staff
2-3pm, Sun, Apr 15
Our eight-legged residents are prowling
the park? for food! Learn about spiders and
join us in fun arachnid activities!

SCAT TRACK FEVER

Big Break Interpretive Staff
2-3pm, Sat, Apr 21
Discover what animals roam our wetlands!
Become a Big Break detective by examin-
ing clues left behind by the animals hidden
amongst the trees and tules.

EARTH DAY RESTORATION – DUNES & WETLANDS

Big Break Cat Taylor
2:30-4:30pm Sat, Apr 21 #20417
Celebrate our home planet during this
annual terrestrial celebration and day
of service! Bring water, work gloves,
hat, dress for the weather and prepare
for general grubbiness. Registration is
required.

EARTH DAY CITIZEN SCIENCE – BATWATCH!

Big Break Cat Taylor
7-9:15pm Sat, Apr 21
Bats at Big Break? Tonight, let's find
out which bats call this place home as
we monitor a foraging location. Bring a
flashlight and chair. Dress in dark, quiet
clothing.

MACRO MAYHEM

Big Break Interpretive Staff
2-3pm, Sun, Apr 29
Explore the incredible world of water
bugs. Collect and identify plankton and
macroinvertebrates to discover their im-
portant role in the wetland ecosystem.

Healthy Parks Healthy People: Bay Area

Monthly activities and outings that provide safe, low-impact physical activity and improve health and well-being of all Bay Area residents, through regular use and enjoyment of the Regional Parks. Look for **HPHP**.



March 2018

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4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

1

Ardenwood: Animal Feeding

2

Ardenwood: Animal Feeding

3

Ardenwood: Hens Lay Eggs, Fun With Felting, Clothespin Dolls, Brewing On The Farm: A Homebrewing Workshop, Learn The Ropes, Animal Feeding, Bay Point Shoreline: Birding Bay Point

Big Break: Testing The Water, Delta Discoveries

Coyote Hills: Discovery Days

Crab Cove: Family Nature Fun Hour, Fish Feeding Time

Sunol: Wild Wonders, Incredible Edible Nature, Nature Journaling: Skull Detection & Artistry

Tilden Nature Area: Farm Chores For Littles, Cordage-From Plant to Animal

4

Ardenwood: Wake Up The Farm, Meet The Bunnies, Rope Making & Hay Hoisting, Animal Feeding

Big Break: Testing The Water, Delta Discoveries, Bountiful Birds

Coyote Hills: "Snakes, Sstories and Sspirals", Discovery Days, Stories of the Past: Stone Tools

Crab Cove: Kids Storytime and Nature Exploration, Family Nature Fun Hour, Fish Feeding Time

Sunol: Animal Feeding

Tilden Nature Area: Talk With The Animals, You Otter Care

5

Big Break: Big Break Littles

6

MLK Jr. Shoreline: Hikes for Tykes
Vargas Plateau: Weekday Bird Walk

7

Ardenwood: Toddler Time

Big Break: Coffee Talk & Delta News

Lake Chabot: Kayaking for Folks 50+

8

Ardenwood: Animal Feeding

9

Ardenwood: Animal Feeding

10

Ardenwood: Barnyard Buddies, Yarns About Wool, Garden Chores For Kids, Rabbit Rendezvous, Animal Feeding

Big Break: Testing The Water, Delta



Discoveries, Plant Paradise

Coyote Hills: Macrophotography Workshop, Discovery Days, Cart of Curiosities

Crab Cove: Nature Party-Bay Critters, Nature Party-Reptiles, Family Nature Fun Hour, Fish Feeding Time

Del Valle: Rocky Ridge Visitor Center: Fishing - Trout Basics

Leona Canyon: Saturday Strolls

Redwood: Llamas - Mystics of Andes

Sunol: Wild Wonders

Tilden: South Park Wander

Tilden Nature Area: Farm Chores For Littles

11

Ardenwood: Spring Gardening, Corn Mosaics, Stilt Walkers, Animal Feeding

Big Break: Testing The Water, Delta Discoveries

Coyote Hills: Discovery Days, Stories Under an Oak

Crab Cove: Nature Party-Bay Critters, Reptiles, Family Nature Fun Hour, Fish Feeding Time

Del Valle: Eagle Watch, Bird Eden

Garin: Wild Edibles and Plant Uses

Point Pinole: Sunday Early-ish Birds

Redwood: Llamas - Mystics of Andes

Tilden: Fly-Fishing Introduction

Tilden Nature Area: Talk With The Animals, It's All Relative, Springy Afternoons

12

Briones: Monday Birding-Briones

Sunol: Outdoor Discoveries

13

Big Break: Big Break Littles

Crab Cove: Sea Squirts - Snake Secrets

Tilden Nature Area: Tilden Tots

15

Ardenwood: Animal Feeding

Crown Beach: Third Thursdays at the Beach

16

Ardenwood: Animal Feeding

17

Anthony Chabot: End of the Rainbow Geocache Hike

Ardenwood: Sheep Shearing Day, Animal Feeding

Big Break: Testing The Water, St. Patrick's Day Rainbow's End Treasure Hunt, Delta Discoveries

Black Diamond: Poles: Basic Hiking Skills & Techniques (1 of 2), Poles: Practice Hike (2 of 2)

Coyote Hills: Wonders of Wetlands, Discovery Days, Ohlone Village Site Tour

Crab Cove: Nature Party-Bay Critters, Nature Party-Reptiles, Family Nature Fun Hour, Fish Feeding Time

Roberts: Archery Introduction

Round Valley: Vasco Caves Regional Preserve Tour

Sunol: Wild Wonders, Nature Journaling

Tilden Nature Area: Farm Chores For Littles, Meet the Newts

18

Ardenwood: Wake Up The Farm, Meet The Bunnies, Stilt Walkers, Animal Feeding

Big Break: Testing The Water, Lovely Bugs & Lady Beetles, Delta Discoveries, Wetland Walk

Black Diamond: Wildflower Hikes

Coyote Hills: Discovery Days

Crockett Hills: Sunday Early-ish Birds

Crab Cove: Nature Party-Bay Critters, Nature Party-Reptiles, Family Nature Fun Hour, Fish Feeding Time

Leona Canyon: Birding By Ear

Sunol: Ranch Life Round-Up!, Spring Forward for Frogs

Tilden Nature Area: Talk With The Animals, Perch of Jewel Lake, Springy Afternoons in the Nature Area

19

Point Pinole: Monday Birding

Shadow Cliffs: Lakeside Littles

20

Coyote Hills: Weekday Bird Walk

Lafayette/Moraga Trail: Hikes for Tykes

21

Ardenwood: Toddler Time

Tilden Nature Area: Meet the Equinox Sun-Hike

22

Ardenwood: Animal Feeding

23

Ardenwood: Animal Feeding

24

Alameda Creek Trail: Canine Capers Walk

Ardenwood: Barnyard Buddies, Pressing Plants, Beginning Embroidery, Gorgeous Goats, Animal Feeding

Big Break: Testing The Water, Delta Discoveries, Asparagus Exploration

Brushy Peak: Vasco Caves Regional Preserve Tour

Contra Loma: Secrets of Spring Birds

Coyote Hills: Discovery Days, Budding Birders

Crab Cove: Splash into Spring & Egg Scramble, Family Nature Fun Hour, Fish Feeding Time

Del Valle: Light of Nature Photography Walk

Redwood: Llamas - Mystics of Andes

Sunol: Wild Wonders, Nature Journaling: Wildflowers!

Tilden Nature Area: Farm Chores For Littles

25

Anthony Chabot: Sunday Strolls

Ardenwood: Meet The Chickens, Corn Mosaics, Rope Making & Hay Hoisting,

Animal Feeding

Big Break: Testing The Water, Lovely Bugs & Lady Beetles, Delta Discoveries

Briones: Sunday Early-ish Birds

Coyote Hills: Skills of the Past: Fire Making, Discovery Days, Skills of the Past: Cordage Making

Crab Cove: Nature Party-Bay Critters, Nature Party-Reptiles, Family Nature Fun Hour, Fish Feeding Time

Las Trampas: Between Two Ridges

Redwood: Llamas - Mystics of Andes

Round Valley: Vasco Caves Regional Preserve Tour

Sunol: Pond Party Hike

Tilden Nature Area: Talk With The Animals, Springy Afternoons in the Nature Area

26

Coyote Hills: Coyote Cubs - An Eggcellent Adventure, Outdoor Discoveries

Tilden Nature Area: Monday Birding

27

Crab Cove: Sea Squirts: Birds of a Feather

28

Lake Chabot: Wednesday Walks

29

Ardenwood: Animal Feeding

Marsh Creek Trail: Thursday Birding

30

Ardenwood: Animal Feeding, Garden Birds, Spring Gardening, Meet The Bunnies, Rope Making & Hay Hoisting, Beautiful Trees

31

Ardenwood: Animal Feeding

Big Break: Testing The Water, Delta Discoveries

Coyote Hills: Cart of Curiosities, Discovery Days, Nature Walk: Native Knowledge

Crab Cove: Family Nature Fun Hour, Fish Feeding Time

Round Valley: Vasco Caves Regional Preserve Tour

Sunol: Wild Wonders, Nature Journaling

Tilden Nature Area: Farm Chores For Littles, Peering Into Ponds, Almost April 1st - Fools Walk, Nature Notes

1

Ardenwood: Ride The Rails-Train Rides, Meet The Chickens, Cooking In The Country Kitchen, Patterson House Tours, Meet The Bunnies, Corn Mosaics, Stilt Walkers, Animal Feeding

Big Break: Delta Discoveries, Testing The Water, Snipe Hunt

Coyote Hills: Birding 4 Different Habitats, Discovery Days, "Eating Eggs and Nests - No Foolin!"

Crab Cove: Family Nature Fun Hour, Fish Feeding Time

Roberts: April Fools Truths & Lies Hike

Sunol: Easter at Sunol!

Regional in Nature



Tilden Nature Area: Talk With The Animals, Take a Walk On the Wild Side - Wildcat Peak Walk, Nature Exploration!

2

Big Break: Big Break Littles

3

Redwood: Hikes for Tykes

4

Ardenwood: Toddler Time

Big Break: Coffee Talk & Delta News

Tilden: Wednesday Walks

5

Ardenwood: Ride The Rails-Train Rides, Patterson House Tours, Animal Feeding

Coyote Hills: Docent Training

6

Ardenwood: Ride The Rails-Train Rides, Patterson House Tours, Animal Feeding, Tartan Day Scottish Fair 2018, Patterson House Tours, Animal Feeding

7

Big Break: Calling All Artists! Plein Air Day, Testing The Water, Delta Discoveries, Wonders of Weather

Coyote Hills: Discovery Days

Crab Cove: Native Plant and Butterfly Gardening, Family Nature Fun Hour, Fish Feeding Time

Garin: Wild Edibles and Plant Uses

Lake Chabot: Fishing - Trout Basics

MLK Jr. Shoreline: Pet First Aid & CPR

Morgan Territory: Morgan's Manzanitas

Round Valley: Vasco Caves Regional Preserve Tour

Sunol: Poles-Basic Skills & Techniques Plus Hike, Wildflower Workshop, Wild Wonders

Tilden Nature Area: Farm Chores For Littles, Wax - It's the Bee's Knees!

8

Ardenwood: Ride The Rails, Little Lambs, Cooking In The Country Kitchen, Patterson House Tours, Chores For Little Farmers, Stilt Walkers, Animal Feeding

Big Break: Testing The Water, Delta Discoveries

Briones: March Showers Bring April Flowers!

Coyote Hills: Discovery Days, Ohlone People & Culture

Crab Cove: Nature Party-Bay Critters, Nature Party-Reptiles, Family Nature Fun Hour, Fish Feeding Time

Dry Creek/Pioneer: Juan Bautista De Anza Trail Hike

Five Canyons: Sunday Strolls

Round Valley: Vasco Caves Regional Preserve Tour

Sunol: Sunol Wildflower Festival

Tilden: Fly-Fishing Introduction

Tilden Nature Area: Talk With The Animals, Nature Exploration!

9

Sunol: Outdoor Discoveries

10

Big Break: Big Break Littles

Crab Cove: Sea Squirts - Sneaky Scavengers

Tilden: The Over-The-Hills Gang

Tilden Nature Area: Tilden Tots

12

Ardenwood: Ride The Rails-Train Rides,

Patterson House Tours, Animal Feeding

Coyote Hills: Docent Training

13

Ardenwood: Ride The Rails-Train Rides, Patterson House Tours, Animal Feeding

14

Ardenwood: Hens Lay Eggs, Fun With Felting, Patterson House Tours, Beginning Embroidery, Farmyard Games, Animal Feeding

Big Break: Testing The Water, Delta Discoveries, Birding by Kayak, Kayaking

Coyote Hills: Skills of the Past: Willow Basket, Discovery Days

Crab Cove: Nature Party-Bay Critters, Nature Party-Reptiles, Family Nature Fun Hour, Fish Feeding Time

Del Valle: Boisterous Birds

Leona Canyon: Leona Canyon Native Plant Restoration

Round Valley: Vasco Caves Regional Preserve Tour

Sunol: A Walk Amongst Wildflowers, Wild Wonders, Cave Rocks - Wildflowers & Citizen Science Hike

Tilden Nature Area: Farm Chores For Littles, Animal Face Paint

15

Ardenwood: Ride The Rails, Wake Up The Farm, Cooking In The Country Kitchen, Patterson House Tours, Corn Mosaics, Stilt Walkers, Animal Feeding

Big Break: Testing The Water, Delta Discoveries, Arachnid Adventures

Coyote Hills: Ohlone Village Site Tour, Discovery Days

Crab Cove: Nature Party-Bay Critters, Nature Party-Reptiles, Gyotaku: The Art of Fish Printing, Family Nature Fun Hour, Fish Feeding Time

Round Valley: Vasco Caves Regional Preserve Tour

Shadow Cliffs: Rangers and Rigs

Tilden Nature Area: Talk With The Animals, Nature Exploration!, Water You Doing?, March Showers Bring April Flowers!

16

Shadow Cliffs: Lakeside Littles

17

Garin: Weekday Bird Walk

Lake Chabot: Hikes for Tykes

18

Ardenwood: Toddler Time

Five Canyons: Wednesday Walks

19

Ardenwood: Ride The Rails-Train Rides, Patterson House Tours, Animal Feeding

Coyote Hills: Docent Training

Crown Beach: Third Thursdays at the Beach

20

Ardenwood: Ride The Rails-Train Rides, Patterson House Tours, Animal Feeding

Redwood: Llamas - Mystics of Andes

21

Ardenwood: Farm Chores For Kids, Apple Cider Pressing, Patterson House Tours, Wax: It's The Bees Knees!, Victorian Table Top Games, Animal Feeding

Arroyo: Springtime Stargazing

Big Break: Testing The Water, Delta Discoveries, Scat Track Fever, Earth Day Restoration - Dunes & Wetlands, Earth Day Citizen Science - Batwatch

Black Diamond: Wildflower Hikes

Coyote Hills: Earth Day-Reduce, Reuse, Recycle, Discovery Days

Crab Cove: Alameda Earth Day-Coastal Clean-up, Family Nature Fun Hour, Fish Feeding Time

Del Valle: Eagle Eye View

Lake Chabot: Free Outdoor Movie Night!

Point Pinole: Earth Day Volunteers 2018

Redwood: Llamas - Mystics of Andes

Roberts: Redwood Bowmen Archery Club - Archery Introduction

Round Valley: Vasco Caves Regional Preserve Tour

Sibley: Earth Day Volunteers 2018

Sunol: Wild Wonders, Wildflowers of Sunol

Tilden Nature Area: Farm Chores For Littles, Old Fashioned Butter Makin'

22

Ardenwood: Garden Birds, Ardenwood Volunteer Fair, Ride The Rails, Meet The Chickens, Cooking In The Country Kitchen, Patterson House Tours, Rope Making & Hay Hoisting, Animal Feeding

Big Break: Testing The Water, Delta Discoveries

Black Diamond: Wildflower Hikes

Brushy Peak: Vasco Caves Regional Preserve Tour

Coyote Hills: Discovery Days

Crab Cove: Nature Party-Bay Critters, Nature Party, Minus Low Tide Walk, Family Nature Fun Hour, Fish Feeding Time

Redwood: Llamas - Mystics of Andes

Tilden Nature Area: Talk With The Animals, Lake to Lake Watershed Walk, The Earth is Our Home, Tule Float - Make a Mini Tule Boat

23

Sunol: Outdoor Discoveries - Creek Safari

April 2018

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

24

Crab Cove: Sea Squirts: Whale of a Tale
Sobrante Ridge: The Over-The-Hills Gang

25

Sunol: Wednesday Walks

26

Ardenwood: Ride The Rails-Train Rides, Patterson House Tours, Animal Feeding
Coyote Hills: Docent Training
Round Valley: Thursday Birding

27

Ardenwood: Ride The Rails-Train Rides, Patterson House Tours, Animal Feeding, Farm Chores For Kids

28

Ardenwood: Pressing Plants, Patterson House Tours, Beginning Embroidery, Farmyard Games, Animal Feeding
Big Break: Testing The Water, Delta Discoveries, Sunken Ships & Flowerpots Paddle, Sunset and Full Moon Paddle
Coyote Hills: Poles-Hiking Skills & Techniques Plus Short Hike, Ohlone Village Site Tour, Discovery Days, Poles for Balance & Maintaining Mobility

Crab Cove: Nature Party-Bay Critters, Nature Party-Reptiles, Family Nature Fun Hour, Fish Feeding Time
Del Valle: Wonderful Wildlife
Lafayette/Moraga Trail: Saturday Strolls
Round Valley: Vasco Caves Regional Preserve Tour

Sunol: City Nature Challenge 2018!, Wild Wonders
Tilden Nature Area: Farm Chores For Littles, Spider Hang-Out

29

Ardenwood: Ride The Rails-Train Rides, Little Lambs, Cooking In The Country Kitchen, Patterson House Tours, Rope Making & Hay Hoisting, Beautiful Trees, Animal Feeding
Big Break: Testing The Water, Delta Discoveries, Macro Mayhem

Black Diamond: Wildflower Hikes
Coyote Hills: Discovery Days, Leapin' Lizards
Crab Cove: Family Nature Fun Hour, Fish Feeding Time

Garin: Wildflower Hike

Huckleberry: Botanical Bloom

Sunol: Sunol to Mission Peak Hike

Tilden Nature Area: Talk With The Animals, Fun With Felt, Nature Exploration!

30

Coyote Hills: Coyote Cubs - Leapin' Lizards

Bird Walks

Garden Birds, Ardenwood, Mar 31, Apr 22, page 6
Birding Bay Point, Bay Point, Mar 3, page 6
Thursday Birding, Various Parks, Mar 29, Apr 26, page 7
Snipe Hunt, Big Break, Apr 1, page 7
Wonders of Wetlands, Coyote Hills, Mar 17, page 10
Budding Birders, Coyote Hills, Mar 24, page 10
Birding 4 Different Habitats, Coyote Hills, Apr 1, page 11
Eagle Watch, Del Valle, Mar 11, page 11
Boisterous Birds, Del Valle, Apr 14, page 12
Eagle Eye View, Del Valle, Apr 21, page 12
Weekday Bird Walk, Various Parks, Mar 6, 20, Apr 3, 17, page 13
Monday Birding, Various Parks, Mar 5, 12, 19, 26, page 13
Birding By Ear, Leona Canyon, Mar 18, page 13

BLACK DIAMOND

Greathouse Visitor Center is open 10am-4:30pm, weekends March through November. Info: (510) 544-2750 or bdvisit@ebparks.org. Programs meet in parking lot at south end of Somersville Road unless otherwise noted. Weekend parking fee: \$5.

GRAND OPENING OF EXTENDED MINE TOUR ROUTE

Black Diamond
 Noon-4:30pm, Sat, Mar 10 and Sun, Mar 11

The mine tour route has been extended! Check out the new route (ages 7+ only) on a free, self-guided tour starting at Hazel-Atlas Portal and ending, on the lower level, at Greathouse Portal. All ages are invited to enjoy above-ground activities including old-fashioned crafts and games and a self-guided Somersville history walk.

HAZEL-ATLAS SILICA-SAND MINE TOUR

Black Diamond Interpretive Staff
 Various times, weekends, Mar-Nov
 Explore the recently extended tour route on a 1-hour, guided, small-group tour. Must be 7+ years old. Reservation tours offered at 10am (only for groups of 10-15), as well as 11am and 2pm. First-come, first-served tours offered at noon and 3pm. Additional first-come, first-served tours may be offered, when demand is high and staffing permits. Reserve in advance online or by phone. Day-of ticket sales available



Reading patterns left by ancient tides at Hazel-Atlas Mine.

only at Greathouse Visitor Center, where tours begin. Fee: \$5.

WILDFLOWER HIKES

Black Diamond Willis / Dixon
 10am-noon, Sun, Mar 18, Apr 22, 29; Sat, Apr 21

Meet your local wildflowers on these hikes, over steep and rugged terrain. Chaparral (Mar 18): Search native shrubland to look for the first flowers of the season. 2 miles.

Woodland (Apr 21): Gather below oaks and pines to get to the root of this habitat's flowers. 2-3 miles.

Grassland (Apr 22): Cross open hillside prairies to find flowers that flourish in wind and sun. 2-3 miles.

Disturbed (Apr 29): Find colorful plants that thrive after slides, road building, and other disturbances. 1-2 miles.

MOON OVER STAR MINE

Black Diamond Frederickson Lane Dixon
 6:30am-10pm, Sat, Apr 28 #20395

Spring days are bright, sunny, and green. It's a subtler and quieter scene at night. Bask in the silver moonlight on an after-hours hike.

Registration is required.

COYOTE HILLS

Coyote Hills Visitor Center is open Wed-Sun, 10am-4pm. Info: 510-544-3220 or chvisit@ebparks.org.

DISCOVERY DAYS

Coyote Hills Interpretive Staff
 10:30am-3:30pm, Every Sat & Sun
 Enhance your park adventure with hands-on exploration or crafts the whole family will enjoy. Come at 10:30am for an introduction to the topic of the week, or participate at your own pace.

SSNAKES, SSTORIES & SSPIRALS

Coyote Hills Dino Labiste
 10am-noon, Sun, Mar 4
 Meet the snakes that make Coyote Hills their home. Learn about their unique adaptations and how these slithering reptiles have become part of our folklore. Create a snake spiral craft to take home.

STORIES OF THE PAST: STONE TOOLS

Coyote Hills Dino Labiste
 1:30-4pm, Sun, Mar 4
 Travel back in time and follow the progression of tool making through the story of stone. How were stone tools made? Learn about the rock cycle, flintknapping and grinding techniques to shape rocks. Examine prehistoric replicas of Stone Age technology.

MACROPHOTOGRAPHY WORKSHOP

Coyote Hills Kristina Parkison, Don Jedlovec
 9-10:30am, Sat, Mar 10 Course #19915
 Learn about the unique plants and animals of Coyote Hills while photographer Don Jedlovec teaches macrophotography for intermediate level photographers. Bring a macro lens with your digital SLR or another camera equipped for close-up photography. 12+yrs. Registration is required.

CART OF CURIOSITIES

Coyote Hills Kristina Parkison
 1-3pm, Sat, Mar 10
 9-11am, Sat, Mar 31
 The Curiosity Cart, filled with wonders of cultural and natural history, is hidden somewhere within the park. Find it and discover the secrets it shares!

STORIES UNDER AN OAK

Coyote Hills Interpretive Staff
 11am-noon & 1:30-2:30pm, Sun, Mar 11
 Settle in for story time under the canopy of a majestic oak.

WONDERS OF WETLANDS

Coyote Hills Kristina Parkison
 10-11:30am, Sat, Mar 17
 Wetlands vibrate with life – insects, mammals, fish and birds! Explore this amazing habitat with dip nets, binoculars and fun scavenger hunts. 6+yrs.

COYOTE CUBS

Coyote Hills Interpretive Staff
 10:30-11:30am, Mon, Apr 30
 Get your preschooler out and into nature! We'll play games, explore the park, and do a craft related to the theme of the day. Parent/Caregiver participation required. 3-5 years old.
Mar 26: An Eggcellent Adventure,
Apr 30: Leapin' Lizards

OHLONE VILLAGE SITE TOUR

Coyote Hills Interpretive Staff
 1:30-3:30pm, Sat, Mar 17
 10am-noon & 1:30-3:30pm, Sun, Apr 15, 28
 Walk one-half mile through vibrant marsh habitat to a more than 2,000-year-old Ohlone village site. Learn about Ohlone cultures, past to present. Tour a reconstructed shade structure, pit house and sweat house.

BUDDING BIRDERS

Coyote Hills Kristina Parkison
 1-3pm, Sat, Mar 24
 Beautiful birds abound – but how do you tell who's who? Playful activities help kids learn the basics of bird identification and foster an appreciation of our feathered friends!
 7+yrs

SKILLS OF THE PAST: FIRE MAKING

Coyote Hills Dino Labiste
 9:30am-12:30pm, Sun, Mar 25 #19927
 Ever wondered how fire was created in other cultures before matches or a lighter? Unravel the secrets of fire-by-friction, fire-by-percussion and fire-by-compression. Discover the techniques to produce a glowing ember as we practice fire making skills with hands-on activities and demonstrations. 16+yrs.
 Registration is required.

REGIONAL PARKS BOTANIC GARDEN

The Botanic Garden is open 8:30am-5pm. Info: 510-544-3169. See www.nativeplants.org for information about docent training, special events, and classes, and to sign up for e-newsletter.

CLASSES THROUGH THE FRIENDS OF REGIONAL PARKS BOTANIC GARDEN

9:30am-noon, Thu, Mar 22
 Tending a Native Garden with Katherine Greenberg.
 9am-3pm, Sat, Mar 31
 Spring Wildflowers and Restoration Ecology at Skyline Gardens with Glen Schneider.

DOCENT-LED GARDEN TOURS

Botanic Garden Visitor Center
 2pm, Sat; 11am & 2pm on Sun
 Docent-led tours start in front of the

Regional Parks Botanic Garden's Visitor Center. Rain cancels!

2018 SPRING SALE OF CALIFORNIA NATIVE PLANTS

10am-3pm, Sat, Apr 21
 Public Plant Sale at the Regional Parks Botanic Garden in Tilden Regional Park.
Friends Member's Only Plant Sale from 9am to 10am.
 Friends memberships can be purchased the morning of the plant sale, starting at 8:30am at the entrance to the plant sale. Info at: www.nativeplants.org.

SKILLS OF THE PAST: CORDAGE

MAKING

Coyote Hills Dino Labiste
2-4:30pm, Sun, Mar 25 #19934

The ability to twist, twine or braid fibers into cordage allowed indigenous cultures to tie their world together. Learn the various techniques of gathering, preparing, extracting and plying of plant materials to create cordage. Practice the efficient method of leg rolling plant fibers.

9+yrs

Registration is required.

NATURE WALK: NATIVE KNOWLEDGE

Coyote Hills Kristina Parkison
1-2:30pm, Sat, Mar 31

Ohlone peoples have lived on this land for centuries and know its secrets. We'll share some of that knowledge of plant use and animals, plus play some games Ohlone people enjoy.

7+yrs

BIRDING 4 DIFFERENT HABITATS

Coyote Hills Francis Mendoza
8:30-10:30am, Sun, Apr 1

Explore this birding hotspot as we look for ducks, songbirds and raptors in four different habitats – oak woodland, freshwater marsh, chaparral and grassland. All levels of experience welcome.

14+yrs

EATING EGGS AND NESTS – NO FOOLIN'!

Coyote Hills Francis Mendoza
2-3pm, Sun, Apr 1

Make nests out of shredded wheat, melted chocolate, and marshmallows...then eat them! We'll discover birds that make their nests out of sticks, mud, and spider webs. Please be mindful of food allergies.

2+yrs

DOCENT TRAINING

Coyote Hills Kristina Parkison
10am-noon, Thu, April 5, 12, 19, 26 #19961

We are looking for people who are excited to share the joy and enthusiasm of nature with children and the public! This training provides information about the cultural and natural history of this park, as well as tips and tricks for helping with school and public programs. Join us in helping to foster a sense of stewardship in future generations through inspiring and thought-provoking environmental education!

18+yrs

Registration is required.

OHLONE PEOPLE & CULTURE

Coyote Hills Francis Mendoza
1:30-2:30pm, Sun, Apr 8

Learn about Ohlone people and their intimate relationship with nature, family and their ancestors. Discuss the values of generosity and fairness that continue to resonate with Ohlone people today. 8+yrs

SKILLS OF THE PAST: WILLOW

BASKET

Coyote Hills Dino Labiste
10am-4:30pm, Sat, Apr 14 #19990

Willow was used by California Natives for various utilitarian baskets. What makes this versatile plant of the wetlands so unique? Learn more as we create a traditional basket from whole shoot willow.

18+yrs

Registration is required.

Fee: \$35 (non-res. \$39)

EARTH DAY: REDUCE, REUSE, RECYCLE

Coyote Hills Dino Labiste
9:30am-4pm, Sat, Apr 21

Learn about the care of our precious earth. Enjoy family fun while creating your own litter bug craft, view an environmental puppet show (starts 11:40am & 3:40pm), and play recycling games. Learn how you can make a difference!

LEAPIN' LIZARDS

Coyote Hills Francis Mendoza
1:30-2:30pm, Sun, Apr 29

Look for blue bellies and alligator lizards on this easy 1.5-mile hike. We'll learn why we have these lizards to thank, in part, for combating Lyme disease. 8+yrs

CRAB COVE

Crab Cove Visitor Center is open Wed-Sun, 10am-4pm, and offers aquariums and exhibits about San Francisco Bay. For information about naturalist programs or other activities, call (510) 544-3187, or ccove@ebparks.org.

FAMILY NATURE FUN HOUR

Crown Beach Interpretive Staff
2-3pm, Every Sat & Sun, Mar & Apr
Spend an afternoon at the Bay, make new discoveries, and enjoy a new activity each week with games, crafts, and special surprises.

FISH FEEDING TIME

Crown Beach Interpretive Staff
3-3:30pm, Every Sat & Sun, Mar & Apr
Meet crabs, fish, and sharks while they eat!

KIDS STORYTIME AND NATURE EXPLORATION

Crown Beach Michael Charnofsky
10-11:30am, Sun, Mar 4

Come for stories and songs at the Cove, looking for wildlife and washed up treasures before finishing with a nature craft.

"SPLASH INTO SPRING" & EGG SCRAMBLE

Crown Beach Interpretive Staff
10am-4pm, Sat, Mar 24

Celebrate spring! Enjoy all-day family activities including the annual egg hunt around the visitor center lawn. 10-11:30am: Visit activity stations including crafts, games, the Bunny, and music. 11:30am: Egg Scramble.

SEA SQUIRTS

Crown Beach Interpretive Staff
10:30-11:45am, Tue, Mar 13, 27,
Apr 10, 24

Share a morning of shoreline fun with your child. Play games, explore nature, sing songs, and do a craft related to the theme of the day! Ages 3-5 years. Registration is required.

Fee: \$5 (\$7 non-res.)

Mar 13: Snake Secrets #20032

Mar 27: Birds of a Feather #20033

Apr 10: Sneaky Scavengers #20035

Apr 24: Whale of a Tale #20037

1:30-2pm: "Dive" into the Bay in the Old Wharf Classroom. 2-3pm: Family Nature Fun - Incredible Eggs. 3-3:30pm: Fish Feeding. Sponsored by EBRPD, Alameda Recreation & Parks, and Alameda Rotary Club. (Rainout date: Mar 31)

MINUS LOW TIDE WALK

Crown Beach Susan Ramos
12:30-2pm, Sun, Apr 22

Pull on your boots get dirty while we search for clams, seaweed, crabs and more in our protected marine area.

GYOTAKU - FISH PRINTING

Crown Beach Susan Ramos
12:30-2pm, Sun, Apr 15

Discover the Japanese art of Gyotaku while learning about the parts of your favorite San Francisco Bay fish! Bring a T-shirt or print on a handkerchief (donation \$1.00).

DEL VALLE

All programs meet outside the Del Valle Visitor Center unless otherwise noted. The Visitor Center is closed for the season and will reopen on weekends as of May 1. Info: 510-544-3146 or dvvisit@ebparks.org.

BIRD EDEN

Del Valle Interpretive Staff
1-2pm, Sun, Mar 11

Make a bird feeder to gather birds in your own backyard before exploring the park to discover what birds make Del Valle home.

EAGLE WATCH **HPHP**

Del Valle Interpretive Staff
10am-noon, Sun, Mar 11

Bald Eagles have been a fixture at Lake Del Valle since the 90s. Discover their stories as we walk to see what is happening at their nest today.

LIGHT OF NATURE PHOTOGRAPHY WALK **HPHP**

Del Valle Interpretive Staff
9-11:30am, Sat, Mar 24 #20512

The light glistens off the lake, an acorn woodpecker darts overhead, in the distance the deer have not yet yielded the shoreline. Grab your camera and join us for

a photo friendly walk along the shoreline, discovering what natural wonders await. Registration is required.

BOISTEROUS BIRDS

Del Valle Interpretive Staff
10-11:30am, Sat, Apr 14

Enjoy a hike along the lake and into the oak hills to see and hear our feathered residents.

EAGLE EYE VIEW

Del Valle Interpretive Staff
10-11am, Sat, Apr 21, #20522

Grab your cameras and spotting scopes as we go in search of the Bald Eagles. Discover what these birds are up to as we line up the most excellent images. Registration is required.

SPRINGTIME STARGAZING

Del Valle Constance Taylor
8:15-10pm, Sat, Apr 21

Be dazzled by the constellations of the spring sky and see star clusters, nebulae, and Venus! Tri-Valley Stargazers will be here with telescopes. Bring blankets, flashlights, and dress in layers.

WONDERFUL WILDLIFE

Del Valle Interpretive Staff
10-11am, Sat, Apr 28

Come explore our wonderful wildlife, peek through a spotting scope, investigate owl boxes, and pet some pelts.

SUNOL

All programs meet at the Sunol Visitor Center unless otherwise noted. The Sunol Visitor Center is open week-ends 10am-4pm. Info: 510-544-3249 or svisit@ebparks.org.

WILD WONDERS

Sunol Interpretive Staff
11am-noon, Every Sat

Wildness awaits! Discover the wonders of the Wilderness through games, activities, crafts. Great for families of all ages.

INCREDIBLE EDIBLE NATURE

Sunol Interpretive Staff
Noon-1:30pm, Sat, Mar 3

What's growing at Sunol? Come explore nature's grocery store and learn how to forage for yummy and nutritional plants.

NATURE JOURNALING

Sunol Constance Taylor
1-4pm, Sat, Mar 3, 17, 24, 31

Use your notebook to have even more fun with nature. Unleash your creative mind while we draw and write about what we discover. No artistic skill necessary!

Mar 3: Skull Detection & Artistry. **Mar 17:** Insects All Around! **Mar 24:** Wildflowers! **Mar 31:** Knock Knock Oak.

ANIMAL FEEDING

Sunol Interpretive Staff
10:30-11:30am, Sun, Mar 4

Join us every Sunday while we feed our



WILDFLOWER WORKSHOP ^{SP}

Sunol Constance Taylor
10am-3pm, Sat, Apr 7



Take a wildflower photography hike, use a dichotomous key to identify spring blossoms, dissect flowers, and use iNaturalist to learn more about flowers and document change over time.

10am-noon - Wildflower cell phone photography hike

10am-noon - Flower dissection class

1-3pm - Dichotomous key hike

1-3pm - iNaturalist class (download free iNaturalist app before the event)

WILDFLOWER FESTIVAL ^{SP}

Sunol Interpretive Staff
10am-4pm, Sun, Apr 8

The hills are bursting with colors, as we celebrate the season. Hikes throughout the park get people into the blooms,

while games, crafts, and activities offer something for everyone on the valley floor. Off-site parking with shuttle will be provided.

A WALK AMONGST WILDFLOWERS ^{SP} **HPHP**

Sunol Interpretive Staff
11am-noon, Sat, Apr 14

Spring brings vernal pools and wildflowers. Take a hike to see what's blooming in the hillsides.

CAVE ROCKS: WILDFLOWERS & CITIZEN SCIENCE HIKE ^{SP}

Sunol Constance Taylor
Noon-3:30pm, Sat, Apr 14

Hike to beautiful Cave Rocks and look for wildflowers along the way. Use the iNaturalist app (free download before coming to Sunol) to record the flowers we see. Instruction will be provided. Bring lunch.

WILDFLOWERS OF SUNOL ^{SP}

Sunol Constance Taylor
1-4pm, Sat, Apr 21

Come for a relaxing stroll to discover spring blossoms and other signs of the season.

CITY NATURE CHALLENGE

2018! ^{SP}

Sunol Constance Taylor
10am-3pm, Sat, Apr 28 #20528

Which city has the most nature? More than 75 cities on six continents are participating to document species they find. Help the Bay Area win this year! Lunch provided.

Registration is required.

SUNOL TO MISSION PEAK ^{SP}

Sunol Ashley Adams
8am-4pm, Sun, Apr 29, #20533

Hike the beast from the East! Many have made the trek to Mission Peak but few have journeyed through the wilderness of Sunol. This 10-mile adventure on the Ohlone Trail is a one of a kind experience any Bay Area hiker won't want to miss. Registration is required. Fee: \$2.

TILDEN NATURE AREA

The Environmental Education Center is open Tue-Sun, 10am-4:30pm. The Little Farm is open daily. Info: 510-544-2233 or tnairea@ebparks.org.

CAMP OF THE WILD ^{SP}

Tilden Nature Area "Trail" Gail Broesder & Anthony Fisher

10am-4pm, Mon-Fri, Jul 9-13 #20403

10am-4pm, Mon-Fri, Jul 16-20 #20404

Get in touch with your wild side! Practice and learn ancient and useful skills. We'll build shelters, make cordage and

containers, cook over an open fire, and discover edible and useful plants. Make things! Explore! Have fun! 9-12 yrs.

Registration is required.

Fee: \$270 (non-res. \$290)

TILDEN LITTLE FARM CAMP ^{SP}

Tilden Nature Area Jenna Scimeca & Trent Pearce

10am-4pm, Mon-Fri, Aug 6-10 #20406

10am-4pm, Mon-Fri, Aug 13-17 #20407

Experience the old-time country farm lifestyle during a week of farm camp fun! We'll learn about caring for farm animals, harvesting, cooking, getting dirty, and having fun. Register early for this popular camp. 8-11 yrs.

Registration is required.

Fee: \$270 (non-res. \$290)

Limit one week of registration per child.

FARM CHORES FOR LITTLES

Tilden Nature Area Interpretive Staff
10:30-11am, Every Sat, Mar & Apr

Little children will enjoy taking care of the little animals at the Little Farm. Meet at the rabbit hutch for a variety of age appropriate activities.

CORDAGE – FROM PLANT TO ANIMAL ^{SP}

Tilden Nature Area Trail Gail
1:30-2:30pm, Sat, Mar 3

Cordage (rope & string) is one of the most used and necessary items of our lives. We'll practice creating it with 3 different materials in this basic class. 7+ yrs.

TALK WITH THE ANIMALS

Tilden Nature Area Interpretive Staff
11-11:30am, Every Sun, Mar & Apr

Get up close and personal to the animals that call the Little Farm and Nature Area home. Learn how they move, how they find their food, and how they keep safe from predators. A different animal will be featured each week. Mar 4: Pigs, Mar 11: Sheep, Mar 18: Turtle, Mar 25: Cow, Apr 1: Rabbit, Apr 8: Snake, Apr 15: Goat, Apr 22: Chicken, Apr 29: Spiders

YOU OTTER CARE ^{SP}

Tilden Nature Area Kate Holum
2-3pm, Sun, Mar 4

...About otters! Learn about these furry Jewel Lake visitors and the important role they play in the balance of nature.

EASTER AT SUNOL! ^{SP}

Sunol Ashley Adams
11am-3pm, Sun, Apr 1

Celebrate Spring at Sunol! Hop on over to the park for a day of family fun!

11am-3pm - Nature Crafts

11am-noon & 1-2pm - Lawn Games

Noon-1pm & 2-3pm - Wildflower Stroll

IT'S ALL RELATIVE ^{SP}

Tilden Nature Area Brianna Contaxis-Tucker

1-2pm, Sun, Mar 11

Albert Einstein's curiosity illustrated the relations of acceleration and gravity with atoms and molecules as conduits of energy. Come celebrate his birthday, experience some of his discoveries, and eat pi.

SPRINGY AFTERNOONS IN THE NATURE AREA **HPHP**

Tilden Nature Area Anthony Fisher
2-3:30pm, Sun, Mar 11, 18, 25

Enjoy the seasonal subtleties of nature on easy strolls. Meet at the visitor center.

TILDEN TOTS

Tilden Nature Area Trent Pearce
3-4pm, Tue, Mar 13, Apr 10

Join an indoor/outdoor nature adventure program for 3-4 year olds, each accompanied by an adult (grandparents welcome!)

MEET THE NEWTS

Tilden Nature Area Trail Gail
2-3pm, Sat, Mar 17

Rains have awakened the salamanders of the park. Search for resident newts and learn about other herpetofauna. Bring a curiosity for the slimy. Rain or shine.

PERCH OF JEWEL LAKE ^{SP}

Tilden Nature Area Kate Holum
1-2pm, Sun, Mar 18

Jewel Lake is home to one of the few remaining populations of Sacramento Perch. See our finned friends in our aquarium, learn how we protect them, and enjoy fish-related crafts.

MEET THE EQUINOX SUN – HIKE

Tilden Nature Area Trail Gail
6:15-8:30am, Wed, Mar 21

Rise with the sun on this early morning hike. We'll meet at the Nature Center and hike 3.5 miles to the peak in hopes of greeting the morning sun. Bring your own coffee! 7+ yrs

PEERING INTO PONDS

Tilden Nature Area Trail Gail
10-11:30am, Sat, Mar 31

Scoop up some pond water and peer inside the aquatic world, using nets and magnifying glasses. Look for baby dragonflies, midges, frogs and maybe even find newts!

ALMOST APRIL 1ST – FOOLS

WALK **HPHP**

Tilden Nature Area Trail Gail
1-2:30pm, Sat, Mar 31

Take a stroll around Jewel Lake and look for some of the ways that nature tries to fool us through camouflage, mimicry and other trickery.

NATURE NOTES ^{SP}

Tilden Nature Area Brianna Contaxis-Tucker

2-3pm, Sat, Mar 31

With activities and art to guide your way,

resident education critters at the Visitor Center. Learn about these animals and how their relatives live in the wild.

OUTDOOR DISCOVERIES ^{SP}

Sunol Ashley Adams
10-11:30am, Mon, Mar 12, 26, Apr 9, 23

Come explore the world around you in this hands-on preschool and home school nature series. We will discover, adventure, and create in the outdoor classroom.

4-8yrs. Registration is required.

Mar 12: Snakes of Sunol #19925

Mar 26: Spring to Life #19928

Apr 9: Flower Power #19930

Apr 23: Creek Safari #19933

RANCH LIFE ROUND-UP! ^{SP}

Sunol Ashley Adams
10am-noon, Sun, Mar 18

Step back in time as we discover what life was like on the Sunol ranch! Make your own rope, design a brand to mark your territory, play games and more!

SPRING FORWARD FOR FROGS ^{SP}

Sunol Interpretive Staff
1-3pm, Sun, Mar 18

Jump into some fun, family-friendly frog activities and a hiking adventure to celebrate amazing amphibians.

POND PARTY HIKE ^{SP} **HPHP**

Sunol Ashley Adams
10am-2pm, Sun, Mar 25

Spring has sprung! Search for life in the ponds of Sunol and find out which creatures are being monitored by EBRPD scientists and why. Moderate 3.5-mile trek.

wander through the park today, and keep a record of your stay.

TAKE A WALK ON THE WILD SIDE – WILDCAT PEAK WALK

Tilden Nature Area Trail Gail
8:30-10:30am, Sun, Apr 1
Trek to the top of the world. Bring a snack and water. Head to the peak, where we'll experience our connection to the rest of the Bay Area.

NATURE EXPLORATION! **HPHP**

Tilden Nature Area Trail Gail
2-3:30 pm, Sun, Apr 1, 8, 15, 29
Awaken your five senses and your imagination while exploring nature. Newts, tracks, & slugs, oh my! Dress to get dirty and maybe wet.

WAX: IT'S THE BEE'S KNEES!

Tilden Nature Area Jenna Scimeca
2-3pm, Sat, Apr 7
What's the buzz about bees? Beeswax! This secretion of waxiness is important to both bees and humans. Illuminate your mind as you make a candle and sample local honey.

ANIMAL FACE PAINT ♿

Tilden Nature Area Laura Graham
2-3pm, Sat, Apr 14
Do you want to be a crafty cougar or a bounding bunny? Choose a local animal you'd like painted on your face, then learn fascinating facts about that creature as you are transformed into its image.

WATER YOU DOING? ♿

Tilden Nature Area Brianna Contaxis-Tucker
2-3pm, Sun, Apr 15
Rivers to Oceans to Sky it rises and falls. Down mountains, rooftops and streets it feeds the forests and ponds. Find out where our resource of water cycles and sits.

OLD FASHIONED BUTTER MAKIN' ♿

Tilden Nature Area Jenna Scimeca
2-3pm, Sat, Apr 21
Before modern grocery stores, people needed to make their own staples at home. Discover an easy way to make butter from cream then sample your tasty concoction on crackers!

LAKE TO LAKE WATERSHED WALK

Tilden Nature Area Trail Gail
10:30am-1pm, Sun, Apr 22
Trek from lake to lake and explore the Wildcat Creek watershed. What stories might be revealed along the way? Hidden waterfalls, the start of the Park District, and more – let's go find out!

THE EARTH IS OUR HOME ♿

Tilden Nature Area Brianna Contaxis-Tucker
1:30-2:30pm, Sun, Apr 22
Happy Earth Day! Make your own carbon footprint! Hear about the heroes who have helped the earth, and gain tips and tricks for saving water, resources, and energy.

TULE FLOAT – MAKE A MINI TULE BOAT ♿

Tilden Nature Area Trail Gail
2:30-3:30pm, Sun, Apr 22
Bull Rush or Tule has many uses, one is to make boats. Make a mini tule boat, and see if it float!

SPIDER HANG-OUT ♿

Tilden Nature Area Laura Graham
1-2pm, Sat, Apr 28
Ever wonder what separates spiders from other critters? Come see our adorable eight-legged friends up close and find out what makes them extraordinary.

FUN WITH FELT ♿

Tilden Nature Area Trail Gail
11am-12:30pm, Sun, Apr 29
Stop by and make a felted creation. We'll use wool, soap and our own energy to make a unique piece. Get your hands wet while learning about wool and sheep.

OTHER PARKS

MONDAY BIRDING

Various Parks Anthony Fisher
9am-noon, Mon, Mar 5, 12, 19, 26
Birds have feathers, and most of them fly. They're amazing! **Mar 5:** Fernandez Ranch. Christie Rd. off of Hwy 4 in Martinez. Hills. **Mar 12:** Briones, Bear Creek Staging Area. Hills. **Mar 19:** Pt. Pinole, Giant Hwy Staging Area. Flat. **Mar 26:** Tilden Nature Area, meet at the Environmental Education Center Hills. Info: (510) 544-2233.

WEEKDAY BIRD WALK **SP**

Various Parks Interpretive Staff
7:30-9:30am, Tue, Mar 6, Mar 20, Apr 3, Apr 17 #20317
Share your enthusiasm for bird life on a tranquil walk through various Bay Area parklands. All levels of birding experience welcome. Bring water, sunscreen, and binoculars or scopes. 12+yrs
Mar 6: Vargas Plateau Regional Park. **Mar 20:** Coyote Hills, meet at Visitor Center. **Apr 3:** Don Edwards National Wildlife Refuge/Fremont. **Apr 17:** Garin, meet at Visitor Center. Info: (510) 544-3220.

SOUTH PARK WANDER

Tilden Trail Gail
2-3:30pm, Sat, Mar 10
South Park Drive is closed Nov 1- Mar 31, find out why and explore! Plan on some hills! Meet at the Steam Train Overflow Parking Lot. Info: (510) 544-2233.

WILD EDIBLES & PLANT USES ♿ **SP**

Garin Dino Labiste
9am-1pm, Sun, Mar 11 #20208;
Sat, Apr 7 #20211
Identify edible plants on a sprintime hike. Gather Miner's lettuce for a tasty salad, process Manzanita cider, try stinging nettle soup, snack on Pine nuts, and sample other

savory wild foods. 18+yrs. Registration is required.

SUNDAY EARLY-ISH BIRDS

Various Parks Anthony Fisher
8-10am, Sun, Mar 11, 18, 25
We concentrate on the language of the birds. **Mar 11:** Dotson Family Marsh. **Mar 18:** Crockett Hills. Meet at Crockett Ranch Staging Area. **Mar 25:** Briones, Briones Rd. Staging off Alhambra Creek Rd. Info: (510) 544-2233.

THE OVER-THE-HILLS GANG

Various Parks Trail Gail
10am-12:30pm, Tue, Mar 13, Apr 10, 24
Hikers 55 years and older interested in nature study, history, fitness, and fun are invited to join this series of monthly excursions exploring the Regional Parks. **Mar 13:** Radke Martinez Shoreline, at the end of Ferry Street. Mostly flat. **Apr 10:** Tilden Regional Park, Inspiration Point, mostly flat and paved. **Apr 24:** Sobrante Ridge, Coach Drive, hills. No facilities. Info: (510) 544-2233.

BIRDING BY EAR

Leona Canyon Michael Charnofsky
9:30-11:30am, Sun, Mar 18
Yes, it does count when you identify a bird by its song. Let's practice in this beautiful,



Northern Flicker.

diverse canyon with many bird habitats. Constant rain cancels. Directions: From HWY 580, take the Keller Ave exit and drive towards the hills for around one mile. Turn left on Campus Drive. Make the first right onto Canyon Oaks, drive towards the condos, then make an immediate left to the end of the driveway to the trailhead parking area. 8+ yrs.

VASCO CAVES REGIONAL PRESERVE TOUR

Vasco Caves Interpretive Staff
Staging from Round Valley:
9am-2pm, Sat, Mar 17 #20251, 31 #20271, Apr 7, #20351, 14 #20390, 21 #20293; Sun, Mar 25 #20264, Apr 8 #20389, 15 #20392
Staging from Brushy Peak:
9am-2pm, Sat, Mar 24 #20258; Sun, Apr 22 #20294
Hike 2-3 miles through this windswept land which is sacred to local California Indian communities and a refuge for golden eagles, fairy shrimp, and tiger salamanders. The Preserve is accessible only through guided tours staging at Round Valley or Brushy Peak. 10+yrs. Registration is required.

END OF THE RAINBOW GEOCACHE HIKE

Anthony Chabot Dill & Recreation Staff
10am-12:30pm, Sat, Mar 17 #20136
Take to the rolling green hills for St. Patrick's Day, as we embark on a modern-day treasure hunt using GPS-enabled devices that we provide. Bring small trinkets to trade on this 3-mile adventure. Ages 7+. Registration is required.

LAKESIDE LITTLES **SP**

Shadow Cliffs Ashley Adams
10-11am, Mon, Mar 19, Apr 16
Bring your little ones out and discover nature. Each month we'll explore a trail, look at bugs, search for birds, and much more. Let's get outside! Parent/caregiver participation required. 1-5yrs. Info: (510) 544-3249.

Fee: \$30 (non-res. \$34)

SECRETS OF SPRING BIRDS **SP** **HPHP**

Contra Loma Kevin Dixon
8-10am, Sat, Mar 24
Busy birds are finding food, singing and looking for mates. The lucky ones will soon be raising chicks underground, in the trees, and on the water. Info: (510) 544-2755.

CANINE CAPERS WALK ♿ **SP**

Alameda Creek Trail Kristina Parkison
9-11am, Sat, Mar 24 #20214
The restorative effect of spending time outdoors with a friend, furry or otherwise, is well-known! Join this monthly adventure to nurture our inner and outer-selves by exploring and learning about the natural world around us as we hike park trails. 8+yrs. Registration is required.

BETWEEN TWO RIDGES!?

Las Trampas Interpretive Staff
8-10am, Sun, Mar 25
Las Trampas and Rocky Ridges tower above a creek-side oasis - a cool, wet microclimate along the valley floor. Discover flora and fauna that live between two ridges. Info: (510) 544-3249.

APRIL FOOLS TRUTHS AND LIES HIKE ♿

Roberts Michael Charnofsky
10am-noon, Sun, Apr 1
Fool each other with truths and falsehoods about nature and science. Hike 3.5 moderate miles through beautiful redwood forest (that part's true) as we share, trick and guess. 10+ yrs. Info: (510) 544-3187.

MORGAN'S MANZANITAS

Morgan Territory Kevin Dixon
9am-2pm, Sat, Apr 7
Breathe deep, celebrate the glory of spring, peer into seasonal pools, and enjoy California's unique botanical treats on this sometimes steep hike. Info: (510) 544-2755.
Registration is required.

JUAN BAUTISTA DE ANZA TRAIL HIKE

Dry Creek Francis Mendoza
9-11:30am, Sun, Apr 8
Learn about the 1776 Juan Bautista De Anza Expedition from Mexico and how it impacted the Native peoples in the Bay Area on this intermediate, 3-mile hike. Some steep grades. 15+yrs.

MARCH SHOWERS BRING APRIL FLOWERS!

Various Parks Trail Gail
9-11:30am, Sun, Apr 8, 15
Walk with a naturalist and search for summer blooms! **Apr 8:** Briones, Alhambra Creek Staging Area. **Apr 15:** Tilden Regional Park, Steam Trains Overflow parking lot. Info: (510) 544-2233.

RANGERS AND RIGS ^{SP}

Shadow Cliffs Interpretive Staff
10am-4pm, Sun, Apr 15
Bring the family and explore what it takes to work in our parks. Kids can get in the rigs, and try their hand at ranger jobs. From police and firefighters to carpenters and educators, park employees do it all. Staff will be on hand to help everyone explore, and answer questions about working for the parks. Info: (510) 544-3249.

SATURDAY & SUNDAY STROLLS ^{SP}

Various Parks Interpretive Staff
10am-noon, Sat, Mar 10 & Apr 28;
Sun, Mar 25 & Apr 8.

Wake up and walk into nature. Each week we will explore a different park and the natural wonders within. Hikes range from two to five miles. Great for families. Dogs welcome on most hikes. See www.ebparks.org/parks for maps and directions.

Mar 10: Leona Canyon (Canyon Oaks Dr.) Discover what the winter rains have brought to this creek side trail on a 3-mile hike.
Mar 25: Anthony Chabot (Bort Meadow Staging Area) Celebrate spring surrounded by meadow, forest, and stream on a 3-mile loop.
Apr 8: Five Canyons Open Space (Deer Canyon Trailhead) New location! Take a 2+ mile moderate hike into a charming oak-covered canyon. Sorry no restroom facilities available. **Apr 28:** Lafayette-Moraga Regional Trail (St. Marys Road Staging Area) Observe wildlife and impressive landscapes along Las Trampas Creek, 3 miles round trip.

HIKES FOR TYKES ^{SP} **HPHP**

Various Parks Interpretive Staff
10:30-11:45am, Tue, Mar 6, 20, Apr 3, 17

Enjoy some nature before naptime with your young child! Join a naturalist as they take you over hill and dell to explore the Regional Parks. Tools for exploration will be provided. Hikes average about one mile. Bring a snack. Strollers are not recommended for most hikes.

Mar 6: Martin Luther King Jr Shoreline (Arrowhead). **Mar 20:** Lafayette-Moraga Regional Trail. (St. Marys Road Staging Area). **Apr 3:** Redwood Regional Park (Canyon Meadow). **Apr 17:** Lake Chabot (Marina).

ALAMEDA EARTH DAY EVENT [♿]

Crown Beach Interpretive Staff
10am-3pm, Sat, Apr 21
Celebrate the Earth and its amazing natural habitats, including our beautiful Bay. Learn how to live more sustainably with fun activities and free giveaways at the City of Alameda's Washington Park (next to Crown Beach); food/beverages available for purchase. Come to Crab Cove before the main festival, from 8:30-10am to participate in a beach & pond cleanup (advance registration required: use Course #20091; students will earn community service hours.) Sponsored by the City of Alameda & EBRPD. For information, call (510) 544-3187.

WILDFLOWER HIKE

Garin/Dry Creek Francis Mendoza
8:30-11am, Sun, Apr 29
Go on a 3-mile hike through rolling hills and meadows to look for spring wildflowers. Remember not to pick any flowers so that others may enjoy them. 12+yrs. Info: (510) 544-3220.

BOTANICAL BLOOM

Huckleberry Botanic Garden Bellal Naderi and Susan Ramos
10am-noon, Sun, April 29
Discover beauty in this natural botanic garden. After the winter rains, spring is the time to find many plants blooming on a 2-mile, moderate hike through this botanical preserve. Info: (510) 544-3187.

VOLUNTEER

WILDLIFE VOLUNTEERS – "SHORE-BIRD SANCTUARY"

MLK Jr Shoreline Dave "Doc Quack"
Rienschke, Wildlife Biologist
12:30-3:30pm, Sat, Mar 3 #20571
An exciting adventure over land and water to create nesting habitat for the threat-

ened Western Snowy Plover awaits you. You will help move bulk sand and shells, pull weeds, thereby crafting ideal/idyllic courtship conditions for breeding plovers, avocets and stilts. By participating, you'll earn your "Shorebird Sanctuary" patch. Physical labor is involved with this project. Parent participation required. We recommend: outdoor clothing (long pants), hiking boots (close-toed footwear), gloves, hats, water, and sunscreen. All ages are welcome and parent participation is required. Deadline to sign-up is Feb 23.

WILDLIFE VOLUNTEERS - "BIRD-ATHON" – FUND RAISING EVENT

TBA - from a special interior Regional Park location downstream to the Bay "Doc Quack" Certified Wildlife Biologist & Friends
1/2 hour before sunrise-1/2 hour before sunset, Sat, Apr 28

Are you interested in participating in an exciting, renewing and rewarding birding adventure while helping to generate funds to support the Wildlife Volunteer Program? During this "Quest for more than 150 Birds in a Day", you will get "nose to beak" with birds, while visiting several active bird research and restorations sites. Our dawn to dusk adventure, supported by local Audubon Society Chapters, will take us through numerous locations recording the "Feathered Jewels" they contain, while generating tax-deductible donations to meet the mission of protecting and enhancing California Least Tern and Western Snowy Plover nesting habitat in the District. Space is limited. We recommend: binoculars, water, lunch and trail snacks, outdoors clothing (long pants), hiking shoes/boots (Waterproof footwear), gloves, hat, windbreaker, sweater, jacket, sunglasses, insect repellent, and sunscreen. Register by contacting Doc Quack at docquack@ebparks.org. Registration is required and must be received no later than Fri, Apr 13.

NATIVE PLANT AND BUTTERFLY GARDEN [♿]

Crown Beach Michael Charnofsky
9:30am-12:30pm, Sat, Apr 7 #20065
Help keep our wildlife-friendly gardens beautiful by pruning, weeding, mulching, and planting around the visitor center. Choose the work that inspires you. Community Service hours available for students. Snacks and refreshments served, tools provided. Heavy rain cancels. 8+ yrs. Registration is required.

ALAMEDA EARTH DAY: COASTAL CLEAN-UP [♿]

Crown Beach Michael Charnofsky
8:30-10am, Sat, Apr 21 #20091
The pond and beach need your help! Have fun with friends while picking up litter to

WEDNESDAY WALKS

Various Locations Interpretive Staff
#19886-889
9:30am, Wed, Mar 28, Apr 4, 25
Discover the natural and human history of our beautiful parklands and improve your health on a naturalist-led hike. Hikers of all ages and abilities are welcome on these fast-paced hikes. Wear sturdy footwear, bring water and dress for the weather. Heavy rain cancels.

Mar 28: Lake Chabot - Circle the lake on a moderate to strenuous 9-mile hike with a stop for lunch on the way. Meet at the Marina. Christina Garcia. **Apr 4:** Tilden Park - Hike from Inspiration Point to Volmer Peak and back. Look for wildflowers and hear the history of the peak. Trail Gail. **Apr 18:** Five Canyons - Moderate 4+ mile hike to scenic ridgelines and charming oak-covered canyons. Sorry, no restrooms available. Meet at Deer Canyon Trailhead. Susan Ramos. **Apr 25:** Sunol - Take a peek at Mother Nature's bloomers. See plenty of gorgeous wildflowers on a moderately-strenuous 5-mile loop hike on the Canyon View trail. Meet at Green Barn Visitor Center. Christina Garcia.

help wildlife and make our environment more beautiful. Students earn community service hours. Stay and enjoy the Alameda Earth Day event afterwards! 4+ yrs. Registration is required.

LEONA CANYON NATIVE PLANT RESTORATION

Merritt College Parking Lot E Michael Charnofsky
10am-2pm, Sat, Apr 14 #20342
Volunteers are needed to help protect featured native plants by pulling non-native invasive grasses and shrubs, focusing around the stations of the self-guided "Local Indian Uses of Plants" trail. Lunch, tools and gloves provided. Community service hours available for students. Rain or shine. 10+ yrs. Registration is required.

THIRD THURSDAYS AT THE BEACH

Crown Beach Staff
10am-noon & 1-3pm, Thu, Mar 15 & Apr 19
Volunteers are needed in our Demonstration Garden to help with maintenance, including weeding, pruning, mulching and other park projects. One-time or on-going help welcome. Please wear long pants, closed-toe shoes and a hat. Bring a water bottle.

VISITOR CENTERS

ARDENWOOD

34600 Ardenwood Blvd.
Fremont, CA
(510) 544-2797

BIG BREAK

69 Big Break Road
Oakley, CA
(510) 544-3050

BLACK DIAMOND MINES

5175 Somersville Road
Antioch, CA
(510) 544-2750

BOTANIC GARDEN

Tilden Regional Park
Berkeley, CA
(510) 544-3169

COYOTE HILLS

8000 Patterson Ranch Rd.
Fremont, CA
(510) 544-3220

CRAB COVE

1252 McKay Avenue
Alameda, CA
(510) 544-3187

DEL VALLE

7000 Del Valle Road
Livermore, CA
(510) 544-3146 summer weekends
only; 544-3249

GARIN

1320 Garin Avenue
Hayward, CA
(510) 544-3220

SUNOL-OHLONE

P.O. Box 82 (on Geary Road)
Sunol, CA
(510) 544-3249

TILDEN NATURE AREA

Environmental Education
Center (EEC) at Tilden
Regional Park
Berkeley, CA
(510) 544-2233

SWIM FACILITIES

1-888-327-2757, option 3

LAKE ANZA

Tilden Regional Park
Berkeley, CA | ext. 4563

CASTLE ROCK

1700 Castle Rock Road
Walnut Creek, CA | ext. 4515

CONTRA LOMA

1200 Frederickson Lane
Antioch, CA | ext. 4518

CULL CANYON

18627 Cull Canyon Road
Castro Valley, CA | ext. 4523

DEL VALLE

7000 Del Valle Road
Livermore, CA | ext. 4524

DON CASTRO

22400 Woodroe Ave.
Hayward, CA | ext. 4527

QUARRY LAKES

2100 Isherwood Way
Fremont, CA | ext. 4552

ROBERTS POOL

10570 Skyline Blvd.
Oakland, CA | ext. 4555

SHADOW CLIFFS

2500 Stanley Blvd.
Pleasanton, CA | ext. 4557

LAKE TEMESCAL

6502 Broadway Terrace
Oakland, CA | ext. 4561

How to Register • Fee Payment

Many programs do not require registration. Simply join the instructor at the location indicated in the program description. Call the phone number listed for further information.

For programs that indicate "Registration is required," register by calling 1-888-EBPARKS (1-888-327-2757), option 2, or by calling the number listed.



ONLINE registration is available if the program title displays this symbol: Go to www.ebparksonline.org. When registering online, use the course code printed next to the program date(s).

WALK-IN: Come to the District Headquarters between 8:30am and 5pm Mondays through Fridays. We are located at 2950 Peralta Oaks Court in Oakland, next to the Dunsmuir House and south of the Oakland Zoo off I-580. See map below.

BY PHONE: Phone registration requires a VISA or Mastercard. The Reservations Office is open between 8:30am-4:00pm Mondays through Fridays (closed weekends and holidays). Call 1-888-EBPARKS (327-2757) and select option 2. TRS Relay for the Hearing Impaired: 7-1-1.

BY MAIL: Call the Reservations Office at 1-888-EBPARKS (327-2757) option 2, to request a mail-in registration form. Registration is payable by check only up to 15 days before the program.

FEE PAYMENT: Fees must be paid in full at the time of registration.

Fees may be paid by money order, VISA, Mastercard, cash, or pre-printed check for walk-in registration. Make checks payable to **EBRPD**. Programs registered in the parks may be paid for by check up until the day of the program if space is available. Returned checks will be charged a \$25 Returned Check charge. **Non-resident fees** apply to anyone living outside Alameda or Contra Costa counties. Parking or park entrance fees may be charged depending on program time and location. Ardenwood entrance fees vary depending on the event or activity. Confirm all fees when registering for a program.

CREDIT CARDS:

VISA and Mastercard are accepted for all fee programs except those that are registered at a park. Call the phone number in program description for info.

CANCELLATION POLICY: REFUNDS/TRANSFERS: Refunds or transfers will be processed for programs canceled because registration is below the minimum enrollment at the cutoff date, or if a program is canceled due to inclement weather or instructor illness. Please allow up to three weeks for receipt of refund. **CANCELLATION POLICY:** At least five business days advance notice is necessary for a full refund. Failure to notify the Reservations Office at least five business days in advance of your cancellation will result in forfeiture of the program fee. The Reservations Office is open Monday through Friday. The last day to cancel a Saturday or Sunday program is the prior Monday.



East Bay
Regional Park District

Healthy Parks Healthy People

- Regional Parklands
- Parklands Under Development
- Other Open Space
- EBRPD Visitor Centers
- BART Station
- Regional Trails

0 10 Miles

Spring Wildflower Festival

Sunday, April 8
10 a.m. to 4 p.m.

**Celebrate the season of the birds,
bees, flowers and trees!**

- Wildflower hikes
- Arts and crafts
- Live entertainment
- Nature activities

Information: ebparks.org or
(510) 544-3249

Free admission. Parking is \$5.



East Bay 
Regional Park District

Sunol-Ohlone Regional Wilderness: 1895 Geary Road, Sunol

East Bay 
Regional Park District

Healthy Parks Healthy People

2950 Peralta Oaks Court
Oakland, CA 94605-0381
ebparks.org



Your investment of \$21 a month (\$250/year) will enroll you in the 1-in-a-Million Donor Circle. Together, 4,000 donors will raise \$1 million dollars annually to fund environmental restoration.



**REGIONAL PARKS
Foundation**
Supporting East Bay Regional Parks

Give online at: RegionalParksFoundation.org/MIL or call 510-544-2212



PARK'N IT SUMMER DAY CAMP

**Explore the Regional Parks
through field trips, art, swimming and outdoor play.**

Park'n It Day Camp is a traditional summer day camp program that takes place Monday to Friday from 9 a.m. to 4 p.m. in various East Bay Regional Parks. Camps feature hands-on experiences under the care of highly-trained staff of recreation leaders, lifeguards, and naturalists.

Registration: Open to children 5 to 12.

Cost: \$200/week. Financial Aid is available.

Register at ebparks.org/activities/daycamps

**Registration's
Open**

