

# Regional in Nature Activity Guide

MAY – JUNE 2020

East Bay   
Regional Park District  
*Healthy Parks Healthy People*



**Above:** New crew reducing fire fuels in Regional Parks. See page 2.



Be a Pup Pro! See page 3.

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East Bay   
Regional Park District

Healthy Parks Healthy People

ebparks.org

General Information  
1-888-EBPARKS or 1-888-327-2757

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Visit ebparks.org for map downloads, activity and event information, and much more!

# New Crew Reducing Fire Fuels in Parks

## MESSAGE FROM GENERAL MANAGER ROBERT E. DOYLE



The public's concern over wildfire is as great as ever...and justifiably so. In 2017, we saw the North Bay Fires in the San Francisco Bay Area, in 2018, the Camp Fire in Butte County; and in 2019, we saw some of the most extreme wind and fire weather ever recorded in the East Bay – luckily with no major fire disaster here.

Since the Oakland Fire Storm in 1991, the Park District has invested robustly in fuels reduction and wildfire readiness. Today, the District has 46 full-time and on-call firefighters, eight fire deployment stations, two helicopters capable of dropping water, and four remote weather stations.

**In 2019, we continued to invest in wildfire protection by adding an eight-person fuels reduction crew and two coordinators** who are dedicated year-round to clearing and reducing fire hazards in our parks.

### Wildfire protection enhancements:

- Helping establish the North Orinda Shaded Fuel Break from Briones Regional Park near Lafayette to Tilden Regional Park near Orinda.

- Thinning and removing overgrown vegetation on 800 acres using goats, mowers, and new fuels crew.
- Working with FEMA to remove or reduce hazardous vegetation in nine designated sites.
- Removing eucalyptus on two acres near homes and power lines in Wildcat Canyon.
- Removing 92 large, hazardous trees for park safety and fuels reduction.

### Support Our Four-Hoofed Firefighters:

Grazing cattle also play an important role in wildfire protection by reducing vegetation and fire risks. Please take a look at our Be A Pup Pro

educational campaign (next page), which we recently launched to encourage visitors to follow the dog rules, including leashing up around cattle.



## Trailblazing Women of the East Bay Regional Park District



Dr. Reinhardt



Carol Severin



Jean Siri

The year 2020 marks the 100<sup>th</sup> anniversary of women's right to vote. The Park District is showcasing several women whose contributions in park management and environmental conservation have made the District one of the strongest in the nation.

Our trailblazing women have ranged from Dr. Aurelia Henry Reinhardt, President of Mills College, who advocated for the founding of the Park District and served on its first board of directors; and modern-day Board directors such as recreation and access-for-all visionary Carol Severin

and environmentalist Jean Siri. Women continue to play a vital role in the success of the Park District, and, today they represent half of the Park District's staff in executive, legal, finance, human resources, construction, park operations, and naturalist roles.



#PupPro

## Be Respectful, Share Your Parks

The East Bay Regional Park District manages 73 Regional Parks within 125,000 acres in Alameda and Contra Costa counties. The Park District is one of the most dog-friendly districts in the nation and welcomes dogs with both on-leash and off-leash options in designated areas of the parks.

Dog owners comprise one of the largest user groups, and a recent survey showed dog walking was the preferred activity among 39% of respondents, second only to hiking.

To keep trails and parks enjoyable for everyone, including pups and park-goers, the District has begun a public information campaign to encourage all visitors to be respectful and share their parks.

“Being out in nature with our dogs is a huge benefit, for us and for them,” says Mary Barnsdale, a board member of Point Isabel Dog Owners. “It’s on us to keep the parks clean, respect wildlife, and be sensitive to the needs of other park users.”

Sallie and Cali (dog)  
Anthony Chabot  
Regional Park



Follow these tips to be a Pup Pro:

- Bag then Bin**  
(the poop)
- Leash your pup in designated areas**  
(parking lots, trailheads, picnic areas, paved trails, wildlife protection areas, etc.)
- Keep your dog safe**  
(leash up around cattle and horses)

Visit [www.ebparks.org/PupPro](http://www.ebparks.org/PupPro) for a quick guide to the dog rules.

## New Judge John Sutter Regional Shoreline Park Set to Open

A new 45-acre shoreline regional park is set to open this June in Oakland at the eastern touchdown of the Bay Bridge. The park – named Judge John Sutter Regional Shoreline after East Bay civic and environmental leader and former Park District board member John Sutter – includes the historic and newly renovated Bridge Yard building for events, a recently constructed 600-foot observation pier with views of the bay, and access to the bicycle and pedestrian path on the eastern span of the Bay Bridge.



The site of the new park has an interesting history. From 1903 to 1960 it served as the base of operations for the electric railway Key System that transported passengers around the East Bay and across to San Francisco via the lower deck of the Bay Bridge. A substation located at the site provided electrical power to all of the Key System trains.

The site was also part of the Oakland Army Base, which served as a transportation port and distribution terminal for the Pacific from 1941 to 1999, before it closed.

### Historic Bridge Yard Building:

The restored 1930s-era Bridge Yard building, which was operated as the maintenance facility for the Key System trains, will serve as the future recreational anchor and activity hub for the park with interpretive and recreational programming, equipment rentals, food concessionaires, and space for events and conferences, including public events. The 24,000 square-foot building was renovated by Caltrans and the Bay Area Toll Authority (BATA) and has been leased to the Park District by Caltrans.

### Bay Observation Pier:

A 600-foot observation pier was recently completed by BATA atop six pilings from the old Bay Bridge. The pier provides spectacular Bay views and connects visitors to the site’s transportation history.

### Bay Bridge Trail Access:

The new park also provides parking and access to the Alexander Zuckermann Bay Bridge Trail, which crosses the Bay Bridge to Yerba Buena Island and Treasure Island.

Judge John Sutter Regional Shoreline is an example of multi-agency collaboration between Caltrans, BATA and the Park District, and a result of the Park District’s long-time efforts to reclaim the shoreline for public use.

Next time you go over the Bay Bridge, keep an eye out for visitors enjoying the Bay Area’s newest shoreline park.



## Health Matters

KAISER PERMANENTE AND EAST BAY REGIONAL PARK DISTRICT ARE PROUD PARTNERS WITH THE MUTUAL GOAL OF PROMOTING HEALTH AND FITNESS.

### Walk for Better Health!

Walking outdoors is one of the best things you can do for your heart. Cardiovascular benefits include improving your heart’s endurance and performance. Reducing heart attacks by 86% (combined with healthy lifestyle choices). Reducing risk of stroke by up to 50%.

Healthy Parks Healthy People Healthy Parks Healthy People Healthy



## SUMMER PROGRAMS FOR YOUTH



Students practice starfish floats, a key skill in water safety.

### SWIM LESSONS

Offered at Contra Loma Lagoon and Roberts Pool. Swim Lessons are a great start to a safe, fun summer around the water. We offer a wide range of American Red Cross swim levels for ages 6 months through teens (Adult Lessons offered at Roberts). Both locations classes meet Mon-Thu for two weeks. Reserve your spot by signing up now.

For more info on dates, times, and class descriptions, visit [www.eblifeguard.org/swimlessons](http://www.eblifeguard.org/swimlessons).

### JUNIOR LIFEGUARD AIDE

Learn leadership, communication, and team building skills. Participants assist instructors and act as role models to young Junior Lifeguard participants by demonstrating and teaching skills as well as setting up and leading activities as directed by the lead instructor. This is a great opportunity to get a foot in the door if you would like to be a lifeguard. Offered for ages 13-15. Applications are required, and due May 1.

For more info and an application, contact Aaron Roth at [aroth@ebparks.org](mailto:aroth@ebparks.org) or call (510) 690-6624.

### JUNIOR LIFEGUARD CADET

Offered at Lake Anza Only. This program will challenge teens ages 14-18 mentally and physically to embrace the EBRPD Lifeguard Service's core values of integrity, honesty, respect, service, and safety. Junior Cadets do this through developing skills in teamwork, professionalism, and communication. Cadets should expect daily physical fitness activities, swimming and rescue skill training, first aid lectures, emergency procedure drills and insider knowledge of how to become a lifeguard. Cadets 15+yrs. will earn a lifeguarding certificate. Applications are required and due May 1. For information and an application, contact Tyler Waespi at [twaespi@ebparks.org](mailto:twaespi@ebparks.org) or call (510) 690-6625.

## JUNIOR LIFEGUARD PROGRAM



Junior Lifeguards preparing to launch rescue boards for a simulated rescue.

### JUNIOR LIFEGUARD

Ready for fun and adventure? Our eight, one-week sessions pack loads of lifeguarding skills and engaging activities. Each session has a different theme but will always cover CPR, first aid, and water rescue skills. Offered at five facilities, this day camp meets from 9am-4pm, Mon-Fri. Scholarships available. Offered for ages 8-12. For info on dates, themes, curriculum, and more, visit [www.eblifeguard.org/juniorlifeguards](http://www.eblifeguard.org/juniorlifeguards). No onsite registration.



### PARK'N IT DAY CAMP

Mon-Fri, 9am-4pm

Jun 8-12, Temescal #28491

Jun 15-19, Temescal #28490

Jun 22-26, Don Castro #28489

Jul 6-10, Contra Loma #28494

Jul 20-24, Miller Knox #28496

Jul 27-31, Ardenwood #28493

Aug 3-7, Coyote Hills #28495

Spend a whole week exploring and playing in the Regional Parks! Recreation leaders, lifeguards, and naturalists provide caring supervision for hiking, fishing, swimming, arts & crafts, sports, and active fun in the great outdoors. 10% family discount for registration of second child of same family; only applies when both children register and pay in one transaction-either by phone or online. 5-12yrs.

Fee: \$200 (non-res. \$220)

### LEADERS IN TRAINING

Mon-Fri, 8:30am-4pm

Jun 8-12, Temescal

Jun 15-19, Temescal

Jun 22-26, Don Castro

Jul 13-17, Various

Jul 6-10, Contra Loma

Jul 20-24, Miller Knox

Jul 27-31, Ardenwood

Aug 3-7, Coyote Hills

Looking for work experience or a career in Parks & Recreation? Under staff guidance, work with other teens helping run our day camp! **LITs must first apply and interview for positions.** They will receive a tee shirt, training, 35 community service hours, and job-skills development from staff. LITs are encouraged to work for more than one camp session. Download an application at [www.ebparks.org](http://www.ebparks.org) or contact Morgan Evans, Recreation Coordinator, at [mevans@ebparks.org](mailto:mevans@ebparks.org) or (510)544-2566 for a paper copy. 13-17yrs. Fee: \$50

## RECREATION

Registration is required.

### ARCHERY - INTRODUCTION

Roberts Redwood Bowmen  
10am-noon, Sat, Jun 20 #29198  
1:30-3:30pm, Sat, May 16 #29197; Jun 28 #29199

Gain 90 minutes of archery coaching and practice at an outdoor range, with all your equipment provided. Designed for the beginner, the class starts with 30 minutes of classroom instruction. 8+yrs (adult supervision required for children ages 8-13yrs). Fee: \$50 (non-res. \$56)

### LLAMAS – MYSTICS OF THE ANDES

Reinhardt Redwood LAMAS Outfitters  
1pm-4:30pm, Sat, May 9 #29267; May 30 #29273; Jun 6 #29277  
10am-1:30pm, Sun, May 31 #29276; Jun 7 #29279

The Quechua Andeans refer to llamas as "Speechless Brothers." Learn how to groom, feed, lead, and interact positively with these specially trained llamas, under the guidance of Geo, a "Llama Michie," with over 25 years' experience. Up to two people can share one llama or reserve their own. Adult participation required for ages 8-17yrs (adult registers). Fee: \$90 per llama - 6 llamas max. per class (non-res. \$100)

### FIRST AID FOR DOGS

Crab Cove Peter Pay  
10:30am-2:30pm, Sat, May 30 #29195

Learn how to save a pet's life during an emergency, minimize a pet's trauma after injury and safely transport an injured pet to the veterinary clinic. This program focuses on basic first aid, including wounds, fractures, choking, cardiac emergency and snake bites. Additional \$5 material fee for book "First Aid for Dogs" required at time of class. 12+yrs.

Fee: \$50 (non-res. \$56) plus \$5 materials

### FLY-FISHING INTRODUCTION

Tilden Fish First!  
7am-1pm, Sun, May 10 #29150; Jun 14 #29194

This exciting and informative day is geared toward the beginning angler. Spend three hours at Lake Anza practicing casting with a certified fly-casting instructor. Then enjoy 2.5 hours of classroom instruction where you will be introduced to knots, fly selection, reading the water, and more. 12+yrs.

Fee: \$60 (non-res. \$66)

### FISHING – BASS BASICS

Contra Loma Recreation staff  
8-11am, Sat, Jun 20 #29213

Learn the basics of bass fishing including gear selection, rigging, fish behavior, and



bait selection. This course is designed for those who have some experience fishing but want additional knowledge. Ages 16+yrs require a valid California fishing license. Gear provided. 11+yrs. Adult registration/participation required with registered children (ages 11-16yrs). Fee: \$25 (non-res. \$29)

### MY FIRST FISH!

Temescal Recreation staff  
5-7pm, Wed, May 6 #29215

Come out to the lake and participate in this fun 'derby style' class where youth will have a chance to catch their first fish! Participants will learn basic techniques of fishing, including casting, bait selection, and knot tying. Ages 5-12yrs. (participants must be accompanied by an adult). No guarantee participants will catch a fish. Fee: \$15 (non-res. \$17)

## KAYAKING / BOATING



Adults enjoying kayaking while fine-tuning their paddling techniques.

Registration is required.

### KAYAKING FOR FOLKS 50+

MLK Jr Shoreline Recreation Staff  
10am-2pm, Wed, Jun 17 #29200  
Learn kayaking skills with your peers at a pace that is right for you. On land we will cover paddling techniques, equipment selection, and boat safety. Then we will practice on the water by touring San Leandro Bay by kayak. 50+yrs  
Fee: \$52 (non-res. \$58)

### DISCOVER KAYAKING

MLK Jr Shoreline Recreation Staff  
11am-3pm, Sat, Jun 20 #29212  
Curious about kayaking, but don't know how? Come learn the basics through this hands-on course that includes an on land introduction to water safety, trip planning, and paddle techniques. During the second half of the course you will practice on the water as we tour San Leandro Bay. Ages 12+yrs.  
Fee: \$52 (non-res. \$58)

### SUNSET PADDLE

Tidewater Boating Center Recreation Staff  
6-9pm, Fri, May 29 #29201; Sat, Jun 6 #29202

Relish the beauty of the sunset by kayak! We'll set off just before sunset and explore the calm waters of San Leandro Bay. Kayaks, instruction, and all associated safety gear provided. Adult participation required for ages 11-16yrs. Adult registers. 11+yrs.  
Fee: \$30 (non-res. \$34)

### BOAT TO BROOKS

Brooks Island Dolphin Charters/ Interpretive Staff  
9:00am-3:30pm, Thu, May 7 #29130;  
10am-4:30pm, Fri, May 8 #29135  
Join us for a relaxed, narrated boat ride to Brooks Island. Once anchored near the shoreline, participants will be ferried (by skiff) to the island to enjoy a naturalist-guided, two-mile hike around this beautiful preserve. Hot coffee, hot chocolate and tea are provided. 12+yrs  
Fee: \$72 (non-res. \$80)

**Registration information** – Register beginning April 1  
www.ebparks.org/register or 1-888-327-2757 (1-888-EBPARKS), option 2

## POLE WALKING & POLE HIKING

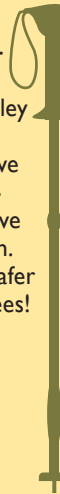
Learning how to use poles helps walkers and hikers improve endurance, posture, balance, confidence and strength, and enhances your enjoyment of the outdoors all year long. All levels focus on learning anatomically-optimal techniques to achieve desired performance while learning how to avoid joint stress or strain. Carefully select the class that suits your physical ability and inclination. **A variety of top quality poles are provided at all seminars.** Registration is required.

### POLES: HIKING SKILLS & TECHNIQUES PLUS SHORT HIKE

Coyote Hills Jayah Faye Paley  
8:30am-2pm, Sat, May 16 #28976  
Celebrate Springtime! Comprehensive training helps hikers improve performance and confidence. Uphill: Improve power, endurance, and spine function. Downhill: Develop skills for feeling safer and preserving joints - Save your knees! "Test Drive" poles on a short scenic hike; learn which poles fit you best. Registration is required.  
Fee: \$48 (non-res. \$55)

### HIKING POLES: SKILLS & TECHNIQUES + PRACTICE HIKE

Reinhardt Redwood Jayah Faye Paley  
8:30am-3pm, Sat, Jun 27 #29015  
Poles training plus a lovely Redwood hike (approximately 4 miles) on varied terrain. Learn individualized, anatomically optimal strategies for enhancing your enjoyment of the outdoors, and improving performance and confidence on the trail. Registration is required.  
Fee: \$65 (non-res. \$73)



## ARDENWOOD

Ardenwood is open Tue-Sun, from 10am-4pm. Admission fees apply. Info: (510) 544-2797, awvisit@ebparks.org

### MOTHERS' DAY ON THE FARM

Ardenwood Christina Garcia & Interpretive Staff  
11am-3pm, Sun, May 10  
Celebrate the special people in your life at the farm today. Create a lovely gift sachet or flower crown, enjoy live music and play a game of croquet or bocce ball. Treat yourselves to an elegant buffet brunch (advanced reservations required, www.ardenwoodevents.com/mothers-day) or purchase from a special a-la-carte menu at the café.

### MEMORIAL DAY FREE DAY

Ardenwood Interpretive Staff  
10am-4pm, Mon, May 25  
Celebrate the holiday with an admission-free day of fun! Help with farm chores, ride the train, and tour the Victorian farmhouse. Taste some farm-baked cookies from our outdoor wood stove, try your skills at some old-time games and visit with the goats, sheep, chickens, and bunnies.

### ANIMAL FEEDING

Ardenwood Interpretive Staff  
3pm, Thu-Sun  
Check for eggs and feed the livestock. Learn all the animals' favorite foods as we help tuck them in for the evening. Meet at the Chicken Coop.

### RIDE THE RAILS - TRAIN RIDES

Ardenwood S.P.C.R.R.  
Various times, Thu, Fri & Sun  
Railroads once connected many of the farms with towns in the East Bay. Today they still run around the farm. Journey past rows of crops and through eucalyptus groves as you travel back in time. Check the daily schedule and meet the train at Arden Station or Deer Park.

### PATTERSON HOUSE TOURS

Ardenwood Patterson House Docents  
Various times, every Thu-Sun  
Tour the beautifully restored Patterson House Museum. Discover the history of this 19-room Queen Anne Victorian farm house listed on the National Register of Historic Places which operates as a museum of local history and Victorian life. Tours are led by docents dressed in 19th century clothing and take about 45 minutes. Check for tickets at the Train Station upon your arrival. Special 15-minute tours for children 6 and under offered Thursday and Friday at 2:30pm, Saturday and Sunday at 11:30am. Info: (510) 791-4196.

## TODDLER TIME ♿

Ardenwood Interpretive Staff  
10:30-11:45am, Wed, May 6, 20, 27, Jun 3, 17, 24

Bring the tots out for an exciting morning at the farm. Hear a story, do some chores, and meet some farm friends. Little ones will enjoy a variety of activities at their own pace. We'll meet rain or shine!

A program in partnership with . . .

KAISER  
PERMANENTE® thrive



## TRAILS CHALLENGE FREE

The Trails Challenge motivates you to complete 5 featured trails by December 1!

The Trails Challenge guidebook features trails for all fitness levels as well as tips for new trail users. Free printed booklets and 50/50 cotton/polyester T-shirts are available at participating Visitor Centers (while supplies last).

Go "green" by downloading the booklet – print only what you need. See [www.ebparks.org/TC](http://www.ebparks.org/TC) for information on how to download the guidebook and other program materials including the AllTrails app. A commemorative pin will be sent (while supplies last) once you complete the Challenge and return your Trail Log.

*Kaiser Permanente is a major sponsor of this program.*



REGIONAL PARKS  
Foundation

Supporting East Bay Regional Parks

## WAKE UP THE FARM ♿

Ardenwood Interpretive Staff  
10:30-11am, Sat, May 2, 16, 30

Rise and shine little farmers! Say "Good morning!" to the sheep and goats and lend a hand as we prepare a morning snack for the farm animals.

## FUN WITH FELTING ♿ Art Music

Ardenwood Mindy Castle  
11am-noon, Sat, May 2, 23

Have some good, clean fun as we learn how felt is made from sheep's wool, and then make a felt toy to take home.

## CLOTHESPIN DOLLS ♿ Art Music

Ardenwood Mindy Castle  
1-2pm, Sat, May 2, 30

Create and dress up your own darling doll. We'll make them out of clothespins just the way they did more than 100 years ago. Meet at the Granary.

## VICTORIAN TABLE TOP GAMES ♿

Ardenwood Interpretive Staff  
2-3pm, Sat, May 2, 16, 30; Sun, May 24

Ready for some old-fashioned fun? Challenge your family and friends to a game of ball and cup, tops, or Jacob's Ladder as you delve into our box of games from days-gone-by.

## GORGEOUS GOATS ♿

Ardenwood Interpretive Staff  
10:30-11am, Sun, May 3, 17

Discover why goats are a farmyard mainstay. Lend a hand grooming our nannies and give them a snack as you learn all about these gentle farm friends.

## COOKING IN COUNTRY KITCHEN ♿

Ardenwood Interpretive Staff  
11am-1pm, Sun, May 3, 24

Stop by the Country Kitchen and take a tasty step back in time! Discover how to cook with a wood-burning stove and sample the special of the day, be it savory or sweet. Pick up an historic recipe to try.

## OLD-FASHIONED FUN

Ardenwood Interpretive Staff  
2-3pm, Sun, May 3, 17, 31; Sat, May 9, 23

Old-fashioned pastimes once included stilt walking, running with tubers (potato-spoon race), testing your strength (tug-o-war) and hopping like a bunny (sack races). Join the fun and test your skill!

## HENS LAY EGGS ♿

Ardenwood Interpretive Staff  
10:30-11am, Sat, May 9, 23

Bring the little ones to the farm to meet the chickens. We'll listen to a story, see what a hen's feathers feel like, and search the coop for eggs.

## WE ALL SCREAM FOR ICE CREAM! ♿

Ardenwood Mindy Castle and  
Christina Garcia

11am-noon, Sat, May 9, 30; 1:30-2:30pm,  
Sat, Jun 27; 12:30-1:30pm, Sun, Jun, 28  
Lend a hand cranking up a batch of this de-



Old-fashioned pastimes once included sack races, stilt walking, potato-spoon race, and tug-o-war.

## FARMYARD GAMES

Ardenwood Interpretive Staff  
2-2:30pm, Sat, Jun 6

Life on a farm wasn't all work and no play. Join us for some old-fashioned fun! Try your hand at classic American pastimes including tug-of-war and the potato-spoon race.

licious old-fashioned treat while hearing its colorful history. Victorians experimented with cucumber and fish-flavors – we'll stick to vanilla or chocolate!

## BEGINNING EMBROIDERY ♿ Art Music

Ardenwood Mindy Castle  
1-2pm, Sat, May 9, 23

Victorians loved to embroider, and you will too! Learn some basic embroidery stitches and you will be able to decorate all sorts of cloth objects. Training materials supplied.

## SWEET AS HONEY ♿

Ardenwood Mindy Castle  
11am-noon, Sat, May 16

For thousands of years, people have been enjoying bees' sweet treat. Stop by the Country Kitchen to taste some honey and sample a treat hot from the stove.

## WAX: IT'S THE BEE'S KNEES! ♿

Ardenwood Mindy Castle  
1-2pm, Sat, May 16

What's the buzz about bees? Beeswax! This secretion of waxiness is important to both bees and humans. Illuminate your mind as you make a candle and taste some Ardenwood honey.

## GOURMET POPCORN ♿

Ardenwood Interpretive Staff  
11am-noon, Sun, May 17, 31

Who knew popcorn could be gourmet? We'll spice up an old farm staple with exotic spices and flavors. Which batch will be the best? You can decide.

## ROPE MAKING & HAY HOISTING

Ardenwood Interpretive Staff  
1-2pm, Sun, May 17, 31; 11:30am-noon, Sat,  
Jun 13, 27

Make rope with our antique machine, and then see how lots of rope plus a few pulleys make hoisting hay bales into the barn loft a cinch.

## FIXIN' FEED ♿

Ardenwood Interpretive Staff  
10:30-11am, Sun, May 24, 31

Expend some elbow grease shelling and grinding a tasty treat for the sheep, goats and chickens using our antique equipment. Make a new friend when you feed them by hand.

## WALKING TALL

Ardenwood Max Cade  
1-2pm, Sun, May 24

Think you need to join the circus to handle stilts? Think again! Stop by the farm, learn about their global history, and try them out for yourself.

## FARM CHORES FOR KIDS ♿

Ardenwood Interpretive Staff  
10:30-11am, Sat, Jun 6, 13, 20, 27; Sun Jun  
7, 14, 21

Running a farm is hard work. But it's fun too! Lend a hand cracking corn and feeding the animals. You'll check the chickens and help with other morning chores.

## CORN MOSAICS ♿ Art Music

Ardenwood Interpretive Staff  
Noon-1pm, Sat, Jun 6, 20; 2-3pm, Sun,  
Jun 28

Learn how to turn our Indian corn into a fun craft for the whole family! Use the rainbow of colored kernels to make your own mosaic.



Western bluebird. Photo: Rajan67

## BIRDS OF THE FARM

Ardenwood Christina Garcia  
8-9:30am, Sat, Jun 6

The farm provides valuable habitat for a variety of birds. Let's explore the gardens, forests and fields for anything with feathers. No admission fee.



## BEAUTIFUL TREES

Ardenwood Christina Garcia  
1-2pm, Sat, Jun 6  
From Bald Cypress to Yew, lovely specimen trees fill the estate of George and Clara Patterson. Stroll the grounds, see some special trees and hear their stories.

## RABBIT RENDEZVOUS ♿

Ardenwood Interpretive Staff  
1-1:30, Sat, Jun 13, 27  
Hop on over for a warm welcome from some of the farm's furriest residents. Learn why rabbits are great hoppers and how they use their long ears to sense danger.

## OLD FASHIONED BUTTER MAKIN' ♿

Ardenwood Interpretive Staff  
11:30am-noon, Sun, Jun 7, 14, 21  
Before modern grocery stores, people needed to make their own staples at home. Discover an easy way to make butter from cream then sample your tasty concoction on crackers!

## HAY HARVESTING

Ardenwood Interpretive Staff  
1-2:30pm, Sun, Jun 7, 14, 21  
Join in the fun of an old-fashioned hay harvest! Hop into the hay wagon for a ride into the fields, then help load the freshly mown hay and haul it back to the hay boom to build a big stack. We'll discover the difference between hay and straw as we bring in this year's crop.

## LIFE ON THE FARM

Ardenwood Christina Garcia  
1:30-2:30pm, Sat, Jun 20  
Stroll around the farm with a naturalist. Peek into the outhouse and the milk house and discover what life was like 150 years ago.

## GARDEN CHORES FOR KIDS ♿

Ardenwood Interpretive Staff  
10:30-11:30am, Sun, June 28  
Our garden has been growing. Lend a hand weeding, watering and maybe planting

some seeds. Discover how to grow vegetables as we get our hands dirty.

## RAIL ADVENTURE DAY

Ardenwood S.P.C.R.R.  
10am-3:30pm, Sat, Jun 20  
This is a great opportunity to take a Saturday ride on the narrow gauge train and learn about the history of the original railroad that ran through Ardenwood. The train is operated by the nonprofit Society for the Preservation of Carter Railroad Resources ([www.sprr.org](http://www.sprr.org), [www.facebook.com/spcrrmuseum](http://www.facebook.com/spcrrmuseum)). 4+yrs. Fee: All Day Pass \$3/person plus park admission.

## BIG BREAK

Big Break Visitor Center at the Delta is open Wed-Sun, 10am to 4pm. Info: (510) 544-3050, or [BigBreakVisit@ebparks.org](mailto:BigBreakVisit@ebparks.org)

## DELTA DISCOVERIES ♿

Big Break Interpretive Staff  
11am-2pm, every Sat & Sun  
Discover the wonders of the Delta through hands on arts and crafts activities! Each week we will explore different wetland wonders.

## TESTING THE WATER ♿

Big Break Interpretive Staff  
9-10am, every Sat & Sun  
Track the health of the Delta! Using state of the art instruments, we'll test for dissolved oxygen, pH, conductivity, and more. Our results go into a regional database for use by researchers, scientists and water managers.

## SPRINGTIME SNAKES

Big Break Interpretive Staff  
2pm-3pm, Sat, May 2  
Tasting tongues and slithering scales spring into action! Come learn why these cold-blooded reptiles embrace the sunshine spring brings.

## REGIONAL PARKS BOTANIC GARDEN

The Botanic Garden is open 8:30am-5pm, Oct-May; 8:30am-5:30pm, Jun-Sep. Info: (510) 544-3169. See [www.nativeplants.org](http://www.nativeplants.org) for information about docent training, special events and classes, and to sign up for our e-newsletter. Meet at the Botanic Garden Visitor Center unless otherwise stated.

### DOCENT-LED GARDEN TOURS

2pm, Sat; 11am & 2pm, Sun  
Rain cancels.

### FAMILY-FRIENDLY TOUR

2pm, Sun, May 17  
This is a docent-led family-friendly theme tour on pollination. Dissect a California poppy, watch pollinators like butterflies at work, and learn how seeds disperse. Rain cancels.

### CLASSES THROUGH THE FRIENDS OF THE REGIONAL PARKS BOTANIC GARDEN

10am-3pm, Sat, May 2 – Spring Wildflower Field Trip to Mines Road;  
9am-1pm, Sat, May 3 – Bees: Our Champion Pollinators;  
10am-12:00pm, Sat, May 16, 30, Jun 13 – Drawing the Garden;  
10:30am-12pm, Sun, May 31 – Creating Hypertufa Containers



Park Naturalists conduct programs on a variety of subjects including Delta history and current issues, birding, wetland ecology, and general nature exploration.

## COFFEE TALK & DELTA NEWS

Big Break Interpretive Staff  
8:30-9am, Wed, May 6, June 3  
From tunnels to research projects, farming to fish stocks, the Delta is always in the news. Stop by the Visitor Center on the first Wednesday of each month for coffee and discussion of science and events shaping the region.

## MAMMALS OF THE MARSH

Big Break Interpretive Staff  
2pm-3pm, Sun, May 10  
Discover some of the Delta's furry cuties: river otters, beavers, minks, and more. Explore their similarities, differences, and adaptations to the unique habitat they call home.

## DUNES DAY RESTORATION!

Big Break Interpretive Staff  
9-11am, Sun, May 3, June 7  
Help restore a small piece of the historic dunes as we remove invasive weeds and re-establish native plants! Bring water, gloves, hat, closed-toed shoes, dress for weather and prepare for general grubbiness.

## OWL PELLET DISSECTION

Big Break Interpretive Staff  
2pm-3pm, Sat, May 16  
Join us as we explore the wild world of owls and their digestive contents. Pluck apart owl pellets to discover more about these predators' diets.

## TURTLEY AWESOME

Big Break Interpretive Staff  
2-3pm, Sun, May 24  
Let's make like turtles and take a slow stroll to explore how they make it from soft shell babies to hard shell biggies.

## THURSDAY BIRDING: RAPTOR BASELINE ♿

Various Parks Michael Moran  
9-11:30am, Thu, May 28 Big Break # 28696  
Jun 25 Round Valley # 29172  
The morning (eastern) side of Mount Diablo hosts a magnificent array of birds of prey: hawks, falcons, eagles. Help us document their variety and numbers in this fun, social citizen science research project. No experience necessary- we'll teach you how to identify these birds. Join in for one or all. Registration is required.

## BEAUTIFUL BEES

Big Break Interpretive Staff  
2-3pm, Sat, May 30  
Let's get busy about bees! We'll explore their surprising importance, make beeswax wraps to take home, then stroll about to look for our flying friends.

## SUMMER FOLIAGE

Big Break Interpretive Staff  
2-3pm, Sun, June 7  
Take in Delta's delightful colors of summer and learn about the trees in our park.

May 2020

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24	25	26	27	28	29	30
31						

**1**  
**Ardenwood:** Animal Feeding, Train Rides, Patterson House Tours

**2**  
**Alameda Creek Trail:** Bird Walk  
**Ardenwood:** Animal Feeding, Wake Up The Farm, Fun With Felting, Patterson House Tours, Clothespin Dolls, Victorian Table Top Games

**Big Break:** Testing The Water, Delta Discoveries, Springtime Snakes, Turtley Awesome Eggs  
**Black Diamond:** Hazel Atlas Mine Tours, Geology Hike

**Coyote Hills:** Discovery Days, Cart of Curiosities  
**Crab Cove:** Family Nature Fun, Fish Feeding  
**Sunol:** Wonderful Wildflower Crafts, Valley Stroll

**Tilden Nature Area:** Farm Chores For Littles, Insect Quest!, Closing the Farm

**3**  
**Ardenwood:** Animal Feeding, Train Rides, Gorgeous Goats, Cooking In The Country Kitchen, Patterson House Tours, Old-Fashioned Fun

**Big Break:** Dunes Day Restoration!, Testing The Water, Delta Discoveries

**Black Diamond:** Hazel Atlas Mine Tours, Unique Reptiles

**Coyote Hills:** Native Wildflower Hike, Discovery Days, Ohlone People & Culture

**Crab Cove:** Native Plant and Butterfly Gardening, Family Nature Fun, Fish Feeding

**Sunol:** Wildflowers of the Wilderness, Wonderful Wildflower Crafts, Animal Feeding, Valley Stroll

**Tilden Nature Area:** May Day Celebration Open House, Talk With The Animals, April Showers Bring May Flowers

**5**  
**Garin/Dry Creek:** Weekday Bird Walk  
**Oyster Bay:** Hikes for Tykes

**6**  
**Ardenwood:** Toddler Time  
**Big Break:** Coffee Talk & Delta News  
**Temescal:** My First Fish!

**7**  
**Ardenwood:** Animal Feeding, Train Rides, Patterson House Tours  
**Brooks Island:** Boat to Brooks

**8**  
**Ardenwood:** Animal Feeding, Train Rides, Patterson House Tours  
**Brooks Island:** Boat to Brooks

Regional in Nature

# Activity Calendar

**9**  
**Alameda Bay Trail:** Love Your Mother (Earth) Beach Clean-Up  
**Ardenwood:** Animal Feeding, Hens Lay Eggs, We All Scream For Ice Cream!, Patterson House Tours, Beginning Embroidery, Old-Fashioned Fun

**Big Break:** Testing The Water, Delta Discoveries, Arachnid Adventures

**Black Diamond:** Hazel Atlas Mine Tours, Snake Smarts

**Coyote Hills:** Discovery Days  
**Crab Cove:** Family Nature Fun, Fish Feeding

**Del Valle:** Wildflowers of Del Valle  
**Reinhardt Redwood:** Llamas

**Sunol:** Wild Wonders, Nature Crafts  
**Tilden Nature Area:** Farm Chores For Littles, Insect Quest!, Closing the Farm

**10**  
**Ardenwood:** Animal Feeding, Train Rides, Mother's Day On The Farm, Patterson House Tours  
**Big Break:** Testing The Water, Delta Discoveries, Mammals of the Marsh

**Black Diamond:** Hazel Atlas Mine Tours, Butterfly Spring

**Coyote Hills:** Mother Nature Day, Discovery Days

**Crab Cove:** Mother's Day Mamas, Family Nature Fun, Fish Feeding

**Point Pinole:** Trails Challenge Walks With a Naturalist

**Sunol:** Marvelous Moms!, Animal Feeding, Wild Wonders, Nature Crafts

**Tilden:** Fly-Fishing Introduction  
**Tilden Nature Area:** Talk With The Animals, Nature Around Us

**11**  
**Sunol:** Outdoor Discoveries

**12**  
**Crab Cove:** Sea Squirts: Feathered Friends  
**Sibley:** The Over-The-Hills Gang

**14**  
**Ardenwood:** Animal Feeding, Train Rides, Patterson House Tours

**15**  
**Ardenwood:** Animal Feeding, Train Rides, Patterson House Tours

**16**  
**Ardenwood:** Animal Feeding, Wake Up The Farm, Sweet As Honey, Patterson House Tours, Wax: It's The Bee's Knees!, Victorian Table Top Games

**Big Break:** Testing The Water, Delta Discoveries, Owl Pellet Dissection

**Black Diamond:** Hazel Atlas Mine Tours, Geology Hike

**Coyote Hills:** Hiking Poles: Skills & Techniques Plus Short Hike, Discovery Days, Ohlone Village Site Tour

**Crab Cove:** Saturday Stroll, Family Nature Fun: Tracks and Trails, Fish Feeding

**Del Valle:** Nature Hike  
**Hayward Shoreline:** Canine Capers Walk

**Roberts:** Archery Introduction  
**Shadow Cliffs:** Bird Island Viewing  
**Sunol:** Wild Wonders, Nature Crafts  
**Tilden Nature Area:** Farm Chores For Littles, Insect Quest!

**17**  
**Ardenwood:** Animal Feeding, Train Rides, Gorgeous Goats, Gourmet Popcorn, Patterson House Tours, Rope Making & Hay Hoisting, Old-Fashioned Fun

**Big Break:** Testing The Water, Delta Discoveries

**Black Diamond:** Hazel Atlas Mine Tours  
**Coyote Hills:** Discovery Days, Butterfly Stroll

**Crab Cove:** Family Nature Fun: Tracks and Trails, Fish Feeding

**Diablo Foothills:** Butterfly Spring  
**Garin:** Traditional Ecological Knowledge (TEK) Hike

**Las Trampas:** Transitions at Trampas  
**Roberts:** The Biggest Trees in the World?

**Sunol:** Animal Feeding, Wild Wonders, Nature Crafts

**Tilden Nature Area:** Fun With Felt, Talk With The Animals, Nature Around Us

**18**  
**Shadow Cliffs:** Lakeside Littles

**19**  
**Coyote Hills:** Weekday Bird Walk  
**Roberts:** Hikes for Tykes

**20**  
**Ardenwood:** Toddler Time  
**Carquinez Strait:** Wednesday Walks

**21**  
**Ardenwood:** Animal Feeding, Train Rides, Patterson House Tours

**Crab Cove:** Third Thursdays in the Garden

**22**  
**Ardenwood:** Animal Feeding, Train Rides, Patterson House Tours

**Del Valle:** Days of the Pioneer

**23**  
**Anthony Chabot:** Campfire Programs  
**Ardenwood:** Animal Feeding, Hens Lay Eggs, Fun With Felting, Patterson House Tours, Beginning Embroidery, Old-Fashioned Fun

**Big Break:** Testing The Water, Delta Discoveries

**Black Diamond:** Hazel Atlas Mine Tours  
**Contra Loma:** Snake Smarts

**Coyote Hills:** Discovery Days  
**Crab Cove:** Family Nature Fun, Fish Feeding

**Del Valle:** Nature Hike, Boat Tour, Night with a Naturalist

**Garin:** Opening Day  
**Sunol:** Wild Wonders, Nature Crafts

**Tilden Nature Area:** Farm Chores For Littles, Insect Quest!, Closing the Farm

**24**  
**Ardenwood:** Animal Feeding, Train Rides, Fixin' Feed, Cooking In The Country Kitchen, Patterson House Tours, Walking Tall, Victorian Table Top Games

**Big Break:** Testing The Water, Delta Discoveries, Turtley Awesome  
**Black Diamond:** Hazel Atlas Mine Tours  
**Carquinez Strait:** Butterfly Spring  
**Coyote Hills:** Ohlone Village Site Tour, Discovery Days

**Crab Cove:** Early Early Grunion Search, Family Nature Fun, Fish Feeding

**Del Valle:** Boat Tour  
**Sunol:** Animal Feeding, Wild Wonders, Nature Crafts

**Tilden Nature Area:** Trails Challenge Walks With a Naturalist, Talk With The Animals, Coloring the Animals, Nature Around Us

**25**  
**Ardenwood:** Memorial Day Free Day  
**Black Diamond:** Memorial Day Mine Tours

**Coyote Hills:** Memorial Day Open House  
**Crab Cove:** Memorial Day Open House

**Del Valle:** Boat Tour  
**Tilden Nature Area:** Memorial Day Open House

**26**  
**Crab Cove:** Sea Squirts: Fantastic Fish  
**Tilden Botanic Garden:** The Over-The-Hills Gang

**27**  
**Ardenwood:** Toddler Time  
**Morgan Territory:** Wednesday Walks

**28**  
**Ardenwood:** Animal Feeding, Train Rides, Patterson House Tours

**Big Break:** Thursday Birding

**29**  
**Ardenwood:** Animal Feeding, Train Rides, Patterson House Tours

**Del Valle:** Days of the Pioneer  
**MLK Jr. Shrelene:** Kayaking - Sunset Paddle

**30**  
**Anthony Chabot:** Campfire Programs  
**Ardenwood:** Animal Feeding, Wake Up The Farm, We All Scream For Ice Cream!, Patterson House Tours, Clothespin Dolls, Victorian Table Top Games

**Big Break:** Testing The Water, Delta Discoveries, Beautiful Bees

**Black Diamond:** Hazel Atlas Mine Tours  
**Coyote Hills:** Nectar Garden Fun Day, Discovery Days, Cart of Curiosities

**Crab Cove:** First Aid for Dogs, Family Nature Fun, Fish Feeding

**Del Valle:** Nature Hike, Boat Tour, Night with a Naturalist

**Reinhardt Redwood:** Llamas  
**Sunol:** Wild Wonders, Nature Crafts

**Tilden Nature Area:** Farm Chores For Littles, Insect Quest!, Closing the Farm

**31**  
**Ardenwood:** Animal Feeding, Train Rides, Fixin' Feed, Gourmet Popcorn, Patterson House Tours, Old-Fashioned Fun

**Big Break:** Testing The Water, Delta Discoveries



## Regional in Nature

**Black Diamond:** Hazel Atlas Mine Tours, Oak: Root, Shoot and Fruit  
**Coyote Hills:** Dust Marsh Bird Hike, Discovery Days, Ohlone People & Culture  
**Crab Cove:** Family Nature Fun, Fish Feeding  
**Del Valle:** Boat Tour, Streamside Science  
**Huckleberry:** Sunday Stroll  
**Reinhardt Redwood:** Llamas  
**Sunol:** Animal Feeding, Wild Wonders, Nature Crafts  
**Tilden Nature Area:** Native American Lifeways, Talk With The Animals, Tule Float-Make a Mini Tule Boat

**2**  
**Quarry Lakes:** Weekday Bird Walk  
**Sibley:** Hikes for Tykes

**3**  
**Ardenwood:** Toddler Time  
**Big Break:** Coffee Talk & Delta News  
**Sunol:** Wednesday Night Bat Watch

**4**  
**Ardenwood:** Animal Feeding, Train Rides, Patterson House Tours

**5**  
**Ardenwood:** Animal Feeding, Train Rides, Patterson House Tours  
**Del Valle:** Days of the Pioneer

**6**  
**Anthony Chabot:** Campfire Programs  
**Ardenwood:** Animal Feeding, Beautiful Trees, Birds Of The Farm, Farm Chores For Kids, Patterson House Tours, Corn Mosaics, Farmyard Games  
**Big Break:** Testing The Water, Delta Discoveries  
**Black Diamond:** Hazel Atlas Mine Tours  
**Coyote Hills:** Discovery Days, Ohlone Village Site Tour  
**Crab Cove:** Family Nature Fun, Fish Feeding  
**Del Valle:** Nature Hike, Boat Tour, Night with a Naturalist  
**Dry Creek:** Bird Walk  
**Martinez Shoreline:** Morning at Martinez Shoreline  
**MLK Jr. Shoreline:** Kayaking - Sunset Paddle  
**Reinhardt Redwood:** Llamas  
**Sunol:** Wild Wonders, Nature Crafts  
**Tilden Nature Area:** Farm Chores For Littles, Creek and Pond Study, Botanical Watercoloring, Insect Expeditions

**7**  
**Ardenwood:** Animal Feeding, Train Rides, Farm Chores For Kids, Old Fashioned, Butter Makin', Patterson House Tours, Hay Harvesting  
**Big Break:** Dunes Day Restoration!, Testing The Water, Delta Discoveries, Summer Foliage  
**Black Diamond:** Hazel Atlas Mine Tours  
**Coyote Hills:** 21st Butterfly & Bird Festival, Discovery Days

**Crab Cove:** Family Nature Fun, Fish Feeding  
**Del Valle:** Boat Tour  
**Reinhardt Redwood:** Llamas  
**Sunol:** Mini Grand Tour, Animal Feeding, Wild Wonders, Nature Crafts  
**Tilden Nature Area:** Chores for Little Gardeners, Talk With The Animals, Jewel Lake Goat Walk

**8**  
**Big Break:** Big Break Littles  
**Sunol:** Outdoor Discoveries

**9**  
**Big Break:** Big Break Littles  
**Crab Cove:** Sea Squirts: ABCs of Nature  
**Point Pinole:** The Over-The-Hills Gang

**11**  
**Ardenwood:** Animal Feeding, Train Rides, Patterson House Tours

**12**  
**Ardenwood:** Animal Feeding, Train Rides, Patterson House Tours  
**Del Valle:** Days of the Pioneer

**13**  
**Anthony Chabot:** Campfire Programs  
**Ardenwood:** Animal Feeding, Patterson House Tours, Rope Making & Hay Hoisting, Rabbit Rendezvous  
**Big Break:** Testing The Water, Delta Discoveries, Blissful Butterflies, Mammals of the Marsh  
**Black Diamond:** Hazel Atlas Mine Tours  
**Contra Loma:** Whose Tracks are Those?, Discovery Days, Wonders of Wetlands  
**Crab Cove:** Annual Sand Castle & Sculpture Contest, Family Nature Fun, Fish Feeding  
**Del Valle:** Nature Hike, Boat Tour, Night with a Naturalist  
**Garin:** Canine Capers Walk  
**Sunol:** Wild Wonders, Nature Crafts  
**Tilden Nature Area:** Farm Chores For Littles, Explore the Nature Area, Insect Expeditions

**14**  
**Ardenwood:** Animal Feeding, Train Rides, Farm Chores For Kids, Old Fashioned Butter Makin', Patterson House Tours, Hay Harvesting  
**Big Break:** Testing The Water, Delta Discoveries  
**Black Diamond:** Hazel Atlas Mine Tours, Oil Canyon Odyssey  
**Coyote Hills:** Discovery Days  
**Crab Cove:** Family Nature Fun: Seaweed Science, Fish Feeding  
**Del Valle:** Has the Eagle Landed?, Boat Tour  
**Reinhardt Redwood:** Sunday Stroll  
**Sunol:** Animal Feeding, Wild Wonders, Nature Crafts  
**Tilden Nature Area:** Fly-Fishing Introduction, Chores for Little Gardeners, Talk With The Animals, Magical Medicine Chest, Fun with Felting

**15**  
**Shadow Cliffs:** Lakeside Littles

**16**  
**MLK Jr. Shoreline:** Hikes for Tykes

**17**  
**Ardenwood:** Toddler Time  
**Bishop Ranch:** Wednesday Walks  
**MLK Jr. Shoreline:** Kayaking for Folks 50+  
**Sunol:** Wednesday Night Bat Watch

**18**  
**Ardenwood:** Animal Feeding, Train Rides, Patterson House Tours  
**Crab Cove:** Third Thursdays in the Garden

**19**  
**Ardenwood:** Animal Feeding, Train Rides, Patterson House Tours  
**Del Valle:** Days of the Pioneer

**20**  
**Anthony Chabot:** Campfire Programs  
**Ardenwood:** Animal Feeding, Rail Adventure Day, Farm Chores For Kids, Patterson House Tours, Corn Mosaics, Life On The Farm  
**Big Break:** Testing The Water, Delta Discoveries  
**Black Diamond:** Hazel Atlas Mine Tours  
**Carquinez Strait:** Strait Solstice Hike  
**Contra Loma:** Fishing - Bass Basics  
**Coyote Hills:** Extreme Photography, Discovery Days, Cart of Curiosities  
**Crab Cove:** Family Nature Fun: Dashing Dragonflies, Fish Feeding  
**Del Valle:** Nature Hike, Boat Tour, Dragons, Night with a Naturalist  
**MLK Jr. Shoreline:** Discover Kayaking  
**Roberts:** Archery Introduction  
**Sunol:** Wild Wonders, Nature Crafts  
**Tilden Nature Area:** Farm Chores For Littles, Creek & Pond Study, Insect Expeditions

**21**  
**Ardenwood:** Animal Feeding, Train Rides, Farm Chores For Kids, Old Fashioned Butter Makin', Patterson House Tours, Hay Harvesting  
**Big Break:** Testing The Water, Delta Discoveries, Craw-Dad Day  
**Black Diamond:** Hazel Atlas Mine Tours  
**Coyote Hills:** Discovery Days  
**Crab Cove:** Old-Fashioned Father's Day Fun, Family Nature Fun, Fish Feeding  
**Del Valle:** Boat Tour  
**Diablo Foothills:** Diablo's Dark Hollows  
**Sunol:** Fearless Fathers, Animal Feeding, Wild Wonders, Nature Crafts  
**Tilden Nature Area:** Talk With The Animals

**22**  
**Crab Cove:** Early Early Grunion Search  
**Sunol:** Outdoor Discoveries

**23**  
**Crab Cove:** Sea Squirts: Animal Olympics

## June 2020

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**Roberts:** The Over-The-Hills Gang  
**Shadow Cliffs:** How Does Our Garden Grow?

**24**  
**Ardenwood:** Toddler Time  
**Roberts:** Wednesday Walks

**25**  
**Ardenwood:** Animal Feeding, Train Rides, Patterson House Tours  
**Round Valley:** Thursday Birding

**26**  
**Ardenwood:** Animal Feeding, Train Rides, Patterson House Tours  
**Del Valle:** Days of the Pioneer

**27**  
**Anthony Chabot:** Campfire Programs  
**Ardenwood:** Animal Feeding, Farm Chores For Kids, Patterson House Tours, Rope Making & Hay Hoisting, Rabbit Rendezvous, We All Scream For Ice Cream!  
**Big Break:** Testing The Water, Delta Discoveries, Arachnid Adventures  
**Black Diamond:** Hazel Atlas Mine Tours  
**Coyote Hills:** Animal Tracking, Discovery Days, Native Knowledge Nature Walk  
**Crab Cove:** Return of the Terns, Family Nature Fun, Fish Feeding  
**Del Valle:** Nature Hike, Boat Tour, Night with a Naturalist  
**Reinhardt Redwood:** Hiking Poles: Skills & Techniques Plus Practice Hike  
**Sunol:** Wild Wonders, Nature Crafts  
**Tilden Nature Area:** Farm Chores For Littles, Creek and Pond Study, Community Garden Design, Salves Not Balms

**28**  
**Ardenwood:** Animal Feeding, Train Rides, Garden Chores For Kids, Patterson House Tours, We All Scream For Ice Cream!, Corn Mosaics  
**Big Break:** Testing The Water, Delta Discoveries  
**Black Diamond:** Hazel Atlas Mine Tours  
**Coyote Hills:** Discovery Days  
**Crab Cove:** Low Tide Exploration, Family Nature Fun, Fish Feeding  
**Del Valle:** Has the Eagle Landed?, Boat Tour  
**Sunol:** Animal Feeding, Wild Wonders, Nature Crafts  
**Tilden Nature Area:** Chores for Little Gardeners, Talk With The Animals, We All Scream for Ice Cream!

**30**  
**Encinal Beach:** Hikes for Tykes  
**Del Valle:** Boat Tour



## BIG BREAK LITTLES

Big Break Interpretive Staff  
10-11am, Mon, June 8, Tue, June 9  
Bring the little ones out to the park to explore nature. Same program both days. Dress to get dirty!

## BLISSFUL BUTTERFLIES

Big Break Interpretive Staff  
2-3pm, Sat, June 13  
Who's the king of the insects? The Monarch! Flutter on in to explore the kingdom of butterflies!

## CRAW-DAD DAY

Big Break Interpretive Staff  
2-3pm, Sun, June 21  
Bring your crawl-daddies and the rest of the family! Time for some fun exploration of our macro-invertebrate friends and their role in our wetland ecosystem!

## ARACHNID ADVENTURES

Big Break Interpretive Staff  
2-3pm, Sat., June 27  
Our eight-legged residents are prowling the park...for food! Drop by to learn spiders and join us in some fun arachnid activities!

## BLACK DIAMOND

Greathouse Visitor Center is open 10am-4:30pm, weekends March through November. Info: (510) 544-2750 or [bdvisit@ebparks.org](mailto:bdvisit@ebparks.org). Programs meet in parking lot at south end of Somersville Road unless otherwise noted. Weekend parking fee: \$5.

### HAZEL-ATLAS SILICA-SAND MINE TOUR <sup>SP</sup>

Black Diamond Interpretive Staff  
Various times, weekends, Mar-Nov  
Explore a restored sand mine before descending the great staircase to the new coal mine exhibit on this 90-minute, small-group tour. Must be 7+ years old. Reservations offered at 10am (only for groups of 10-15), 11am, and 2pm. First-come, first-served tours may be offered when demand is high and staffing permits. Reserve in advance online or by phone. Day-of ticket sales available at Greathouse Visitor Center.  
Fee: \$5

### COAL MINE EXPERIENCE TOUR <sup>SP</sup>

Black Diamond Interpretive Staff  
Various times, weekends, Mar-Nov  
Delve deeper into coal mining history on this 30-minute, small-group coal mine experience tour. Discover the sights and sounds of the Mt. Diablo Coal Field. Must be 7+ years old. Reservations at 10am. Reserve in advance online or by phone. First-come, first-served tickets may be offered. Call ahead for availability.  
Fee: \$3

### GEOLOGY HIKE <sup>SP</sup> **HPHP**

Black Diamond Ashley Adams  
9:30-11:30am, Sat May 2 & May 16  
Dig deep into the geology of Black Diamond Mines! Join us as we hike along valleys and canyons while we learn about sandstone, coal, fossils, and more! 7+yrs

### UNIQUE REPTILES OF BLACK DIAMOND <sup>SP</sup>

Black Diamond Kevin Dixon  
9:30am-noon, Sun May 3  
Alameda whipsnakes, California whiptails, and variegated skinks call this park home. Come learn together and see if you can meet them where they live. Hills are steep!  
8+yrs

### SNAKE SMARTS <sup>SP</sup>

Various Locations Virginia Delgado-Martinez  
11:30am-12:30pm, Sat May 9, Black Diamond

May 23, Contra Loma: Swim Area  
Reptile season is in full swing. Meet two resident snakes and learn how to safely share the trails with them and other scaly friends. 5+yrs

### BUTTERFLY SPRING <sup>SP</sup>

Various Locations Kevin Dixon  
9-11:30am, Sun May 10, 17, & 24  
Where do butterflies go in winter? What do they want when they return? Join us for one program, or all three, to meet these quiet beauties in their summer homes. Moderate distances. May include steep terrain. Bring binoculars, if you have them.  
May 10: Black Diamond, end of Somersville Road, \$5 parking fee. May 17: Diablo Foot-



Western Tanager at Ardenwood. Photo: Scott Severn

## BIRD WALKS

**Thursday Birding**, Various Parks, May 28, Jun 25, page 7  
**Dust Marsh Bird Hike**, Coyote Hills, May 31, page 11  
**Weekday Bird Walk**, Various Parks, May 5, 19, & Jun 2, page 13  
**Bird Walk**, Various Parks, May 2, page 13  
**Bird Island Viewing**, Shadow Cliffs, May 16, page 14

hills, Orchard Staging Area. May 24: Carquinez Strait, Nejedly Staging Area. 8+yrs.

### MEMORIAL DAY MINE TOURS <sup>SP</sup>

Black Diamond Interpretive Staff  
11am-4pm, Mon May 25  
Hazel-Atlas Mine — On Memorial Day, 60-minute tours of Hazel-Atlas mine will be offered on a first-come, first-served basis at 11am, noon, 1pm, 2pm, and 3pm. Tickets available at Greathouse Visitor Center. 7+yrs. Parent participation is required.

### OAK: ROOT, SHOOT AND FRUIT <sup>SP</sup>

Black Diamond Interpretive Staff  
9:30-11:30am, Sun May 31  
We at Black Diamond treasure our oaks and all the creatures they provide for. We'll share some of their secrets and visit with them in their hillside homelands. 6+yrs

### OIL CANYON ODYSSEY <sup>SP</sup> **HPHP**

Black Diamond Kevin Dixon  
6-10pm, Sun June 14 #29146  
End of Frederickson Lane — Our park is known not just for its black diamond, but also for its black gold. Wander out into Oil Canyon, past a methane spring, and return along Sand Creek. 10+yrs. Registration is required.

## COYOTE HILLS

Coyote Hills Visitor Center is open Wed-Sun, 10am-4pm. Meet at Visitor Center unless otherwise stated. Info: (510) 544-3220 or [chvisit@ebparks.org](mailto:chvisit@ebparks.org).

### DISCOVERY DAYS <sup>SP</sup> <sup>Art</sup> <sup>Music</sup>

Coyote Hills Interpretive Staff  
11am-3:30pm, every Sat & Sun  
Enhance your park adventure with hands-on exploration or crafts the whole family will enjoy.

### CART OF CURIOSITIES <sup>SP</sup> <sup>Art</sup> <sup>Music</sup>

Coyote Hills Kristina Parkison  
1:30-3pm, Sat, May 2, 30, Jun 20  
The Curiosity Cart, filled with wonders of cultural and natural history, is hidden somewhere within the park. Find it and discover the secrets it shares!

### NATIVE WILDFLOWER HIKE <sup>SP</sup> **HPHP**

Coyote Hills Francis Mendoza  
10-11:30am, Sun, May 3  
Go on a moderate 2-mile hike around the hills as we look for native wildflowers such as lupines, poppies, and blue-eyed grass. Bring water, sunscreen, and a snack. Heavy rain cancels. 12+yrs

### OHLONE PEOPLE & CULTURE <sup>SP</sup> <sup>Art</sup> <sup>Music</sup>

Coyote Hills Francis Mendoza  
1-2:30pm, Sun, May 3 & 31  
Learn about Ohlone people and their intimate relationship with nature, family, and their ancestors. We'll discuss the important values of generosity and fairness that continue to resonate with Ohlone people today. 8+yrs

## 21ST ANNUAL BUTTERFLY & BIRD FESTIVAL <sup>SP</sup> <sup>Art</sup> <sup>Music</sup>



Coyote Hills Interpretive Staff  
10am-3:30pm, Sun, Jun 7  
Join us for a fun time at the 21st Annual Butterfly & Bird Festival. The special event is dedicated to increasing the numbers and species of butterflies and birds in Bay Area landscapes. Spend a day of adventure and learning that allows you to get close to nature's flying critters. Enjoy garden tours, hands-on family activities, educational speakers, photo presentations, and music. Learn how to bring your backyard to life by creating wildlife-friendly habitats!

### MOTHER NATURE DAY <sup>SP</sup> <sup>Art</sup> <sup>Music</sup>

Coyote Hills Francis Mendoza  
10:30am-3:30pm, Sun, May 10  
Drop by the visitor center on Mother's Day and make a nature card for that special someone in your life. 5+yrs

### OHLONE VILLAGE SITE TOUR <sup>SP</sup> <sup>Art</sup> <sup>Music</sup>

Coyote Hills Interpretive Staff  
1:30-3:30pm Sat, May 16  
10-noon & 1:30-3:30pm, Sun, May 24  
1:30-3:30pm Sat, Jun 6  
Walk one-half mile through vibrant marsh habitat to a more than 2,000 year-old Ohlone village site. Learn about Ohlone cultures, past to present. Tour a reconstructed shade structure, pit house, and sweat house.

### BUTTERFLY STROLL <sup>SP</sup>

Coyote Hills Francis Mendoza  
1-2pm, Sun, May 17  
Caterpillars, chrysalises, and butterflies, oh my! Go on a short walk around the visitor center and nectar garden as we look for these lovely lepidopterans in all of their different stages of life. 5+yrs.

### MEMORIAL DAY OPEN HOUSE

Coyote Hills Francis Mendoza & Interpretive Staff  
10am-4pm Mon, May 25  
This Memorial Day, drop by the visitor center to learn about Ohlone culture, the history of the military within the park, and the wonders of nature that await you on the trails.



## NECTAR GARDEN FUN DAY

Coyote Hills Interpretive Staff  
10-11:30am, Sat, May 30

Come face-to-face with a caterpillar, chrysalis, or butterfly during this drop-in program. Make a butterfly-themed gift, and learn how to garden with plants that attract butterflies.

## DUST MARSH BIRD HIKE

Coyote Hills Francis Mendoza  
9-11am, Sun, May 31

Go on a flat, easy 2-mile hike around the dust marsh as we look for ducks, rails, and swallows in this important stop along the Pacific migratory flyway. 15+yrs.

## EXTREME PHOTOGRAPHY

Coyote Hills Kristina Parkison, Don Jedlovec

10-11:30am, Sat, Jun 20 #28940  
Photographer Don Jedlovec teaches tips and tricks needed to get extreme images of natural jewels in our park. In addition, gain an appreciation for and knowledge about protecting our open space. 12+yrs. Registration is required.

## WONDERS OF WETLANDS

Coyote Hills Kristina Parkison  
1:30-3pm, Sat, Jun 13

Wetlands vibrate with life – insects, mammals, fish, and birds! Explore this amazing habitat with dip nets, binoculars, and fun, scavenger hunts! 6+yrs

## ANIMAL TRACKING

Coyote Hills Kristina Parkison  
10-11:30am, Sat, Jun 27

Have you ever wondered who left a track? Find out with fun activities designed to help you learn to decode the secret language of animal tracks! 7+yrs

## NATIVE KNOWLEDGE NATURE

### WALK

Coyote Hills Kristina Parkison  
1:30-3pm, Sat, Jun 27

Ohlone people have lived on this land for centuries and know its secrets. We'll share some of their knowledge of plants and animals, plus play some games Ohlone people enjoy! 7+yrs

## CRAB COVE

Crab Cove Visitor Center is open Wed-Sun, 10am-5pm. Info: (510) 544-3187 or [ccove@ebparks.org](mailto:ccove@ebparks.org).

## FAMILY NATURE FUN

Crab Cove Interpretive Staff  
2-3pm, every Sat & Sun, May & Jun

The tides roll in and out making each day a chance to discover something new. Enjoy the beach, or bike along the San Francisco Bay Trail, then visit with us to learn and have fun making a nature-themed craft!

## ANNUAL SAND CASTLE AND SCULPTURE CONTEST

Crab Cove Interpretive Staff  
9am-1pm, Sat, Jun 13



Join us for a fun time at the beach, create a work of art, or enjoy others' creations. Categories include castles and sculptures.

Enjoy a day at the beach with friends and family either building a unique work of art or strolling to admire others' creations. Register at 9am for this free event with viewing and judging at noon. Award presentation: 1pm. Categories include castles and sculptures by youth, families, and adults. The event is cosponsored by the East Bay Regional Park District, Alameda Recreation & Parks, and the Bay View Women's Club. Stop by our information table to learn about our Healthy Parks, Healthy People initiative!

## FISH FEEDING TIME

Crab Cove Interpretive Staff  
3-3:30pm, every Sat & Sun, May & Jun  
Meet our crabs, fish, and sharks while they eat! Learn how the Seafood Watch app helps their friends in the wild!

## MOTHER'S DAY MAMAS

Crab Cove Michael Charnofsky  
10:30am-noon, Sun, May 10

Explore around the Cove and pond while watching baby ducks, geese, and other animals being cared for by their mothers (and fathers). End with a motherly craft.

## MEMORIAL DAY OPEN HOUSE

Crab Cove Interpretive Staff  
10am-4pm, Mon, May 25

Enjoy the beach, then come in to meet our turtle and snake, visit the fish, make a craft, and more. Try our self-guided history walk – ask at the front desk. Scheduled programs: Low Tide Walk: 10:30-11:30; Reptile Rendezvous: 12-12:30; Memorial Day Memories: 2-3; Fish Feeding: 3-3:30pm

## SEA SQUIRTS

Crab Cove Interpretive Staff  
10:30-11:45am, Tue, May 12, 26 & Jun 9, 23

Share a morning of shoreline fun with your pre-school age child. We'll play games, explore nature, share stories, and do a craft related to the theme of the day! 3-5yrs. Please no older or younger siblings (exception: infants). Registration is required. Fee: \$5 (\$7non-res.)

May 12: Feathered Friends # 29111  
May 26: Fin-tastic Fish # 29112  
Jun 9: ABCs of Nature # 29113  
Jun 23: Animal Olympics # 29115

## RETURN OF THE TERNS

Crab Cove Interpretive Staff  
10am-4pm, Sat, Jun 27  
11am #29132, 12:15pm #29134; 1:30pm #29137

Join us for a special day dedicated to the California least tern, an endangered species! View a presentation about their fascinating behaviors and the reasons for their success at the largest colony in Central/Northern CA. All visitors welcome 10:15am, 11:30am, and 12:45pm. For those who have made reservations in advance, join us following the presentation to view a nearby nest site teeming with several hundred pairs of terns and their chicks, accessible only on our tour bus (space limited). Experts aboard the bus will interpret bird behavior. At 3:30pm, all are invited to join a naturalist to watch these amazing acrobats hunt at Crab Cove (binoculars available for loan).

Bus rides to the colony (reservations required): 11am, 12:15pm, and 1:30pm. 8+yrs for bus ride.

Fee: \$10 per person for bus (\$12 non-res.)  
Registration is required for bus ride.

## LOW TIDE EXPLORATION

Crab Cove Susan Ramos  
12:30-2pm, Sun, Jun 28

We will venture into the mud during low tide and peer under rocks to look for crabs and other crustacean critters! Wear old shoes or boots and clothes that can get dirty.

## OLD FASHIONED FATHER'S DAY FUN

Crab Cove Susan Ramos  
12:30-2pm, Sun, Jun 21

Make dad a delicious frozen treat! Help hand crank some ice cream the old-fashioned way, and "sea" what special ingredients we use.

## GRUNION SEARCH

Crab Cove Susan Ramos  
1am-3am, Sun, May 24 (Sat night/ Sun morning) #29152

12:30am-2:30am, Mon, Jun 22 (Sun night/ Mon morning) #29157

Otis St. Parking Lot - Under the cover of darkness, with flashlights in hand, we will search the sandy beach for grunion- a fish that dances on the sand! A rare spawning sight not to be missed! 8+yrs.

Registration is required.

## DEL VALLE

All programs meet outside the Del Valle Visitor Center unless otherwise noted. Info: (510) 544-3146 or [dvvisit@ebparks.org](mailto:dvvisit@ebparks.org).

## WILDFLOWERS OF DEL VALLE

Del Valle Interpretive Staff  
9:30am-12:30pm, Sat, May 9 # 29229

Discover the bounty of blooms at Del Valle! We'll traverse through woodlands, grasslands, and chaparral on this three-mile trek. Registration is required.

## CAMPFIRE PROGRAMS



### ANTHONY CHABOT

Anthony Chabot Interpretive Staff  
8-9pm, every Sat, Memorial weekend – Labor Day weekend

Campground Amphitheater - Free! Join us for after-dark fun! Learn about the parks and nature around you through games, songs, photos and stories around the campfire. New topic each week. Non-campers are welcome to come in for the program!  
Info: (510) 544-3187.

### DEL VALLE

#### DAYS OF THE PIONEER

Del Valle Interpretive Staff  
7:30-9pm, every Fri May 22 – Jun 26  
Campground amphitheater - What was Del Valle like before the lake? Discover the valley's history through hands-on activities and stories during this family campfire.

#### NIGHT WITH A NATURALIST

Del Valle Interpretive Staff  
8-9pm, Sat, May 23  
8:30-9:30pm, every Sat May 30 – Jun 27  
Campground amphitheater - The evening glow gives way to the roaring fire, as families gather along the creek-side. We will discover the wonders of the park and this camping tradition each Saturday night.



**NATURE HIKE** **SP** **HPHP**

Del Valle Interpretive Staff  
9-11am, every Sat, May 16-Jun 27  
Campground store — Start your morning with nature! Discover the wonders found just off the road.

**DEL VALLE BOAT TOUR** **SP**

Del Valle Interpretive Staff  
1-2:30pm, every Sat & Sun, May 23-Jun 28  
Public boat launch — Catch cool breezes as you explore the lake by boat. Discover wonders hidden in the coves of this 5-mile long lake. Learn about the history of this valley that is now hidden below the waves. Purchase tickets at the marina from 6am on the day of the tour. Adult \$5, child/senior \$3

**STREAMSIDE SCIENCE** **SP** **HPHP**

Del Valle Interpretive Staff  
1-3:30pm, Sun, May 31  
Bridge parking lot — Anyone can be a scientist! Explore the Arroyo del Valle creek as we test the water to check the health of this major habitat. Meet the naturalist at the bridge and walk down to the creek.

**HAS THE EAGLE LANDED?** **SP**

Del Valle Interpretive Staff  
9:30am-noon, Sun, Jun 14, 28  
Bridge parking lot - Once a federally endangered species, the bald eagle has made a comeback in the East Bay. We'll hike through the campground to see if the eagles have started to nest again. Bring binoculars, spotting scopes, and field guides.

**DRAGONS OF DEL VALLE** **SP**

Del Valle Interpretive Staff  
2-4pm, Sat, Jun 20  
Bridge parking lot - Did you know dragons live at Lake Del Valle? With wings, special powers, and a creek side lair, these masters of flight are fascinating and fun to find. Come explore the life of dragonflies!

**WATER, WILDLIFE, WILDERNESS:****DEL VALLE BOAT TOUR** **SP** **H**

Del Valle Ashley Grenier  
1-2:30pm, Tue, Jun 30, #29288  
Public boat launch - Join us on this 1.5-hour boat tour of Lake Del Valle as we discover how water, wildlife, and wilderness intersect at one of the Bay Area's most popular summer-time destinations. Registration is required. Adult/Child/Senior \$5

**SUNOL**

Unless otherwise noted, all programs meet at the Sunol Visitor Center, open weekdays 10am-4pm. Info: (510) 544-3249 or [svisit@ebparks.org](mailto:svisit@ebparks.org).

**WONDERFUL WILDFLOWER CRAFTS** **SP** **H** **Art** **Music**

Sunol Interpretive Staff  
10am-3pm, Sat and Sun, May 2, 3  
Drop in and get crafty as we learn more about the beautiful blooms of these hills.

**VALLEY STROLL** **SP** **HPHP**

Sunol Interpretive Staff  
2:30-3:30pm, Sat and Sun, May 2, 3  
Meander through the meadow and discover what is blooming on this family-friendly wildflower stroll.

**WILDFLOWER WILDERNESS** **SP** **HPHP**

Sunol Interpretive Staff  
8:30-11:30am, Sun, May 3  
Join us for a walk through Sunol as we discover the changing blooms of the season. The length and route will change based upon each week's blooms.

**ANIMAL FEEDING TIME** **SP**

Sunol Interpretive Staff  
10:30-11am, every Sun, May 3 to Jun 28  
Step inside our visitor center and meet the resident animals. Find out what and how they eat as you watch us feed our not-so-furry friends!

**WILD WONDERS** **SP**

Sunol Interpretive Staff  
12:30-1:30pm, every Sat and Sun, May 9 to Jun 28  
Wildness awaits! Discover the wonders of the wilderness through games, activities, and explorations. Great for families.

**NATURE CRAFTS** **SP** **H** **Art** **Music**

Sunol Interpretive Staff  
2-4pm, every Sat and Sun, May 9 to Jun 28  
Discover the natural world through your artistic side. We will explore the wild side of Sunol with a different craft each week.

**HIKES FOR TYKES** **SP** **HPHP**

Various Parks Interpretive Staff  
10:30-11:45am, Tue, May 5, 19 & Jun 2, 16, 30  
Enjoy some nature before naptime with your young child! Join a naturalist as they take you over hill and dell to explore the Regional Parks. Tools for exploration will be provided. Hikes average about 1 mile. Bring a snack. Strollers are not recommended for most hikes. Parking fees apply. Rain cancels. Info: (510) 544-3187.  
**May 5:** Oyster Bay (Neptune Drive) — Search for signs of spring from the rising wave sculpture to the pine tree pathway.  
**May 19:** Roberts (Main Upper lot) — Look up, look down- explore among the tall trees and the forest floor.  
**Jun 2:** Sibley (Sibley Staging) — Discover the life that can be found all around a sleeping volcano!  
**Jun 16:** MLK, Jr. Shoreline (Arrowhead Marsh) — Look for birds, bat rays, and bugs along the shore.  
**Jun 30:** Encinal Beach Explore a shoreline park in search of seals, sand, and soaring birds.

**MARVELOUS MOMS!** **SP**

Sunol Interpretive Staff  
10am-noon, Sun, May 10  
Celebrate this Mother's Day the nature way! This 3-mile hike for the whole family will meander through the hills of Sunol as we find out about nature's marvelous moms!

**OUTDOOR DISCOVERIES!** **SP** **H**

Sunol Alex Collins  
10:30am-12pm, Mon, May 11, Jun 8, 22  
May 11: Geology Rocks #29233  
Jun 8: Ice Cream Science #29234  
Jun 22: Sensational Sun #29235  
Explore the world around you in this hands-on preschool and home school nature series! Join us as we discover, adventure and create in the outdoor classroom of Sunol. 4-8yrs Registration is required.



Thumbs up after exploring Sunol's Little Yosemite.

**MINI GRAND TOUR** **SP** **H**

Sunol Interpretive Staff  
8:30am-12:30pm, Sun, Jun 7 #29253  
Come and explore Indian Joe Creek, Cave Rocks, and Little Yosemite on this "mini" grand tour of Sunol — the wilderness awaits. Ages 10+yrs. Registration is required.

**WEDNESDAY NIGHT BAT WATCH** **SP**

Sunol Interpretive Staff  
7:30-9pm, Wed, Jun 3, 17  
Be a scientist for a night and discover the whimsical winged mammals we call bats! We'll debunk the myths and find out the truth about our flying friends as we watch them fly from the roost and begin their nightly hunt. Bring a picnic dinner to enjoy in the park before the watch begins!

**FEARLESS FATHERS** **SP**

Sunol Interpretive Staff  
10am-1pm, Sun, Jun 21  
Find out about nature's fabulous fathers on this 3.5-mile hike. Explore caves, ponds and woodlands on this journey to discover the fearless fathers of the forest.

**TILDEN NATURE AREA**

The Environmental Education Center (EEC) is open Tue-Sun, 10am-4:30pm. The Little Farm is open daily. Info: (510) 544-2233 or [tarea@ebparks.org](mailto:tarea@ebparks.org).

**FARM CHORES FOR LITTLES**

Tilden Nature Area Interpretive Staff  
10:30-11am, every Sat in May & Jun  
Little children will enjoy taking care of the little animals at the Little Farm. Meet at the rabbit hutch for a variety of age-appropriate activities.

**TALK WITH THE ANIMALS** **H**

Tilden Nature Area Interpretive Staff  
11-11:30am, every Sun in May & Jun  
Get up close and personal with the animals that call the Little Farm and Nature Area home. Learn how they move, how they find their food, and how they keep safe from predators. A different animal will be featured each week. Meet in the classroom at the Little Farm.

**INSECT QUEST!**

Tilden Nature Area Anthony Fisher  
1:30-2:30pm, Sat, May 2, 9, 23 & 30  
If you think insects are the best, join a weekly exploration of pond, stream and field. We finish by viewing our catch under the super-giant-ultra-see-bigger scope!

**CLOSING THE FARM (MOO)**

Tilden Nature Area Anthony Fisher  
3:30-4:30pm, Sat, May 2, 9, 23 & 30

**WEDNESDAY WALKS** **SP** **HPHP**

Various Parks Interpretive Staff  
Explore new trails, make new friends, and learn about your parks on a naturalist-led hike. Hikers of all ages and abilities are welcome on hikes ranging from easy to challenging. Wear sturdy footwear, bring water, and dress for the weather. Heavy rain cancels. Hikes begin at 9:30am.

**May 20:** Carquinez Strait, Nejedly Staging Area — Expect hills, views and more on this walk. Led by Trail Gail. Info (510) 544-2233.

**May 27:** Morgan Territory — strenuous 4.6 miles with great views. Led by Christina Garcia. Info (510) 544-3282.

**June 17:** Bishop Ranch — short but strenuous 2.6 miles. No restrooms on site. Led by Christina Garcia. Info (510) 544-3282.

**Jun 24:** Roberts, Redwood Bowl Staging Area — hike into the shady redwood forest about 4 moderately hilly miles along the Madrone, French, and West Ridge trails. Restrooms in Redwood Bowl, which we will pass at the beginning of our hike. Led by Susan Ramos. Info: (510) 544-3187.



Help feed the cows, sheep, goats, pigs, chickens, ducks, geese and rabbits and put them all to bed!

### MAY DAY CELEBRATION OPEN HOUSE

Tilden Nature Area Trail Gail & Interpretive Staff

11am-2pm, Sun, May 3  
Celebrate spring with maypoles, bubbles, and crafts for the whole family. The Berkeley Morris Dancers will educate and entertain as they perform the Rites of May from 11am to noon.

### APRIL SHOWERS BRING MAY FLOWERS

Tilden Nature Area Beth Brindle  
2-3pm, Sun, May 3

Explore the anatomy of flowers and their importance to the ecosystem. For Mother's Day, we will make paper flowers and weave them into headpieces.

### NATURE AROUND US

Tilden Nature Area Trail Gail  
2-3pm, Sun, May 10, 17 & 24  
Immerse yourself in nature, surround yourself with space and wonder. Come explore with a naturalist.

### FUN WITH FELTING

Tilden Nature Area Interpretive Staff  
11am-noon, Sun, May 17

Stop by the farm and make a felted creation. We'll use wool, soap, and our own energy to make a unique piece. Come get your hands wet while learning about wool.

### SATURDAY & SUNDAY STROLLS

Various Parks Interpretive Staff  
10am-noon

Wake up and walk into nature. Each week we will explore a different park and the natural wonders within. Hikes range from two to five miles. Great for families.

Info: (510) 544-3187.

**May 16:** Crab Cove — complete a 2020 Trails Challenge hike on this level, 4-mile walk along the Bay Trail to the USS Hornet. Learn about the military past of Alameda on Armed Services Day. Leashed dogs welcome.

**May 31:** Huckleberry, Staging Area — hike three moderate miles through amazingly diverse plant communities, and visit San Leandro Creek. Sorry, no dogs.

**Jun 14:** Reinhardt Redwood, Wayside Parking Area — stroll through a beautiful redwood forest and check out a fish ladder on this 2.5-mile round trip hike along Bridle and Stream Trails. Leashed dogs welcome.

2-3pm, Sun, Jun 14

Find out how we can turn sheep's wool into cloth! Practice your hand at wet felting and make your own felted creation. Meet at the visitor center.

### COLORING THE ANIMALS

Tilden Nature Area Beth Brindle  
1-2pm, Sun, May 24

This park is home to many animals. Come enjoy coloring animals while learning about Tilden's most popular and prevalent residents.

### MEMORIAL DAY OPEN HOUSE

Tilden Nature Area Trail Gail & Interpretive Staff

11am-3pm, Mon, May 25

Join us to celebrate at the Nature Area. Blow bubbles, go for a walk, make ice cream, and start summer at the park!

### NATIVE AMERICAN LIFEWAYS

Tilden Nature Area Trail Gail  
11am-12:30pm, Sun, May 31

People lived here for thousands of years before there was a park. Discover some of the ways they made this area their home. 7+yrs

### TULE FLOAT – MAKE A MINI TULE BOAT

Tilden Nature Area Trail Gail  
2-3pm, Sun, May 31



Bull Rush or Tule has many uses, one is to make boats. Join a naturalist and make a mini tule boat, then we'll go out and see if it floats!

### CREEK AND POND STUDY

Tilden Nature Area Trent Pearce  
11am-noon, Sat, Jun 6, 20 & 27

Learn how to sample aquatic invertebrates on these family-friendly outings. Wear shoes to get wet and muddy. Nets provided!

### BOTANICAL WATERCOLORING

  Tilden Nature Area Em Ritchie  
1-2pm, Sat, June 6

Explore the native plants of the Nature Area by creating beautiful botanical

watercolors. Participants will gain basic skills in life-drawing, plant identification, and watercoloring.

### INSECT EXPEDITIONS

Tilden Nature Area Trent Pearce  
2-3pm, Sat, Jun 6, 13 & 20

Summer brings insects to the meadows and fields. Get to know some six-legged members of the animal kingdom on these short walks.

### CHORES FOR LITTLE GARDENERS

Tilden Nature Area Jenna S. Collins  
10-11am, Sun, Jun 7, 14 & 28

Lend a hand weeding, watering and planting our healthy vegetables. Meet at the Kids Garden.

### JEWEL LAKE GOAT WALK

Tilden Nature Area Jenna S. Collins  
2-3pm, Sun, Jun 7

Join us as we take our goats out on the trail to stretch their legs and see new sights! This short walk will start and end at the Little Farm.

### EXPLORE THE NATURE AREA

Tilden Nature Area Trent Pearce  
11am-noon, Sat, Jun 13

Take a stroll through eucalyptus and oak on this easy 1-mile loop, exploring the history and nature of this special park. Meet at the Environmental Education Center.

### MAGICAL MEDICINE CHEST

Tilden Nature Area Beth Brindle  
1-2pm, Sun, Jun 14

Meet the native medicinal plants of the Nature Area by viewing our native plant garden. Learn basic botanic terms and how to identify each plant. Herbal tea tasting to follow.

### COMMUNITY GARDEN DESIGN

Tilden Nature Area Em Ritchie  
1-2pm, Sat, June 27

Learn to design and build a garden landscape while working on our whimsical garden space. Help make your home and our space a sanctuary for humans and animals alike. Meet in the Kids Garden.

### SALVES NOT BALMS

Tilden Nature Area Trent Pearce  
2-4pm, Sat, Jun 27

Fight the capitalist machine by learning how to make your own salves using all-natural ingredients, then take home your finished product.

### WE ALL SCREAM FOR ICE CREAM!

Tilden Nature Area Jenna S. Collins  
2-3pm, Sun, Jun 28

Put together some ice, salt, cream, sugar, and a little muscle power to learn how we make delicious old-fashioned ice cream. Meet at the visitor center.

## OTHER PARKS

### BIRD WALK

Various Parks Kristina Parkison  
8-10am, Sat, May 2 Alameda Creek,  
Jun 6 Dry Creek

The Bay Area bursts with bird life! New and experienced birders alike join us as we discover patterns of behavior, migration, and habitat. 8+yrs. Info: (510) 544-3220.

### ALAMEDA WALKS

Encinal Beach James Frank  
9-10:15am, Sat, May 2: Encinal Beach To

The Hornet. Appreciate sweeping views of city skylines, the bay, birds, and other wildlife for a preview of this popular 2020 Trails Challenge hike.  
Info: (510) 544-3187.

### WEEKDAY BIRD WALK

Various Parks Kristina Parkison  
7:30-9:30am, Tue, May 5 Dry Creek/Pioneer, May 19 Coyote Hills, Jun 2 Quarry Lakes

Share your enthusiasm for bird life on a tranquil walk through various Bay Area parklands! All levels of birding experience welcome. Bring water, sunscreen, and binoculars or scopes.

12+yrs. Info: (510) 544-3220.

### TRAILS CHALLENGE WALKS WITH A NATURALIST

Various Parks Trail Gail  
9am-noon, Sun, May 10 & 24

Want to join the fun, but don't know where to begin? It's not too late to start, or finish the 2020 trails challenge. Join me!

**May 10:** Point Pinole, Giant Highway Staging Area- 4.06 miles, easy. Explore the park from bay views to explosive past.

**May 24:** 3.15-mile loop, moderate. Hike to Wildcat Peak and back!  
Info (510) 544-2233.

### THE OVER-THE-HILLS GANG

Various Parks Trail Gail  
10am-12:30pm, Tue, May 12 & 26,  
Jun 9 & 23

Hikers 55 years and older interested in nature study, history, fitness, and fun are invited to join this series of monthly excursions.



Tilden Nature Area features a variety of farm animals including cows, sheep, goats, rabbits, and chickens.

sions exploring the Regional Parks. Info (510) 544-2233.

**May 12:** Sibley, Skyline Blvd – a volcanic past and labyrinths too.

**May 26:** Tilden Botanic Garden- from flowers to lake and back again

**Jun 9:** Point Pinole, Atlas Staging Area- explore an explosive past. Mostly flat.

**Jun 23:** Roberts Park – Shade, trees & forgotten history. Meet in the main parking lot.

### CANINE CAPERS WALK **HPHP**

Various Parks Kristina Parkison

9-11am, Sat, **May 16:** Hayward Shoreline #29144. Meet at Winton Ave.

**Jun 13:** Garin #29138. Meet at Red Barn.

The restorative effect of spending time outdoors with a friend, furry or otherwise, is well-known! Join this monthly adventure to nurture our inner and outer-selves by exploring and learning about the natural world around us as we hike park trails. 8+yrs.

Registration is required.

### TRADITIONAL ECOLOGICAL

### KNOWLEDGE (TEK) HIKE **HPHP**

Garin Francis Mendoza

9-noon, Sun, May 17

Go on a 3-mile hike to learn how the Ohlone traditionally use plants for food, medicine, shelter, and tools. Some steep sections and creek-crossings, so bring sturdy shoes, water and sun protection. 15+yrs. Meet at the Visitor Center.

Info: (510) 544-3220

### BIGGEST TREES IN THE WORLD?

Roberts Michael Charnofsky

10am-noon, Sun, May 17

On a 1.5-mile exploration, we will search for evidence of a 32-foot diameter redwood, and the Blossom Rock Trees that were visible from the Golden Gate. Discuss theories, mysteries, and controversies. Info: (510) 544-3187.

### BIRD ISLAND VIEWING

Shadow Cliffs Interpretive Staff

9:30am-noon, Sat, May 16

Join us on a walk to one of the largest water bird nesting sites in the Bay Area! View nests and chicks as we discover why Shadow Cliffs makes an ideal nursery. Meet at Marina View picnic area. Info: (510) 544-3249

### TRANSITIONS AT TRAMPAS

Las Trampas Interpretive Staff

9am-noon, Sun, May 17

Delight in the transition as we witness the park change from spring to summer. Discover late blooming wildflowers, drought tolerant habitats, and rocky landscapes on this hardy adventure. Meet at Bollinger Canyon staging area. Info: (510) 544-3249

### LAKESIDE LITTLES

Shadow Cliffs Ashley Grenier

10-11am, Mon, May 18, Jun 15

11:30am-12:30pm, Mon, May 18, Jun 15

Bring your little ones out and discover nature. Each month we'll explore a trail, look at bugs, search for birds, and much more. Let's get outside! Parent/caregiver participation required. 1-5yrs. Info: (510) 544-3249.

### OPENING DAY AT GARIN

Garin Interpretive Staff

11am-5pm, Sat, May 23

Come to the Red Barn on opening day to enjoy activities, games, ice cream, and programs celebrating the unique history of Garin park and its communities.

### MORNING AT MARTINEZ SHORELINE

Martinez Shoreline Virginia Delgado-Martinez

9:30-11am, Sat, Jun 6

Parking Lot off North Court St. – Start the morning with a cup of coffee, stroll the Martinez shoreline, and discuss the cultural and natural history of the marsh with a naturalist. 5+yrs. Info: (510) 544-2750.

### WHOSE TRACKS ARE THOSE?

Contra Loma Virginia Delgado-Martinez

11:30am-1pm, Sat June 13

Put your tracking skills to the test and learn about the animals that roam the neighborhoods and hills of Antioch. 3+yrs. Info: (510) 544-2750.

### STRAIT SOLSTICE HIKE

Carquinez Strait Virginia Delgado-Martinez

10-11am, Sat June 20

Bull Valley Staging Area – Celebrate the start of summer and take in beautiful views of the water on a 1-mile stroll over gentle terrain along the Carquinez Overlook Loop Trail. 5+yrs. Info: (510) 544-2750.

### DIABLO'S DARK HOLLOW

Diablo Foothills Kevin Dixon

6:30-10pm, Sun Jun 21 #29165

Orchard Staging Area – No moon will guide us as the new summer sky fades to black, but we'll continue on our winding way through the twilight park into night. 10+yrs. Info: (510) 544-2750.

Registration is required.

### HOW DOES OUR GARDEN GROW?

Shadow Cliffs Interpretive Staff

10-11:30am, Tue, Jun 23 #29289

With help from you! We've got plenty of kid-friendly tasks to complete — watering, digging, planting, painting, and eating. Bring the family, get your hands dirty, and enjoy the sunshine in our public garden. Pack a lunch and stay after our work is done. Registration is required. Info: (510) 544-3249.

## VOLUNTEER

### FRENCH BROOM REMOVAL/ RESTORATION PROJECT

Reinhardt Redwood Staff

9am-1pm, 1st Sat of the month

9:30am-1:30pm, 2nd Sun of the month

Help remove invasive French Broom at various locations in the park. Tools, protective equipment and snacks will be provided.

Please bring a reusable water bottle. Call (510) 544-3127 or email redwood@ebparks.org to confirm meeting location as this can vary from month to month. Rain cancels.

### INVASIVE SPECIES REMOVAL/ HABITAT RESTORATION

Huckleberry Staff

9am, 3rd Sun of the month – Huckleberry

9am, 2nd Sat of the month – Sibley

Monthly weeding sessions to help protect native plants against invasive species displacement. Tools provided. Water and snacks are provided but please bring your reusable water bottle. 16+yrs for Huckleberry.

For groups of three or more, please contact Park staff at least three weeks in advance.

Info: (510) 544-3112. sibley@ebparks.org.

### LOVE YOUR MOTHER (EARTH)

### BEACH CLEAN-UP

Encinal Beach Interpretive Staff

10:30am-noon, Sat, May 9

Give Mother Earth a Mother's Day gift by sifting her shores to remove plastic, wrappers, and other oddities. Bring buckets and gloves or borrow ours. Info: (510) 544-3187.

### NATIVE PLANT AND BUTTERFLY GARDENING

Crab Cove Michael Charnofsky

9:30am-12:30pm, Sun, May 3 #29252

Help beautify the Visitor Center and provide food for wildlife as we prepare our butterfly and native plant gardens for summer. Choose between weeding, pruning, mulching, and general clean-up. Snacks, refreshments, and tools provided. Students earn community service hours. 8+yrs. Registration is required.

### THIRD THURSDAYS IN THE GARDEN

Crab Cove Staff

10am-noon & 1-3pm, Thu May 21 & Jun 18

Volunteer in our Demonstration Garden to help with weeding, pruning, and mulching, or help with other needs around the park. One-time or on-going opportunities. Attend one or both sessions. Meet at the bathhouse by Otis entrance. Wear long pants, closed-toe shoes, hat, and bring a water bottle. Children 12 and under must be accompanied by an adult. Info: (510) 544-3187.

## WILDLIFE VOLUNTEERS

with Dave "Doc Quack" Riensche, Wildlife Biologist

What to Bring: Outdoor clothing (long pants), hiking boots or waterproof boots-knee high (close-toed, waterproof footwear), gloves, hats, water, and sunscreen.

Physical labor is involved with many of our projects. Parent participation is required. Registration is required.

### LEAST TERN COLONY MONITORS TRAINING

Hayward Shoreline

Noon-3:30pm, Sat, May 9 #29446

Here is your opportunity to become a "Birding-Detective" by peering into the family life of terns. You will be helping to record data about their nest distribution, chronology and reproductive success using the Type 2 monitoring method. In this method, surveys are conducted from a vehicle approximately 75ft. from the island at various times of day, with the majority of the surveys conducted from 7am to 5pm, seven days a week. A Cabela's professional 60mm (2.4 in) spotting scope on a car window mount will be available. By participating, you'll earn your "Colony Caretakers" patch. Deadline to sign-up is May 1.



Directions: In Hayward, from Hwy 880 take West Winton Ave exit. Follow West Winton towards the Bay (traveling west) and park in the Hayward Shoreline service yard (3050 West Winton Ave.).

### RIPARIAN RE-LEAF

Coyote Hills

9:30am-noon, Sat, Jun 13 #29447

Help the park's wildlife by planting willow, cottonwood, and sycamore sapling. By participating, you'll earn your "Wetland Partners" patch. Meet in the overflow parking lot adjacent to the entrance gate kiosk.

Deadline to sign-up is June 5.

Directions: In Fremont, take Hwy 880 to 84 – Decoto Road exit. Drive West on 84 and turn right to Paseo Padre Parkway. Drive approximately a mile then left on Patterson Ranch Road to the park entrance. Meet in the parking lot adjacent to the entrance kiosk.



## VISITOR CENTERS

### ARDENWOOD

34600 Ardenwood Blvd.  
Fremont, CA  
(510) 544-2797

### BIG BREAK

69 Big Break Road  
Oakley, CA  
(510) 544-3050

### BLACK DIAMOND MINES

5175 Somersville Road  
Antioch, CA  
(510) 544-2750

### BOTANIC GARDEN

Tilden Regional Park  
Berkeley, CA  
(510) 544-3169

### COYOTE HILLS

8000 Patterson Ranch Rd.  
Fremont, CA  
(510) 544-3220

### CRAB COVE

1252 McKay Avenue  
Alameda, CA  
(510) 544-3187

### DEL VALLE

7000 Del Valle Road  
Livermore, CA  
(510) 544-3146 summer weekends  
only; 544-3249

### GARIN

1320 Garin Avenue  
Hayward, CA  
(510) 544-3220

### SUNOL-OHLONE

P.O. Box 82 (on Geary Road)  
Sunol, CA  
(510) 544-3249

### TILDEN NATURE AREA

Environmental Education  
Center (EEC) at Tilden  
Regional Park  
Berkeley, CA  
(510) 544-2233

## SWIM FACILITIES

1-888-327-2757, option 3

### LAKE ANZA

Tilden Regional Park  
Berkeley, CA | ext. 4563

### CASTLE ROCK

1700 Castle Rock Road  
Walnut Creek, CA | ext. 4515

### CONTRA LOMA

1200 Frederickson Lane  
Antioch, CA | ext. 4518

### CULL CANYON

18627 Cull Canyon Road  
Castro Valley, CA | ext. 4523

### DEL VALLE

7000 Del Valle Road  
Livermore, CA | ext. 4524

### DON CASTRO

22400 Woodroe Ave.  
Hayward, CA | ext. 4527

### QUARRY LAKES

2100 Isherwood Way  
Fremont, CA | ext. 4552

### ROBERTS POOL

10570 Skyline Blvd.  
Oakland, CA | ext. 4555

### SHADOW CLIFFS


2500 Stanley Blvd.  
Pleasanton, CA | ext. 4557

### LAKE TEMESCAL

6502 Broadway Terrace  
Oakland, CA | ext. 4561

Many programs do not require registration. Simply join the instructor at the location indicated in the program description. Call the phone number listed for further information.

For programs that indicate "Registration is required," register by calling 1-888-EBPARKS (1-888-327-2757), option 2, or by calling the number listed.



**ONLINE registration** is available if the program title displays this symbol:  Go to [www.ebparksonline.org](http://www.ebparksonline.org). When registering online, use the course code printed next to the program date(s).

**WALK-IN:** Come to the District Headquarters between 8:30am and 5pm Mondays through Fridays. We are located at 2950 Peralta Oaks Court in Oakland, next to the Dunsmuir House and south of the Oakland Zoo off I-580. See map below.

**BY PHONE:** Phone registration requires a VISA or Mastercard. The Reservations Office is open between 8:30am-4pm Mondays through Fridays (closed weekends and holidays). Call 1-888-EBPARKS (327-2757) and select option 2. TRS Relay for the Hearing Impaired: 7-1-1.

**FEE PAYMENT:** Fees must be paid in full at the time of registration. Fees may be paid by money order, VISA, Mastercard, cash, or pre-

printed check for walk-in registration. Make checks payable to **EBRPD**. Programs registered in the parks may be paid for by check up until the day of the program if space is available. Returned checks will be charged a \$25 Returned Check charge. **Non-resident fees** apply to anyone living outside Alameda or Contra Costa counties. Parking or park entrance fees may be charged depending on program time and location. Ardenwood entrance fees vary depending on the event or activity. Confirm all fees when registering for a program.

**CREDIT CARDS:**    
VISA and Mastercard are accepted for all fee programs except those that are registered at a park. Call the phone number in program description for info.

**CANCELLATION POLICY: REFUNDS/TRANSFERS:** Refunds or transfers will be processed for programs canceled because registration is below the minimum enrollment at the cutoff date, or if a program is canceled due to inclement weather or instructor illness. Please allow up to three weeks for receipt of refund. **CANCELLATION POLICY:** At least five business days advance notice is necessary for a full refund. Failure to notify the Reservations Office at least five business days in advance of your cancellation will result in forfeiture of the program fee. The Reservations Office is open Monday through Friday. The last day to cancel a Saturday or Sunday program is the prior Monday.



**THIS SUMMER  
WORK IN THE GREAT OUTDOORS!**



The Student Conservation Association (SCA) is the nation's #1 youth conservation service organization.

**SCA East Bay Regional Parks Corps** team members will live, work, and train together to tackle a variety of projects throughout the East Bay Regional Park District.



**DATES OF SERVICE:** May 11 to September 27, 2020

**BENEFITS:** \$300 weekly living allowance, housing provided, paid trainings, and a \$650 travel grant.

**APPLY TODAY!**

Visit [thesca.force.com/members/NewRegistration](http://thesca.force.com/members/NewRegistration)

**MORE INFO:**

[www.thesca.org](http://www.thesca.org)



21ST ANNUAL

**Butterfly & Bird Festival**

**Sunday, June 7**

10 a.m.-3:30 p.m.

**Celebrate Our Winged Friends:**

- Get up-close and personal with nature's "flying critters"
- Learn to create a wildlife-friendly habitat in your backyard
- Educational speakers
- Photo presentations
- Family hands-on activities
- Garden tours, music and more



**Coyote Hills Regional Park**  
8000 Patterson Ranch Road, Fremont, CA 94555  
Info: [ebparks.org](http://ebparks.org) or 510-544-3214

**MOTHER'S DAY  
ON THE FARM**

**Sunday, May 10**  
11 a.m. to 3 p.m.

**Ardenwood  
Historic Farm**  
FREMONT

Celebrate the special people in your life at the farm.



**OLD FASHIONED  
FATHER'S DAY FUN**

**Sunday, June 21**  
12:30 to 2 p.m.

**Crab Cove**  
ALAMEDA

Make dad a delicious frozen treat! Help hand crank some ice cream the old-fashioned way.



**Drop-in special events. No registration required.**

Registration is required for Mother's Day Brunch. Visit [ardenwoodevents.com/mothers-day](http://ardenwoodevents.com/mothers-day)

**East Bay** Regional Park District

Healthy Parks Healthy People

2950 Peralta Oaks Court  
Oakland, CA 94605-0381  
[ebparks.org](http://ebparks.org)

**Give Back**  
to Your East Bay Regional Parks!



Purchase a **Regional Parks Foundation** membership, and the funds will support educational programs and stewardship projects in the East Bay Regional Parks. As a thank you, you'll receive: *Free Parking, Free Swimming, Annual Dog Pass (up to 3 dogs), Camping Discounts and more...*

Memberships are available at select **Regional Parks and Bay Area REI stores** – and you can use your REI membership dividend to purchase! Or visit [RegionalParksFoundation.org/Join](http://RegionalParksFoundation.org/Join) to purchase online.



Supporting East Bay Regional Parks