



IN ORDER TO REDUCE OR PREVENT THE RISK OF SERIOUS HEAD INJURY OR DEATH, STATE LAW REQUIRES THAT ALL BICYCLISTS UNDER AGE 18 WEAR AN APPROVED HELMET WHILE RIDING ON TRAILS AND ROADWAYS. THE DISTRICT ALSO STRONGLY RECOMMENDS THAT ALL EQUESTRIANS AND BICYCLISTS WEAR HELMETS AT ALL TIMES.

LAFAYETTE RESERVOIR REC. AREA
EBMUD Recreation Area. Fishing, boating, hiking. Info: (925) 284-9669.

LAMORINDA TRAIL LOOP
Continues north to Orinda BART, then east to Lafayette BART and Pleasant Hill Road.

VALLE VISTA TRAIL STAGING (EBMUD)

EBMUD WATERSHED HIKING PERMIT REQUIRED. Call (510) 287-0459 or see www.ebmud.com

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Pw
RANCHO LAGUNA PARK

LAS TRAMPAS PEAK 1827
VAIL PEAK 1787