The Alameda Creek Regional Trail opened in January 1973. The project was funded by the U.S. Army Corps of Engineers, the Alameda County Flood Control and Water Conservation District, and the East Bay Regional Park District.

The trail follows the banks of Alameda Creek in southern Alameda County from the mouth of Niles Canyon (in the Niles District of Fremont) westward to San Francisco Bay — 11 miles in length on the southern, paved side, and 12.4 miles on the northern, unpaved side.

The trail on the south bank provides access to Coyote Hills Regional Park. Making the run west from Niles Canyon along the south-side trail through an additional 3.5-mile loop trail in Coyote Hills back again qualifies in distance for marathon runs. For those who want to clock shorter distances, markers again qualify in distance for marathon runs. For those who want to clock shorter distances, markers again qualify in distance for marathon runs.

The paved, south-side trail is suggested for bicyclists, hikers, joggers, and runners. The unpaved north-side trail is designed for horseback riding. There is no direct access to Coyote Hills Regional Park from the north-side trail. Households along the trail do have access from backyards. PLEASE RESPECT PRIVATE PROPERTY. Bicyclists under age 18 must have access from backyards. PLEASE RESPECT PRIVATE PROPERTY.

Alameda Creek was the boundary of the mission lands and the 17,000-acre Rancho Arroyo de la Alameda granted to Jose de Jesus Vallejo, who built a flour mill near the mouth of Niles Canyon. The mill and the importance of the canyon as a passage through the hills led to growth of Niles in the 1850s.

A Double Trail

Welcome!

Please enjoy our Regional Parks safely, and help us protect and preserve your parklands by complying with park rules and regulations.

Safety and Etiquette

• Stay on trails. Taking shortcuts can be dangerous and causes erosion.
• Wading and/or swimming in undesignated areas may be dangerous and may harm the watershed.
• Carry and drink plenty of water. Dehydration is a leading cause of injuries on the trail.
• Be prepared for sudden changes in weather conditions.
• Trails can be slippery, rocky and steep. Proceed carefully at your own risk.
• Wildlife may be present on the trails at any time. Feeding or approaching wildlife is dangerous and illegal.
• Bicycles are permitted on designated trails only. Horses have the right-of-way on trails.
• Keep the parks beautiful. Pack out what you pack in.

Rules

• Pets must be leashed 200 feet from any trail or park entrance. Pets must be leashed in parking lots, picnic areas, developed areas such as lawns and play fields, and on some trails. They must be under voice control at all times. DOGS must be leashed (six-foot maximum) and under control at all times on the SOUTH (paved) SIDE of the Alameda Creek Trail. DOGS must be under control at all times on the NORTH (unpaved) SIDE of the trail (including Shinn Pond).
• Bicycles must yield to pedestrians. Speed limit is 15 mph.
• HORSES must stay on the NORTH SIDE (unpaved) side of the trail and on designated trails at all times.

Visitors are responsible for knowing and complying with park rules (Ordinance 38), available online at www.ebparks.org/activities/ord38.

1-888-EBPARKS www ebparks .org

Po by Jerry Ting

Photo by Jerry Ting

Police, Fire, Medical Emergency.........9-1-1 Park Police (evenings/weekends)..............(510) 881-1833 Alameda Creek Trail Park Office .................1-888-EBPARKS, option 1, ext. 4501 EBPRD Headquarters ......................1-888-EBPARKS Picnic, Camping Reservations ...............1-888-EBPARKS, option 2 Program Reservations ..............................1-888-EBPARKS, option 2 Quarry Lakes Regional Recreation Area .......1-888-EBPARKS, option 1, ext. 4552 Website ...........................................www.ebparks.org

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In order to reduce or prevent the risk of serious head injury or death, state law requires that all bicyclists under age 18 wear an approved helmet while riding on trails and roads. The district also strongly recommends that all equestrians and bicyclists wear helmets at all times.

If you would like this information in an alternative format, please contact the EBPRD Public Affairs Department at (510) 544-2200, fax (510) 635-3478, TDD (510) 633-0460, or info@ebparks.org.

Please let us know how this map may be improved to help you use this park. Write, email, or call with your suggestions: 2950 Peralta Oaks Court, Oakland, CA 94605; info@ebparks.org; (510) 544-2210.