

Shoreline Recreation

Picnicking

Picnic facilities are provided at Doolittle Staging Area and along Airport Channel, in the meadows off Swan Way, at Garretson Point, along the Marsh Trail, and at the Tidewater Staging Area. Areas may be reserved (fee) for large picnics (50+ persons).

Birdwatching

Enjoy birdwatching at Doolittle Pond or from the trail along the San Leandro Creek Channel to Arrowhead Marsh.

Hiking/Bicycling, Sunbathing

There are paved trails for hiking, bicycling, and jogging. There is a sandy beach at the Doolittle and Garretson Point staging areas for sunbathers.

Fishing

CA Dept. of Fish and Wildlife rules apply at San Leandro Bay. A California State Fishing License is required for those 16 years and older when fishing from shore in open bay waters. Note the fishing dock- locations shown on the map, and observe posted hours and rules. Trespassers on or through private property adjacent to the park will be cited.

Boat Launching

A two-lane boat launch is located at the south parking lot along Doolittle Drive. There is no fee. Buoys mark the channel to deeper water. Be alert to marked and unmarked hazards throughout the bay. Motorized boats and hovercraft are not allowed in marshland areas. Motorized vessels are restricted during certain times of the year due to bird migration and nesting in the marshes.

The Tidewater Boating Center features a boathouse, canoe/kayak launching facility, and trailhead.

Tidewater Boating Center

The Oakland Strokes operates this boathouse complex and mentors youngsters in competitive rowing. The Park District and other organizations provide experiences

with boating and water safety, sea kayaking, canoeing, and other water-related recreational programs for area youth and the general public. Amenities at the site include Bay Trail access, picnicking sites, and fishing.



Climate Flecser

Wetlands Restoration

In 1998 one of the East Bay's most significant wetlands restoration projects was completed at Martin Luther King Jr. Regional Shoreline, which restored tidal flow to 71 acres of tidal and seasonal wetlands that had been filled in the mid 1980s. The project was a cooperative effort of the Park District, the Port of Oakland, the Golden Gate Audubon Society, the U.S. Army Corps of Engineers, and San Francisco Bay Regional Water Quality Board, all in partnership with Save San Francisco Bay Association, the Sierra Club, and Citizens for Alameda's Last Marshlands.

The project resulted in recolonization of native plants and the return of many species of birds. Thousands of migrating birds have returned to the marsh annually to rest and feed, and for some

species such as avocets, terns, egrets, burrowing owl, and the endangered Ridgway's rail, to live at the marsh year-round.

School and volunteer groups utilize the restored marsh for teaching opportunities and community projects. Students learn about wetlands ecosystems, venture into the marsh in canoes to explore the wetlands, and participate in a wide variety of monitoring and restoration efforts. In addition, volunteers participate in various ongoing restoration and conservation efforts. Persons or groups wishing to volunteer can contact the park supervisor at 1-888-327-2757, option 3, ext. 4541. Teachers interested in field trips for wetlands study or interpretive programs can contact the Doug Siden Visitor Center at Crab Cove at (510) 544-3187.

Ours to Explore, Enjoy and Protect

Please enjoy Regional Parks safely and help protect and preserve the parklands by following all park rules and regulations.

Safety

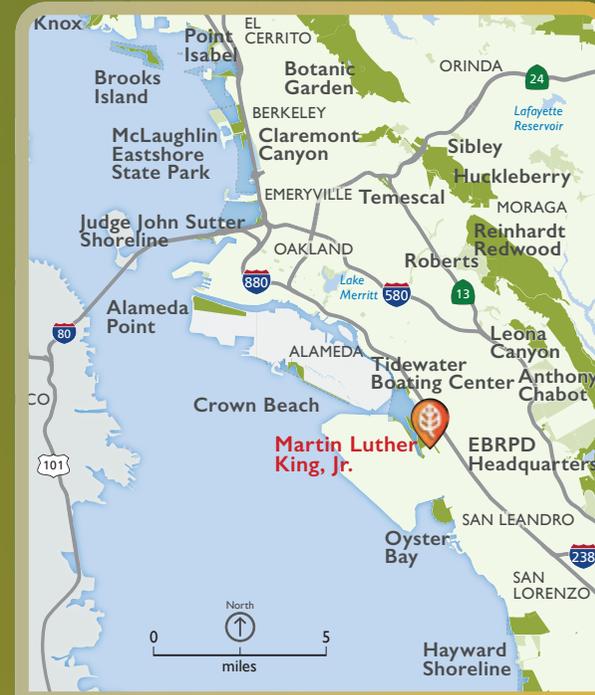
- Stay on trails. Shortcuts are dangerous and damage natural resources.
- Bring plenty of water to prevent dehydration.
- Be prepared for sudden changes in weather conditions.
- Keep parks clean. Pack out what you pack in.
- Inform someone where you are going and when you will return.
- Save our 24/7 Dispatch Center number on your cell phone: Emergency 510-881-1121; Non-emergency 510-881-1833.

POLICE, FIRE, MEDICAL EMERGENCY 9-1-1
 PARK POLICE (evenings/weekends) 510-881-1833
 PICNIC RESERVATIONS 1-888-327-2757, option 2, 1
 PARK OFFICE 1-888-327-2757, option 3, ext. 4541
 SHORELINE CENTER (510) 544-3164

Rules

- Dogs must be leashed in parking lots, within 200 feet of any trail or park entrance, in picnic areas, developed areas, and as posted. Dogs must be under voice control at all times. Clean up after your pet: bag it, bin it.
- Bicycles are permitted on designated trails only. Bicyclists stay to the right side of trail and ring or call out when passing.
- Bicyclists yield to pedestrians. State law requires that all bicyclists under age 18 wear a helmet. All bicyclists are encouraged to wear helmets at all times.
- The following are prohibited:
 - Wading and/or swimming in undesignated areas
 - Consuming alcohol in non-designated areas
 - Causing damage to plants, geological, or archaeological features
 - Feeding or approaching wildlife
 - Releasing animals into parklands
 - Graffiti
 - Smoking/vaping
 - Skateboarding
 - Flying drones
 - Nighttime pier fishing

Visitors are responsible for knowing and complying with park rules (Ordinance 38). See ebparks.org/rules.



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Martin Luther King Jr. Regional Shoreline

Main Entrance

Doolittle Dr. and Swan Way, Oakland

MLK, Jr. Shoreline Center

7250 Doolittle Dr., Oakland

Tidewater Boating Center

4675-A Tidewater Ave., Oakland

East Bay Regional Park District

2950 Peralta Oaks Court, Oakland, CA 94605

1-888-EBPARKS or 1-888-327-2757 (TRS 711)

ebparks.org



Regional Parks Membership

RECEIVE FREE DAY-USE PARKING, SWIMMING, DOG PASS, AND MORE. 510-544-2220
REGIONALPARKSFUNDATION.ORG

Cover Photo: View of Damon Slough, Jerry Ting.

Bugs go here

Martin Luther King Jr. Regional Shoreline

OAKLAND, ALAMEDA



Martin Luther King Jr. Regional Shoreline

Year Opened: 1979 **Acres:** 749

Highlights: Hiking, birdwatching, picnicking, fishing, boat launch, Tidewater Boating Center.

Did You Know: Formerly known as San Leandro Bay Regional Shoreline, this shoreline park was renamed in 1992 by a unanimous vote of the Park District Board of Directors in honor of the late civil rights leader, Dr. Martin Luther King, Jr.

Fees: None



Arrowhead Marsh



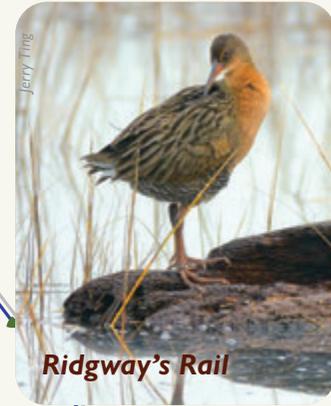
MLK JR. REGIONAL SHORELINE

- Paved Trail: Hiker, Biker
- San Francisco Bay Trail
- Mileage Between Points
- ADA Accessible
- Parking (# Spaces)
- Restroom
- Drinking Water
- Information Panel
- Emergency Phone
- Picnic Area
- Reservable Picnic Area
- Boat Launch
- Fishing Dock
- Playground
- Marsh Area
- Bus Stop

Rev. 2023/7

0 1/4 1/2 miles

ADA Accessible
 Access in the park includes parking, curb cuts, paved trails, fishing access, restrooms, drinking fountains, and a marsh overlook platform.



Ridgway's Rail



Shoreline Center