MAR/APR 2024 NATURALIST PROGRAMS SUNOL WILDERNESS



For more information on Sunol programs email <u>SVISIT@ebparks.org</u>, call 510-544-3249 or visit ebparks.org Follow us on Facebook @<u>Sunol Wilderness Regional Preserve</u>.

BIRD WALK **P**

Sat, Mar 2 | 9-10:30am | Shadow Cliffs, Interpretive Pavilion

Tue, Mar 12, Apr 9, Sat, Apr 6 | 2-3:30pm | Visitor Center Kristina

The Bay Area bursts with bird life! New and experienced birders alike join us as we discover patterns of behavior, migration, and habitat. 8+yrs.

NATURE WRITING 🕑

Sat, Mar 2 | 10:30am-NOON | Visitor Center Erica

Nature writing provides a way to record your sightings outdoors and can give you an even greater appreciation for the natural world. Build skills for making observations in nature as you zoom in on details and turn thiose observations into words. 10+yrs.

BUDDING BIRDERS **P**

Sat, Mar 2 | 1:30-3pm | Visitor Center

Kristina Birds are delightful! Learn some bird facts, examine feathers up close, and try birding by ear! 7+yrs.

ALAMEDA CREEK WATERSHED HIKE **(P)**

Sun, Mar 3 | 10am-NOON | Visitor Center Betty

Join us as we hike along Alameda Creek and learn about one of the largest watersheds in the Bay Area. 8+yrs.

*Approximately 2.5-mile, easy/moderate hike.

OUTDOOR DISCOVERIES!

10:30a-NOON

Mon | Visitor Center

Mar 11, Water Cycle, REGISTRATION #51138 Apr 8, Flower Power, REGISTRATION #51139 Betty

Explore the world around you in this preschool and home school nature series! Meet the Naturalist at the Visitor Center and get ready to adventure together. The program consists of a lesson with a naturalist followed by a craft or activity. 4-8yrs.

CANINE CAPERS 🙆 🕑

Sat, Mar 16 | 9-11am | Pleasanton Ridge, Foothill Staging Area | REGISTRATION #51140 Kristina

The restorative effect of spending time outdoors with a friend, furry or otherwise, is well-known! Join this monthly adventure to nurture our inner and outer-selves by exploring and learning about the natural world around us as we hike park trails. 8+yrs



SUNOL VISITOR CENTER

Open Friday from 10am-2pm Weekends from 8:30am-4pm

CLOSED THANKSGIVING DAY AND

CHRISTMAS DAY

PROGRAM KEY



Parking fees apply per vehicle
\$5 Sunol
\$6 Shadow Cliffs

Online registration is required at

ebparksonline.com or call 1(888) 327-2757

Fees

SCHOOL PROGRAMS

For information on our school programs, please visit us online through ebparks.org, or e-mail us at <u>SVISIT@ebparks.org</u>.

NATURE JOURNALING IN LAS TRAMPAS Sat, Mar 16 | 1-3:30pm | Bollinger Canyon Staging Area Erica

Connect to your East Bay parks through nature journaling in Las Trampas! Learn techniques while strolling along the trail. What will we discover along the way?

OHLONE CULTURES INFO TABLE (P) Sat, Mar 16 | 2-3pm | Visitor Center

Kristina

Sunol Regional Wilderness is an important place to Ohlone Peoples. Learn the rich cultural history of the first people who have called this place home for time immemorial, gain appreciation for their thriving lifestyle. 5+yrs.

ST. PATRICK'S DAY HIKE 🚱 🕑

Sun, Mar 17 | 10-11:30am | Dublin Hills, Donlan Point Staging Area REGISTRATION #51142

Betty ***1.3 miles, easy hike, elevation gain 289 ft.** Explore the hills of Dublin. Join us on this family-friendly hike up to Donlon Point where we enjoy the beautiful view as we learn about the history of St. Patrick's Day. 5+yrs.

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WILDFLOWER SEASON WEEKEND PROGRAMS 9AM WILDFLOWER EXPLORATION TOPICS

HUNT FOR POLLINATORS **P**

Sat, Mar 23 | 9-10:30am | Visitor Center

Interpretive Staff

WILDFLOWERS OF SUNOL **(P**)

Sun, Mar 24, Apr 14 | 9-10:30am | Visitor Center

Interpretive Staff

Journey through Sunol with a Naturalist to enjoy the beauty of spring during this guided wildflower exploration!

SPRING MINGLE **P**

Sat, Mar 30, Apr 13, Sun, Apr 7, | 9-10:30am Visitor Center

Interpretive Staff

Looking to meet new people and make new friends with the same love of nature? Explore the parks in your backyard while meeting new neighbors. Expand your minds and hearts as you grow within your community in your East Bay parks. 18+yrs.

BIRD OUTING **P**

Sat, Apr 6 | 9-10:30am | Visitor Center Interpretive Staff

Journey through Sunol with a Naturalist to enjoy the beauty of spring during this guided wildflower exploration!

SPRING NATURE JOURNALING **(P**)

Sat, Apr 20 | 9-10:30am | Visitor Center

Interpretive Staff

Journey through Sunol with a Naturalist to enjoy the beauty of spring during this guided wildflower exploration!

ART OF TATAKI ZOMÉ () (S) (P) Sun, Apr 21 | 9am-NOON | Visitor Center REGISTRATION #51143

Betty

Celebrate Spring with Tataki Zomé, the Japanese art of pounding fresh plant parts into cloth or paper! We will enjoy a spring wildflower hike and upon our return we will start crafting. You will create a design on a bandana to take home. 8+yrs.

CANINE CAPERS (P)

Sat, Apr 27 | 9-10:30am | Visitor Center Interpretive Staff

Journey through Sunol with a Naturalist to enjoy the beauty of spring during this guided wildflower exploration!



SUNOL WILDFLOWER BIOBLITZ () (P) Sun, Apr 28 | 9-11a | Visitor Center Betty REGISTRATION #51144

Join us for Sunol's Wildflower BioBlitz as we find, identify, and record the wildflowers we see! You will have the opportunity to learn how to identify some common wildflowers with interpretive staff as we hike around the park. No prior training or experience necessary. 8+yrs.

EASTER FAMILY WILDFLOWER WALK (P)

Sun, Mar 31 | 9-10:30am | Visitor Center Interpretive Staff



Sat, Mar 23, 30, Apr 6, 13, 20, 27 | 10-11am Sun, Mar 24, 31, Apr 7, 14, 21, 28 | 10-11am Visitor Center Interpretive Staff

Stroll along as you enjoy the beauty of spring during a guided wildflower exploration!

