

# Tilden Regional Park

**Year Opened:** 1936      **Acres:** 2,079

**Highlights:** Hiking, bicycling, equestrian, picnicking, group camping, public golf course, lake swimming, historic merry-go-round, steam trains, Botanic Garden, Little Farm, historic Brazil Building.

**Fees:** No fee for parking or dogs. Swim fee: \$4/\$2 seniors and under age 15. Merry-go-round: \$4/ride. Steam train: \$3.50/ride. Golf: see tildenparkgc.com. Daily fishing access: \$5/day. Fees are subject to change. Check ebparcs.org for updated fees.

## Lake Anza

Enjoy beach sunbathing, swimming, picnicking, and food service (swim complex entrance fee). For swim season and lifeguard hours see ebparcs.org, or call 1-888-327-2757, option 3, ext. 4562.

## Golf Course

Enjoy an 18-hole championship golf course, a driving range and practice green, the pro shop, and food service. Reservations: (510) 848-7373.

## Tilden Nature Area

This 740-acre preserve with 10+ miles of hiking trails is home to a blend of native and introduced plant communities, including oak/bay woodlands, grasslands, and eucalyptus forests. A 750-foot boardwalk leads to Jewel Lake, a historic reservoir and a peaceful place to watch wildlife. At the Environmental Education Center (EEC) you can explore Wildcat Creek watershed exhibits, learn about park activities, and purchase nature-related books and materials including a self-guided trail booklet. The EEC is open Tuesday through Sunday, 10 a.m. to 4:30 p.m. The nearby Little Farm (8:30 a.m. to 4 p.m. daily) is home to farm animals, including cows, sheep, goats, rabbits, chickens, and pigs. Several heritage breeds are preserved, including Milking Shorthorn Cattle. Visitors are welcome to bring lettuce or celery to feed the animals. Park naturalists offer interpretive programs about the area's natural and cultural history for schools, organized groups, and the

public. To make school or group program reservations, call the EEC at (510) 544-2233 or 1-888-327-2757, option 3, ext. 4564, or see ebparcs.org.

## Nature Area Trails

Tilden Nature Area's trails, designated by symbols on trailside directional posts, vary in length and difficulty and traverse a variety of habitats. A self-guided trail booklet is available for the Jewel Lake Trail from the EEC. The Short-Loop Trail offers a relatively non-strenuous walk compared to Tilden's more demanding trails.

## Botanic Garden

The Regional Parks Botanic Garden specializes in the display, propagation, and conservation of California's native plants. The Garden's plant displays are presented geographically and cover our entire state from our southern deserts, to the high Sierra, to the northwestern redwood forests. Garden hours are 8:30 a.m. to 5:30 p.m. daily June to September and 8:30 a.m. to 5 p.m. daily October to May. Phone 1-888-327-2757, option 3, ext. 4507.

## Brazilian Room

This historic building, a 1939 gift from the nation of Brazil, is popular for weddings, social events, and meetings. The facility, including a commercial kitchen and patio, may be viewed during open houses and by appointment. Phone (510) 544-3164.



## Merry-Go-Round

The Merry-Go-Round, built in 1911 by Hershell-Spillman and relocated to Tilden Regional Park in 1948, features beautifully restored wooden menagerie carousel animals. For information, operating hours, and ticket prices, call (510) 559-1004.

## Ours to Explore, Enjoy and Protect

Please enjoy the Regional Parks safely and help protect and preserve the parklands by complying with park rules and regulations.

### Safety

- Stay on trails. Shortcuts are dangerous and damage natural resources.
- Bring plenty of water to prevent dehydration.
- Be prepared for sudden changes in weather conditions.
- Keep parks clean. Pack out what you pack in.
- Inform someone where you are going and when you will return.
- Save our 24/7 Dispatch Center number on your cell phone: Emergency (510) 881-1121; Non-emergency (510) 881-1833.

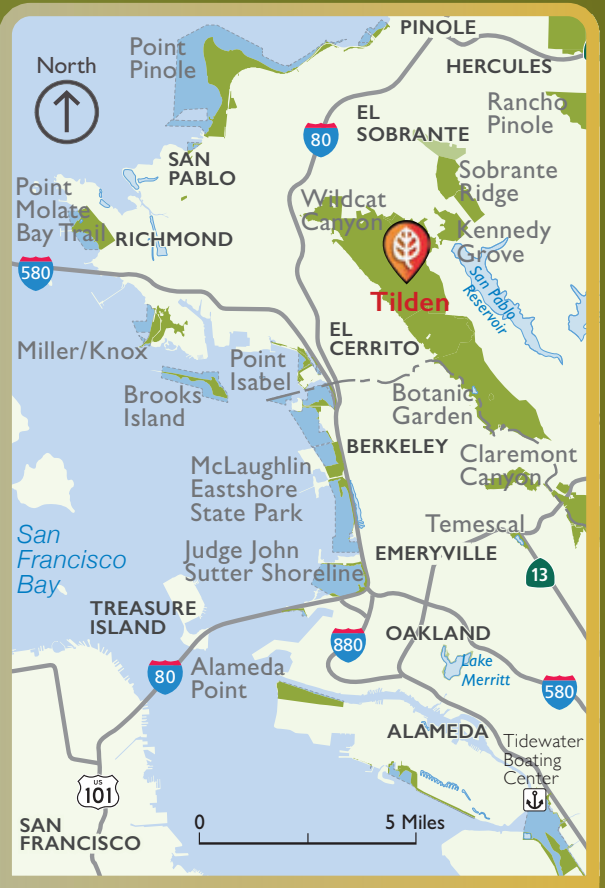
### Rules

- **Dogs must be leashed** in parking lots, 200 feet from any trail or park entrance or as posted in picnic areas, developed areas. Dogs must be under voice control at all times. Clean up after your pet: bag it, bin it.
- Bicycles and e-Bikes are permitted on designated trails only.
- Bicyclists yield to pedestrians. Both yield to equestrians.
- State law requires that all bicyclists under age 18 wear a helmet. All bicyclists and equestrians are encouraged to wear helmets at all times.

### The following are prohibited:

- Wading and/or swimming in undesignated areas
- Consuming alcohol in non-designated areas/parks
- Releasing animals into parklands
- Feeding or approaching wildlife
- Causing damage to plants, geological, or archaeological features
- Smoking/vaping
- Flying Drones

Visitors are responsible for knowing and complying with park rules (Ordinance 38). See ebparcs.org/rules.



Tilden Regional Park  
Entrances off Wildcat Canyon Road and Grizzly Peak Boulevard in Berkeley, CA

**East Bay Regional Park District**  
2950 Peralta Oaks Court, Oakland, CA 94605  
1-888-EBPARKS or 1-888-327-2757 (TRS 711)  
ebparcs.org



**Regional Parks Membership**  
RECEIVE FREE DAY-USE PARKING, SWIMMING, DOG PASS, AND MORE. 510-544-2220  
**REGIONALPARKSFUNDATION.ORG**



Cover photo: Lake Anza by Marc Crumpler

# Tilden Regional Park

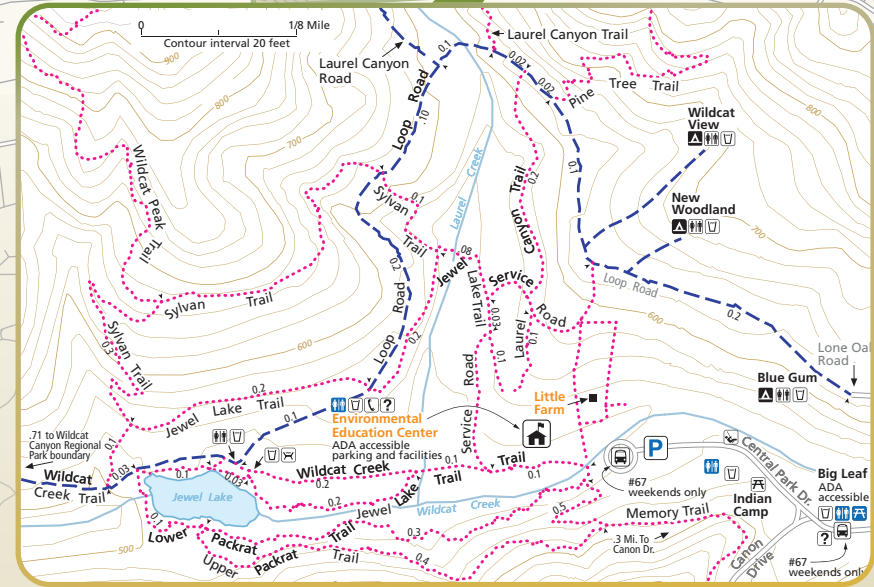
BERKELEY, OAKLAND, ORINDA



**East Bay Regional Park District**

Healthy Parks Healthy People

© 2021 East Bay Regional Park District 2022-11



**Picnic and Camping Reservations**

For reservations or information see [ebparks.org](http://ebparks.org) or call: 1-888-327-2757, option 2.

### TILDEN REGIONAL PARK

0 1/4 1/2 miles Contour Interval: 20 feet

- Paved Trail: Hiker, Biker, Horse
- - - Unpaved Trail: Hiker, Biker, Horse
- - - Hiker, Horse Trail
- - - Hiker-Only Trail
- Skyline National Trail / Bay Area Ridge Trail / Anza Trail
- - - American Discovery Trail / Mokelumne Coast to Crest Trail
- 0.1 Mileage Between Points
- Paved Road
- ~ Seasonal Stream
- Water Body
- P Parking / Staging Area
- A ADA Accessible
- ? Information Panel
- V Visitor Center
- ☎ Emergency Phone
- ♿ Restroom
- 🚌 AC Transit Bus Stop
- 🅇 Tot Lot
- 🏊 Swimming
- 🚿 Shower
- 🍽 Food
- 🚰 Drinking Water
- 🐾 Horse Water
- 🏕 Picnic Area
- 🏠 Reservable Picnic Area
- ⛳ Reservable Group Camp
- ↘ Gate (no access)
- ▲ Peak
- ⚖ Bridge
- Structure

North

Rev. 11/2022

### Train Rides

Since 1952, the Redwood Valley Railway has been offering scenic rides aboard miniature steam trains through the redwoods of Tilden Regional Park.

For information, operating hours, and ticket prices, call (510) 548-6100. The Golden Gate Live Steamers (free) is open Sundays, noon-3 p.m. Also visit: [goldengatels.org](http://goldengatels.org)



	Food	Drinking Water	Restrooms	Parking	Trail Access	Scenic Vista	Visitor Center
<b>Botanic Garden</b>		•	•	•			•
<b>Env. Edu. Center</b>		•	•	•	•		•
<b>Lake Anza</b>	•	•		•			
<b>Inspiration Point</b>			•	•	•	•	
<b>Merry-Go-Round</b>	•	•	•	•	•		
<b>Steam Trains</b>		•	•	•			