



BIG BREAK

MARCH & APRIL 2024

Interpretive Programs



All programs meet at the Visitor Center, are drop-in, and FREE of charge unless noted otherwise. Adult participation is required. For more information call (510) 544-3050 or email bigbreakvisit@ebparks.org

VISITOR CENTER

Open Wednesday- Sunday
10am-4pm

Part of the great 1150-square-mile Sacramento-San Joaquin River Delta, the Visitor Center connects communities to this complex system's ecological, historical, and social significance.

The Visitor Center is wheelchair accessible.

PUBLIC PROGRAMS

Scan the QR code to view program opportunities at all East Bay Parks.



PROGRAM KEY

Wheelchair Accessible

Registration Required

Fee Based Program

SCHOOL PROGRAMS

For Big Break school programs, visit us online at ebparks.org, scan the QR Code below, or email hdauid@ebparks.org



CONTACT US

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Phone: (510) 544-3050
E-mail: bigbreakvisit@ebparks.org
Follow us on Facebook! @BigBreakOakley

BIG BREAK LITTLES

March 4, 5 & April 1, 2 | 10:00 - 11:00am

1-5 years

Miriam, Naturalist & Ed, Docent

Bring the little ones to the park for nature before nap time. Same program both days - come to one OR the other!

BIG BREAK HOMESCHOOL

March 11 & April 8 | 10:00-11:30am & 1:00- 2:30pm

5-12 years

Miriam, Naturalist & Ed, Jess, Megan, Interpretive Staff

Take your learning outside as we explore environmental science and Delta topics through hands-on activities in the park. Two sessions, come to the morning or afternoon.

NATURALIST CLUB

March 20 & April 17 | 2:30 - 3:30pm

5-12 years

Interpretive Staff

Designed to bring children and families to the park, explore the importance of this natural space in a fun and mindful way.

DELTA DISCOVERIES CRAFT

Every Saturday in March & April | 11:00am - 2:00pm

All ages

Interpretive Staff

Join us for our nature-based activity every weekend! Discover the hidden world of Big Break through crafts.

STORYTIME IN THE DELTA

March 2 & April 6 | 10:30-11:00am

1-5 years

Interpretive Staff

Bring a blanket and a snack as we relax in the park with a Delta themed Storytime.

PUPPET SHOW

March 17 & April 21 | 10:30-10:45am

1-5 years

Interpretive Staff

Bring a blanket and a snack as we relax in the park with a Delta themed Puppet Show.

ANIMAL PUPPET CRAFT

March 17 & April 21 | 11:00am - 12:00pm

All ages

Aki & Miriam, Naturalist

Join us after the show for a puppet themed craft.



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KAYAKING PROGRAMS



March 15 | 9:00am - 12:00pm | Kayaking Big Break
March 18 | 10:00am - 1:00pm | Birding by Kayak
March 20 | 10:00am - 1:00pm | Kayaking Big Break
10+ years | Meet at the Kayak Launch

Interpretive Staff

Come ply the welcoming and wondrous waters of the Delta. Kayaks, instruction, and all associated safety gear provided.

ALL ABILITIES DAY



March 26 | 10:00am - 1:00pm

All ages

Naturalist Staff

Explore nature at your own pace and in your own way. This program is inclusive for all abilities, offering something for everyone! Travel along paved trails to visit stations to touch fur, listen to birds, draw wildlife, sit on benches to scan the water, or paint the view.

Hands-on experiences, ASL and Spanish Interpreters on site, Indoor and outdoor options, and wheelchair accessible.

WONDERFUL WORLD OF WOMEN NATURALISTS



March 16 | 6:30 - 7:30pm

All ages | Virtual Program, Facebook

Aki, Naturalist

In celebration of Women's History Month, enjoy a virtual presentation of women naturalists throughout history. There is much to learn about the contributions and impacts that women naturalists have achieved in all fields.

EARTH DAY DUNE RESTORATION

April 20 | 10:00am - 12:00pm

All ages

Aki, Naturalist

Join us for our Earth Day Sand Dune Restoration program, where we'll work together to revive and protect our historic ecosystem. Dig your hands into the sandy terrain as we remove invasive vegetation, fortify dune structures, and learn about these habitats' vital role.

DOG DAY AT BIG BREAK



April 13 | 9:30 - 11:00am

All ages

Aki, Naturalist

Join our lively dog meet-up where tails wag and friendships bloom! Our programs offer a paw-some opportunity for dogs and their humans to socialize, play, and share woof-tastic moments. We will have a costume contest, dog treats, and other fun activities. Dogs will need to be on leash.

TESTING THE WATER

Every Sunday in March & April | 9:00- 10:00am

All ages

Interpretive Staff

Help track the health of the Delta! We will test for different criteria, recording the water quality changes that affect our ecosystem.

TRAIL DAY HIKE

April 27 & 28 | 2:00 - 3:00pm

All ages

Aki & Miriam, Naturalist

Celebrate Trails Day is an annual spring celebration of America's trails. Please join us at Big Break for a hike honoring this day.

SIGNS OF SPRING STROLL

March 16 & 17 | 2:00 - 3:00pm

All ages

Aki & Miriam, Naturalist

Come enjoy the changing of the season with a stroll through the park looking for wetland wildflowers.

RAPTOR BASELINE

March 28 | 9:00- 11:30am | Morgan Territory

April 25 | 9:00- 11:30am | Big Break

All ages

Aki & Miriam, Naturalist

Help us document bird variety and numbers in this community science project. No experience necessary.