

# JAN/FEB 2024 NATURALIST PROGRAMS SUNOL WILDERNESS



For more information on Sunol programs email [SVISIT@ebparks.org](mailto:SVISIT@ebparks.org) or call 510-544-3249

Follow us on [Sunol Wilderness Regional Facebook page](#)

East Bay Regional Parks [www.ebparks.org](http://www.ebparks.org)

## BIRD WALK (P)

Sat, Jan 6, Tue, Jan 30 | 9-10:30am | Shadow Cliffs, Interpretive Pavilion

Sat, Feb 3, 27 | 9-10:30am | Visitor Center

Kristina

The Bay Area bursts with bird life! New and experienced birders alike join us as we discover patterns of behavior, migration, and habitat. 8+yrs.



## WOODLAND CREATURE GARLAND (P)

Sat, Jan 6 | 10:30am-NOON

Visitor Center

Erica

Discover how winter reveals woodland habitats and creatures of the East Bay. Celebrate the season by creating your own garland! \*Supplies are limited. Free, drop-in while supplies last. 8+yrs.

## OUTDOOR DISCOVERIES! (P)

10:30a-NOON

Visitor Center: Mon

Jan 8, Frogs and Toads, REGISTRATION #50757

Feb 12, Animal Amore, REGISTRATION #50758

Betty

Explore the world around you in this preschool and home school nature series! Meet the Naturalist at the Visitor Center and get ready to adventure together. The program consists of a lesson with a naturalist followed by a craft or activity. 4-8yrs.



## NATURE JOURNAL STROLL (P)

Tue, Jan 9, Feb 6 | 1-2:30pm | Shadow Cliffs, Interpretive Pavilion

Erica

Connect to your East Bay parks through nature journaling! Learn techniques while strolling along the trail. What will we discover along the way? 9+yrs

## LOOKIN' FOR LICHENS (P)

Sat, Jan 13 | 10-11:30am | Visitor Center

Kristina

Learn about the strange and wonderful world of lichens! We'll explore rocks and trees to find lichens and uncover their intricate relationships with the natural world.

## NATIVE PLANT USES (P)

Sun, Jan 14, 21 | 10am-1pm | Visitor Center  
REGISTRATION #50849, #50733

Betty

Join us on this native plant hike, we will learn how to identify local native plants and learn of their traditional uses. After our hike, we will enjoy tea tasting of some of the plants we met along our hike. 18+yrs.



## SUNOL VISITOR CENTER

Open Friday from 10am-2pm

Weekends from 8:30am-4pm

**CLOSED THANKSGIVING DAY AND  
CHRISTMAS DAY**

## PROGRAM KEY

(P) Parking fees apply per vehicle  
\$5 Sunol  
\$6 Shadow Cliffs

(📍) Online registration is required at  
[ebparks.org](http://ebparks.org) or  
call 1(888) 327-2757

(💰) Fees

## SCHOOL PROGRAMS

For information on our school programs, please visit us online through [ebparks.org](http://ebparks.org), or e-mail us at [SVISIT@ebparks.org](mailto:SVISIT@ebparks.org).

## FRIDAY FORAY

Fri, Jan 12, Feb 9 | 1:30-3pm | Visitor Center  
Kristina

We'll explore nature through this easy walk, watching the plants and animals as they go about their business. Winter is a lovely time to observe park changes as rain brings life to the land.

## OHLONE CULTURES TABLE (P)

Sat, Jan 13, Feb 3 | 2-3:30pm | Visitor Center  
Kristina

Ohlone Peoples have lived on this land for time immemorial. Join us to learn about the ways the ancestors of today's Ohlone thrived in and managed this beautiful place.

## WINTER SCAVENGER HUNT (P)

Sun, Jan 14, 28, Feb 4, 18, 25 | 10am-2pm | Visitor Center  
Interpretive Staff

Enjoy an easy, fun, self-guided adventure in the park. Drop by the Sunol Visitor Center to grab an activity sheet and begin your search. What discoveries will you make along the way?

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## CANINE CAPERS

Sat, Jan 20 | 9-11am | Visitor Center #50371  
Sat, Feb 10 | 9 - 11am | Shadow Cliffs, Interpretive Pavilion #50372 REGISTRATION  
Kristina

The restorative effect of spending time outdoors with a friend, furry or otherwise, is well-known! Join this monthly adventure to nurture our inner and outer-selves by exploring and learning about the natural world around us as we hike park trails. 8+yrs

## ANIMAL ADAPTATIONS

Sat, Jan 20 | 2:30-3:30pm | Visitor Center  
Kristina

Animals have amazing adaptations that help them find and avoid predators. Join us to learn about cool things that animals' bodies can do and behaviors to help them thrive in their environment. 5+yrs.

## NATURE JOURNALING WORKSHOP

Sat, Jan 27 | 2-3:30pm | Facebook and Zoom,  
VIRTUAL LIVE: <https://ebparks.zoom.us/j/86723954846>  
Erica

## VALUE STUDY ON TONED PAPER

Sat, Feb 24 | 2-3:30pm | Facebook and Zoom  
Virtual LIVE: <https://ebparks.zoom.us/j/87926144641>  
Guest Naturalist

## TIDAL ZONES

Embark on a step-by-step nature journaling adventure as you make observations during a video workshop posted on [Sunol's Facebook](#)

## JR. PALEONTOLOGIST

Sat, Feb 3 | 1-2pm | Visitor Center | REGISTRATION #50832  
Erica

Discover what it's like to be a paleontologist! Learn about ancient life in Sunol and the tools used to find fossils. Check out real fossils found in our East Bay parks. 4+yrs.



## ANIMAL AMORE

Sun, Feb 11 | 11am-12:30pm | Visitor Center  
REGISTRATION #50828

Betty  
Valentine's Day is a day of romance and love. Join us as we learn about animal courtships and their family structures. We'll make a Valentine's Day card for you to give to a loved one. 5+yrs.

## NEWT NEWS: IDENTIFICATION

Sat, Feb 17 | 9am | Facebook | PRE-RECORDED  
Interpretive Staff

Newt News Returns! Discover this unique short video series with information on newts presented in the form of a news broadcast. Pre-recorded video posted to [Sunol Wilderness Regional Preserve Facebook](#).

## LEARNING LICHENS: A NATURE JOURNAL DISCOVERY

Sat, Jan 20 | 1-2:30pm | Visitor Center  
Erica

Winter reveals colorful lichens within our East Bay parks! Join in a morning of discovery as you learn about common lichens of Sunol and take time to create nature journal pages about them. 8+yrs.

## COMMUNITY SCIENCE BIO BLITZ

Sat, Jan 27 | 10a-NOON | Visitor Center  
Kristina

Love nature and want to contribute to real scientific studies? Learn how apps like Seek, iNaturalist, and more are used to help scientists gather data, while enhancing your next hike!

## FAMILY NEWT EXPLORATION

Sun, Jan 28, Feb 4, 25 | 10am-12:30pm | Las Trampas, Bollinger Canyon Staging Area  
REGISTRATION #50757, #50822, #50823  
Betty

It's that time of year again... The Great Newt Migration! Join us as we search for these amazing amphibians in their natural habitat. We'll learn about their amorous adventures and their amazing adaptations. 5+yrs.

## ASL PAINT NIGHT AT THE BARN:

### VALENTINE'S EDITION

Sun, Feb 10 | 4-5:30pm | Visitor Center  
REGISTRATION #50839

Erica

Celebrate your love of nature and spark your creativity with loved ones and friends during this special American Sign Language Valentine's Edition of Paint Night at the Barn! Join in an evening of step-by-step painting and follow along as you enjoy the beauty of nature. 10+yrs.

## TREE ID WINTER WANDERING

Sat, Feb 17 | 9-10:30am | Visitor Center  
Erica

Wander through the wilderness this winter! Identify trees of Sunol during this discovery hike along the Canyon View Trail. 9+yrs.

## NIFTY NEWTS

Sat, Feb 24 | 1-2:30pm | Las Trampas, Bollinger Canyon Staging Area  
REGISTRATION #50373  
Kristina

What's poisonous and slimy and coming to a creek near you? Newts!! We'll search for these fascinating amphibians while learning about them and their lifecycles through stories and art. 3+yrs.