
GARIN REGIONAL PARK

Park Tips for Teachers

Welcome to Garin!

We invite you to join us as stewards of the park and its inhabitants, respecting and protecting them as you enjoy the wonder and beauty during your exciting explorations! To see more information about the park, click on the Garin Regional Park link:

<http://www.ebparks.org/parks/garin>

Please review the tips below to ensure the safety and protection of visitors, critters, and plants.

Park Tips for Teachers:

- There is poison oak in the park. The best way to avoid it is to know what it looks like and stay on the trails. The shiny leaves of this shrub grow in groups of three, and are green until fall when they turn various shades of red and orange; see photos to the right.



- Restrooms are located by the visitor center (the barn).
- There is a large, grassy area by the barn which is great for snack, lunch and/or games.
- No collecting or picking plants
- Please return animals to their home after investigating them
- Be aware there are yellow jackets and ticks
- Please observe, but do not climb on the farm equipment.

Suggestions for items teachers should bring:

- Camera
- Lunches
- Water, especially if you plan to take a longer hike.
- Games to play on the grassy field such as balls for kickball, football, soccer, volleyball, Frisbees, etc.
- Contact the Coyote Hills Visitor Center in Fremont for more information and to check out the KHOC self-guiding program pack with all of the materials you need. Contact: (510) 544-3220 or chvisit@ebparks.org.

Enjoy your time here!

