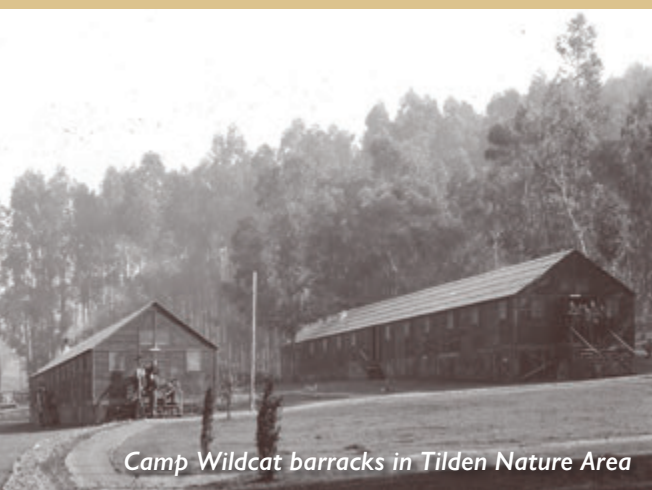




Environmental Education Center



Camp Wildcat barracks in Tilden Nature Area

## Environmental Education Center

The Environmental Education Center (EEC) has exhibits that tell the story of the Wildcat Creek Watershed, information on park activities and wildlife, and nature-related books and other items for sale. A self-guiding trail booklet is available for loan or purchase. The EEC is open from 10 a.m.-4:30 p.m., Tuesday through Sunday.

## Tilden Little Farm

The historic Tilden Little Farm is adjacent to the EEC. The red barn was constructed in 1955 by Berkeley High School carpentry students, with materials donated by the Berkeley Kiwanis Club. The Little Farm is home to a variety of farm animals. Several heritage breeds of livestock are preserved, including Milking Shorthorn Cattle. Visitors are welcome to bring lettuce or celery (but nothing else) to feed the animals. The Little Farm is open daily from 8:30 a.m.-3:30 p.m.



## Naturalist Programs








Park naturalists offer a variety of interpretive programs for schools, organized groups, and the public. Programs provide exciting opportunities to learn about the area's natural and cultural history. Program information can be found inside the EEC, online at [ebparks.org](http://ebparks.org), or in the District's activity guide, *Regional in Nature*. To make school or group program reservations, please call the EEC at 510-544-2233, or visit the District's website.

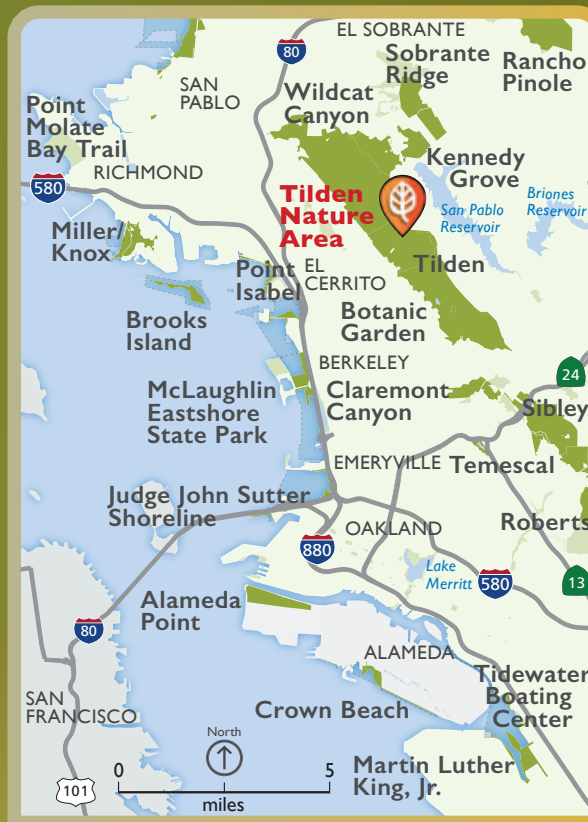


## Trails in Tilden Nature Area

The Nature Area is still a land of wild places. Help keep it natural and beautiful for generations to come. Please leave all plant, wildlife, and geological features undisturbed. Do not litter; if you carry it in, carry it out. To avoid poison oak, stay on the trails. Hikes range from the leisurely, self-guided Jewel Lake Nature Trail, to a vigorous climb up to Wildcat Peak for panoramic Bay views. The trails vary in length and difficulty, and are designated by these symbols on trailside directional posts:

### Tilden Nature Area Trails

- |  |   |
|--|---|
|  <b>Jewel Lake Trail</b> —<br>.90 miles, gentle loop. |  <b>Pine Tree Trail</b> —<br>.93 miles, moderate.              |
|  <b>Pack Rat Trail</b> —<br>.86 miles, moderate.      |  <b>Laurel Canyon Trail</b> —<br>1.11 miles, moderately steep. |
|  <b>Sylvan Trail</b> —<br>.68 miles, gentle.          |  <b>Memory Trail</b> —<br>.51 miles, moderate.                 |
|  <b>Wildcat Peak Trail</b> —<br>1.5 miles, steep.     |   |



## Tilden Nature Area

1500 Central Park Drive, Berkeley, CA 94708

### East Bay Regional Park District

2950 Peralta Oaks Court, Oakland, CA 94605  
1-888-EBPARKS or 1-888-327-2757 (TRS 711)  
[ebparks.org](http://ebparks.org)



**Regional Parks Membership**  
RECEIVE FREE DAY-USE PARKING, SWIMMING,  
DOG PASS, AND MORE. 510-544-2220  
**REGIONALPARKSFUNDATION.ORG**

Bugs go here

Cover photo courtesy: Marc Crumpler

# Tilden Nature Area

BERKELEY

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**East Bay** Regional Park District

Healthy Parks Healthy People



# Tilden Nature Area— A place for Nature

**Year opened:** 1949 **Acres:** 740

**Highlights:** Little Farm, Environmental Education Center, Jewel Lake, hiking, self-guided trails.

**Parking Fees:** None

**Dogs:** No dogs allowed in Tilden Nature Area

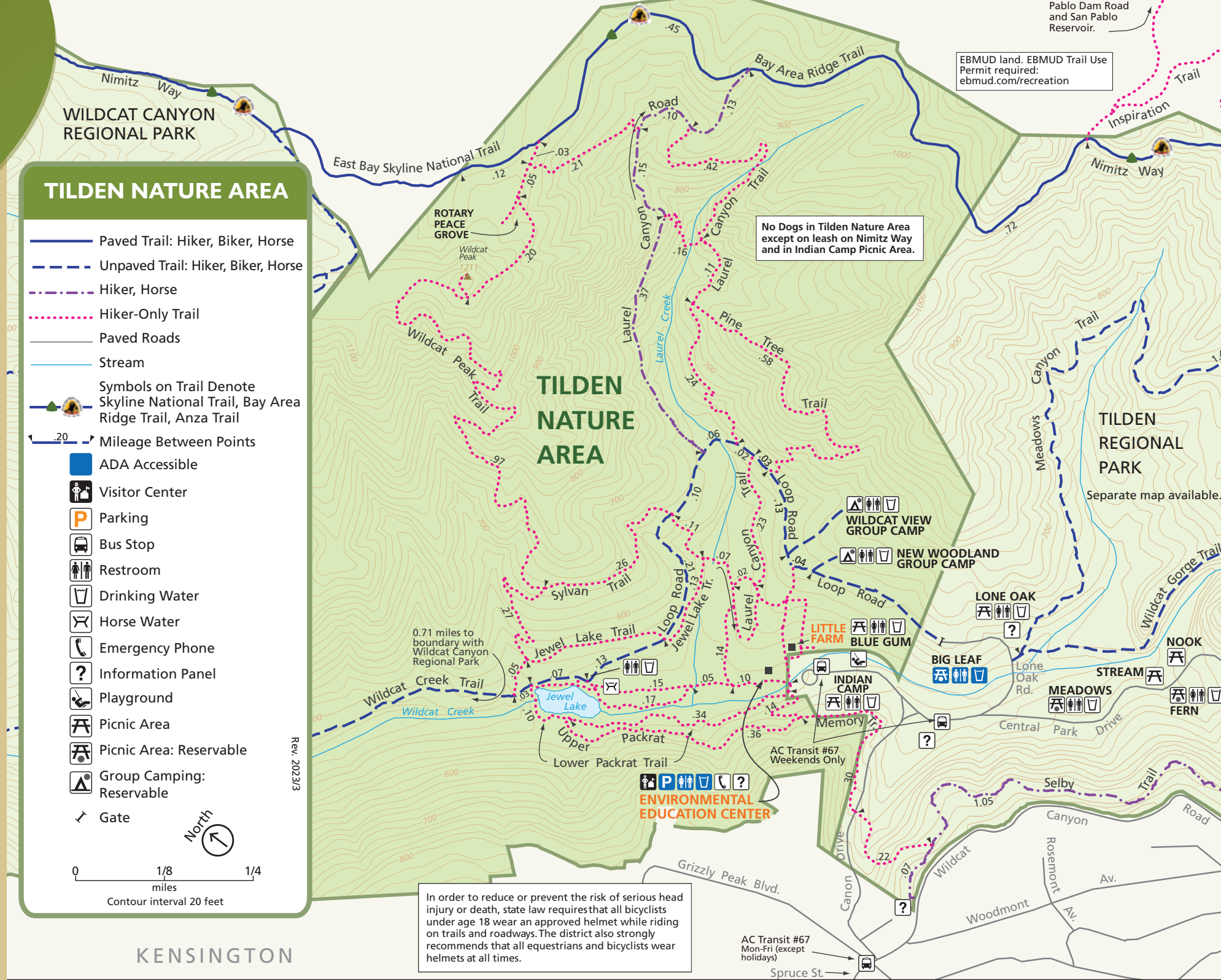


## History

Huchuin Ohlone people have lived and thrived in the Wildcat Creek watershed for thousands of years, enjoying the bounty of this rich and diverse ecosystem. The intrusion and settlement of the Spanish and later the establishment of Mexican ranchos, disrupted the Huchuin Ohlone way of life but could not destroy their strong cultural identity and sense of place. Huchuin Ohlone people continue practicing their rich cultural traditions and Chochenyo is a living language.

In 1890, water companies began building wells, dams, and water tunnels for the burgeoning bay area population until water transported from the Sierras proved to be a more dependable source. When watershed lands were opened to development, east bay community leaders organized to preserve some of this open space as parkland. In 1934, in the midst of the Great Depression, Alameda County voters created one of the country's first regional park district.

From 1935 to 1941, a Civilian Conservation Corps (CCC) camp resided in today's Tilden Nature Area. Workers built roads, shelters, and picnic sites. Some of their skilled stonework remains.



In order to reduce or prevent the risk of serious head injury or death, state law requires that all bicyclists under age 18 wear an approved helmet while riding on trails and roadways. The district also strongly recommends that all equestrians and bicyclists wear helmets at all times.

## Ours to Explore, Enjoy and Protect

Please enjoy the Regional Parks safely, and help protect and preserve the parklands by complying with park rules and regulations.

### Safety

- Stay on trails. Shortcuts are dangerous and damage natural resources.
- Carry and drink plenty of water to prevent dehydration.
- Be prepared for sudden changes in weather conditions.
- Trails can be slippery, rocky and steep. Proceed carefully at your own risk.
- Keep the parks clean. Pack out what you pack in.
- Inform someone where you are going and will return.
- Store our 24/7 Dispatch Center number on your cell phone: **Emergency 510-881-1122; Non-emergency 510-881-1833.**

### Rules

- Dogs are not permitted anywhere in Tilden Nature Area. In Regional Parks that do allow pets, they must be leashed in parking lots, 200 feet from any trail or park entrance or as posted, in picnic areas, developed areas such as lawns and play fields, on some trails, and where grazing animals are present. Pets must be under voice control at all times. Clean up after your pet; bag it, bin it.
- Bicycles are permitted on designated trails only.
- Horses have the right-of-way on trails.
- State law requires that all bicyclists under age 18 wear an approved helmet while riding on trails and roadways. Equestrians and bicyclists are also strongly encouraged to wear helmets at all times.

### The following are prohibited:

- Wading and/or swimming in undesignated areas
- Consuming alcohol in non-designated areas/parks
- Feeding or approaching wildlife
- Releasing animals into parklands
- Damage to plants, geological, or archaeological features
- Smoking
- Drones

POLICE, FIRE, MEDICAL EMERGENCY .....	9-1-1
TILDEN NATURE AREA OFFICE .....	1-888-327-2757 option 3, ext. 4564
PICNIC/GROUP CAMP RESERVATIONS.....	1-888-327-2757, option 2