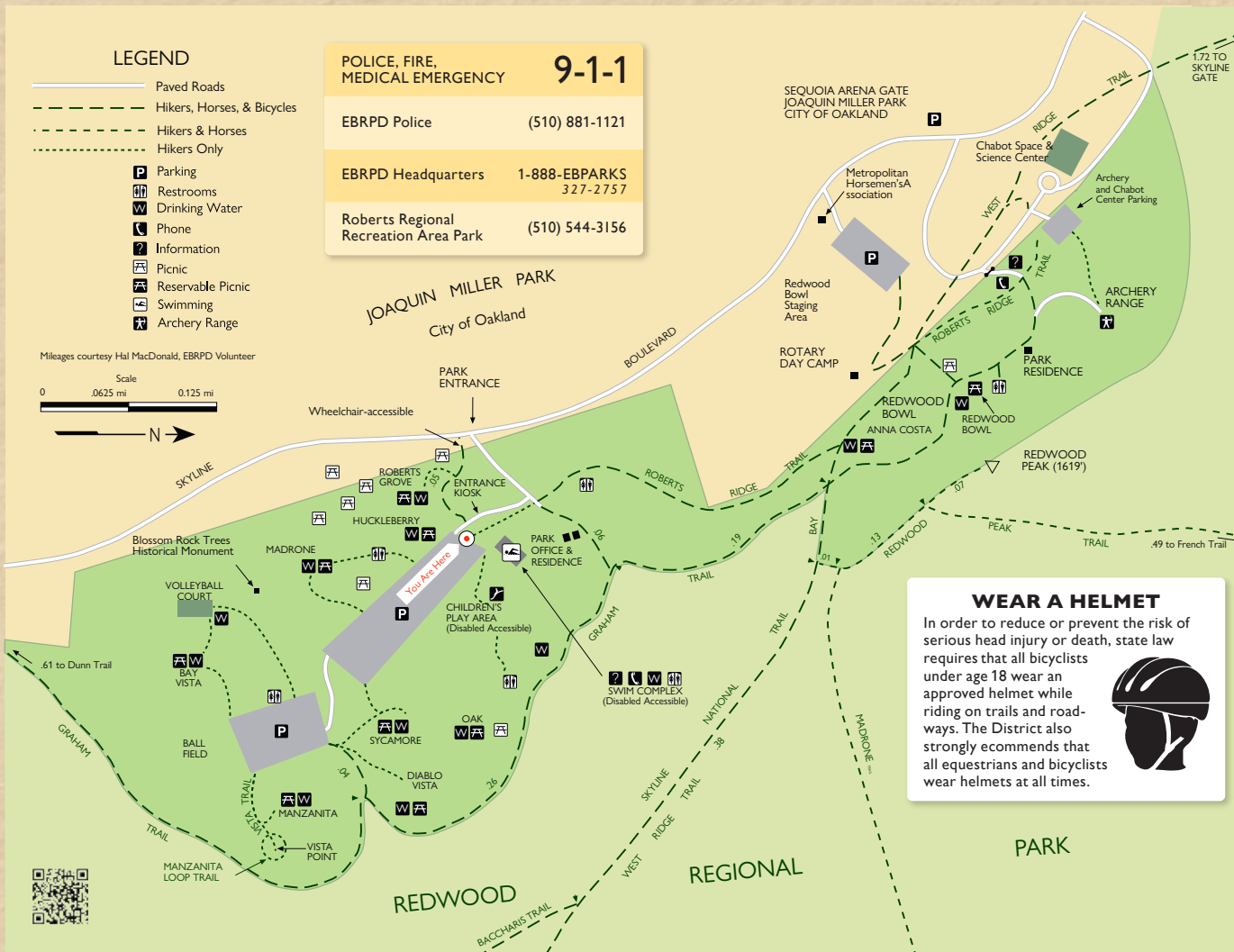


Roberts Regional Recreation Area



WEAR A HELMET

In order to reduce or prevent the risk of serious head injury or death, state law requires that all bicyclists under age 18 wear an approved helmet while riding on trails and roadways. The District also strongly recommends that all equestrians and bicyclists wear helmets at all times.



Nineteenth century sea captains entering the Golden Gate took their bearings from towering redwood trees to help them steer clear of the submerged “Blossom Rock.” The Blossom Rock trees, which grew close to where you are standing, are gone now, but visitors to Roberts Regional Recreation Area can picnic among their descendants in a beautiful grove of second-growth redwoods.

The Recreation Area is bordered on three sides by Redwood Regional Park. Within Roberts roughly 100 acres, are a heated outdoor swimming pool with a pool lift for the disabled, bathhouse, vending machines, disabled accessible playground, baseball field, play fields, volleyball court, family and reservable group picnic areas, jogging, running, hiking, and riding trails. Children's swim lessons and public swimming are available at the pool in summer. A specified time is set aside for disabled swimmers. The Redwood Bowl area is reservable for group picnics and weddings. Nearby is a public archery range operated by the Redwood Bowmen. There are trail links to Redwood and other parks by way of the East Bay Skyline National Trail. For information or reservations call 1-888-EBPARKS or 1-888-327-2757.